

Cathy's Coat

[By Bill Luscombe](#)

"September and October in the Pacific Northwest mean pink and coho salmon beach fishing. Cathy's Coat has proven to be a reliable standard for both these species on the beach."

MATERIALS

Hook: Mustad 34011 #4 - 6

Thread: Red monocord

Tail: Pink polar bear or bucktail

Body: Florescent red Lazer Wrap over flat silver tinsel

Rib: None

Beard: Pink Krystal Flash

Wing: 50/50 white and pink polar bear or bucktail with a few strands of pink Krystal Flash



TYING STEPS

1. Wrap on tying thread at the eye of the hook. Wind down to the butt.
2. Secure the pink polar bear tail in place.
3. Secure a 1/4 inch wide length of Lazer Wrap to the butt and then tie the tinsel in place at the butt. Wrap the thread back to the head of the fly.
4. Wrap the tinsel forward making an even body and tie off.
5. Wrap the Lazer Wrap forward, overlapping each wrap by about 1/2 of the width of the material, making an even body and tie off.
6. Tie in a beard of pink Krystal Flash, hook point length. Trim excess.
7. Tie in a clump of polar bear consisting of 50% white and 50% pink hairs. Before tying them in, roll the mixture between your fingers several times to mix the fibres together. Tie in the fibres at the head, and trim the excess.
8. Tie in about 4 - 6 strands of pink Krystal Flash as an overwing. Cut off excess.
9. Whip finish the head and cement.