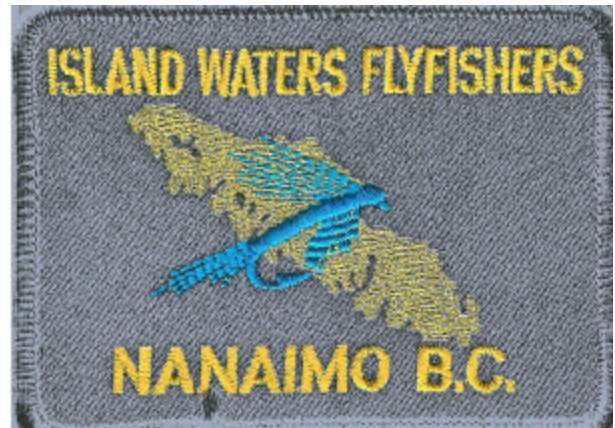
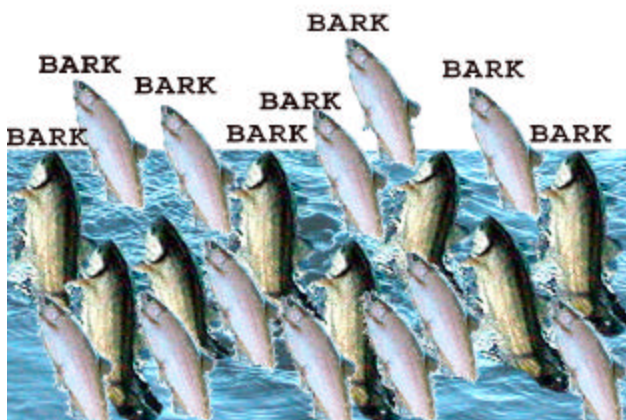




# ISLAND WATERS FLY FISHERS



**Harold's Stan** Page 6

## CONTACTS



**Peter's OverKrill** Page 9

- President:** Keith MacDonald 758-2138
- Vice President :** Peter Huyghebaert 756-3241
- Secretary:** Chris Depka 754-6569
- Treasurer:** Harold Tinling 753-8680
- Past President :** Dave Connolly 758-3192
- Gilly :** Ray Honig 758-9930
- Newsletter:** Bernie Heinrichs 390-3266
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- Hale Yardley 753-2970
- Webmaster:** Steve Wawrykow 754-3650
- Fly Tying:** Gerry Stevens 754-4124
- Videos:** Jim McEwan 751-2775

The Island Waters Fly Fishers  
 Box 323, Lantzville, BC  
 V0R 2H0

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers

Meetings on 4th Tuesday of the Month at the  
 Ukrainian Hall at 4017 Victoria Ave. off Norwell  
 Dr. Visitors and Guests welcome. Phone 758-2138.

Email us at [iwff@shaw.ca](mailto:iwff@shaw.ca) Ph 758-2138

Visit at [www.members.shaw.ca/iwff](http://www.members.shaw.ca/iwff)



**The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.**

**Visit the BCFFF on their webpage at  
<http://www.bcfff.bc.ca/>**

## **President's Message**

May 1<sup>st</sup> is approaching very quickly and we are putting the final touches on the BCFFF Annual General Meeting.

Everything is coming together and it appears that we are going to have a very enjoyable weekend. If you haven't

booked your banquet tickets yet, please contact Steve for your tickets. The banquet and auction is a great time and you may have the opportunity to pickup some great merchandise at a very good price. You will also be supporting a very good cause. Peter has put together some good vendors for the Trade Show and Chris has some excellent fly tiers demonstrating their craft throughout the day.

Don't forget our three excellent guest speakers, Brian Chan, Shawn Bennett and Courtney Ogilvie. Friday night's "Meet and Greet" will be



Keith MacDonald

**April- 2004 - Vol. 6 - #4 - page 2**

a good opportunity to meet these gentlemen and a chance to find out some of their fishing secrets. I hope we will see many of our members at both the "Meet and Greet" and at the AGM Banquet and Auction.

This past weekend Paul Inscho organized a couple of fish outs, one to Somenos Lake in Duncan and another to Taylor Arm on Sproat Lake. The fishing wasn't great but the weather and the company was great. Thanks to Paul for organizing the trips. If you haven't been on one of our club fish outs you don't know what you are missing. There are more coming in the next few months and we hope to see you there.

Lastly, I would like to take the opportunity to thank Bernie for all the work that he has done in conjunction with the "Tall Tales" book that he has put together. Bernie has done an exceptional job and we should all be proud of what he has accomplished on behalf of our club. Thanks, Bernie.

Good Fishing and I will see you at the AGM.

## **A Fishy Story**

Two avid fishermen go on a fishing trip. They rent all the equipment: the reels, the rods, the wading suits, the rowboat, the car, and even a cabin in the woods. They spend a fortune.

The first day they go fishing, but they don't catch anything. The same thing happens on the second day, and on the third day. It goes on like this until finally, on the last day of their vacation, one of the men catches a fish.

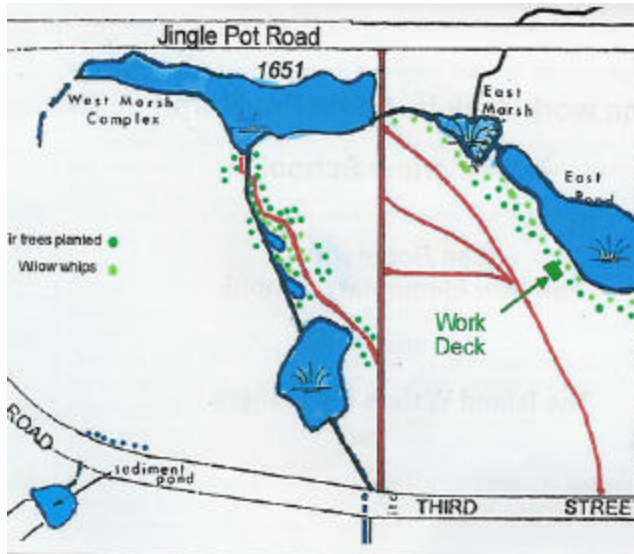
As they're driving home they're really depressed.

One guy turns to the other and says, "Do you realize that this one lousy fish we caught cost us fifteen hundred dollars?"

The other guy says, "Wow! It's a good thing we didn't catch any more!"

## The Cat Stream Project

Dave Connolly presented a proposal then a motion to pursue building a platform on the Cat Stream in the Jingle Pot Marsh area. It will include a memorial to Bill Brown. His motion, passed unanimously, was for a maximum of \$2500.00 but will probably be shared by the BCFFF Gilly fund and others.



**Platform Location**

Charles Thirkill also presented his proposals on other fish enhancement projects for our club to consider. The first one is to support the construction of baffles in a large culvert in the Chase River under the E. & N. Railway. This obstacle stopped over 1400 chum from migrating farther up stream into fertile habitat and spawning sites. He thinks that an organization such as ours would have a big influence on the railroad company to approve this project and may even become involved. The second project involves picking up water heaters out of the Chase River.

## List of Videos

See Jim McEwan to Check These Out:

- 12 FLY FISHING MAGAZINE – OLYMPIC TROUT & STEELHEAD
- 13 THE ESSENCE OF FLY CASTING – MEL KRIEGER
- 14 FLY FISHING STILLWATERS – ALF DAVIES
- 16 SURVIVING THE HOOK – D.F.O.
- 17 RELEASE ‘EM RIGHT – D.F.O.
- 21 TROUT FISHING – STEVE WAWRYKOW – IWFF
- 23 STEELHEAD FISHING – IWFF
- 27 MAGIC OF FLY FISHING – STORIES OF MANY TRIPS
- 34 DUBBING THE LOOP WITH ROOTS
- 35 TYING BASS FLIES – IWFF
- 37 BASS – THE 99% SOLUTION – FISH’N CANADA
- 40 THE RIVER OF NO RETURN – IWFF REPORT
- 42 25 FISHING LAKES – MERRITT TO KAMLOOPS
- 43 - 1 NORTHERN LAKE TROUT – FISH’N CANADA
- 43 - 2 FLOATING FOR GATORS – FISH’N CANADA
- 43 - 3 LARGEMOUTH BASS – FISH’N CANADA

## Wanted

Photos, fishing experiences (even one paragraph), articles, neat web sites etc. for the IWFF newsletter. Please phone Bernie at 390-3266 or email to: [bheinrichs@shaw.ca](mailto:bheinrichs@shaw.ca)



Peter Huyghebaert demonstrating his version of the Muddler to Wayne Legge, left, Harold Tinning, Matt Haapala and Doug Peterson. A big "thank you" to Wayne for hosting the Thursday fly tying sessions and to Gerry Stevens for organizing them along with hosting Tuesday afternoon sessions. Peter demonstrated several sessions along with Bob Leverman, John O'Brien, Ed Tremblay and Gerry Stevens. Thanks guys for your patience and skill.

## The Rolled Muddler



### MATERIALS REQUIRED:

**HOOK:** Streamer, size #4-#12  
**TAIL:** Mallard flank (color to suit)  
**BODY:** Gold or silver mylar tinsel  
**WING:** Sparse mallard flank (same color as tail) and a very few strands of deer hair (color to suit)

### Tying Instructions for the Rolled Muddler

Step 1: Attach the tying thread and tie in a small tuft of mallard flank.

Step 2: Attach the mylar tinsel and wind it up the shank of the hook leaving 1/4 to 1/5 of the shank length for the head of the fly.

Step 3: Tie in a small amount of red flashabou dubbing or red angel hair as a throat and trim it to 1/8 of an inch in length.

Step 4: Tie in a sparse underwing of mallard flank, so that it extends to the tip of the tail. For the "rolled" effect that Murray refers to; grab the butts of the flank between your index finger and your thumb and roll the flank around before tying it in.

Step 5: Put a small amount of deer hair in the hair stacker (10-12 hairs is plenty) and then attach them to the top of the hook so that they lie over the mallard flank as an overwing.

Step 6: Spin deer hair around the rest of the hook shank, whip finish, cut the tying thread and then apply head cement.

Step 7: Clip the deer hair into a small muddler shaped head, leaving a few strands of the overwing uncut.

The fact that the head of the fly is so small is an important aspect of the Rolled Muddler. Unlike other typical muddler flies that imitate baitfish such as sculpins, the head on the Rolled Muddler is not large, as the heads on both salmon fry and sticklebacks are not large.

### Lost and Found

A pocket knife on March 16, 2004 at the Muddy Waters Pub during our noon luncheon. Please call Gerry at 754-4124.

## A Biology Lesson

*First, a couple of definitions:*

**Osmosis** the tendency of fluids to pass through a membrane so as to equalize concentrations on both sides.

**Osmoregulation** the adjustment anadromous fish (Salmonid) undergo to adapt themselves to the different brine concentrations while migrating from fresh to sea water then readjust when they reintegrate from sea to fresh water. While adapting to sea water they must ingest fluid. While adapting to fresh water they must expel fluid.

### Osmoregulation

Anadromous fishes which range  
From the salt to the fresh find it strange  
That when in the middle they must stop for a piddle  
How do we account for the change?

In fresh water, I think, a fish never will drink  
and yet he will always complain  
That despite his dry throat he could float a large boat  
In the quantities he has to drain.

How simple the case is when fluid replaces  
The loss from the fish to the sea  
Without even thinking a cod goes on drinking  
With nary the price of a pee.

If the cod in the sea is refreshingly free  
From the constant demands of diuresis  
The fresh water trout gets soaked inside and out  
Which naturally leads to my thesis.

That solutions will leak to the strong from the weak  
Which a membrane can scarcely impede  
Was discovered by Druids (who were fond of strong fluids)  
When their woad soaked right into their mead.

One always supposes the case is osmosis  
Which in theory sounds very well  
But in practice it's weak when a fish with a leak  
Can wash all the theory to hell.



George Wood,  
Gabiola Island



## Harold's Stan

by Harold Tinling

Hi folks, it's nice to be here tonight. I listened to some of these stories and couldn't help to think what a bunch of bull I am listening to.

I am not going to tell you tales of what great hunting and fishing feats I have accomplished because most of you know what a great caster and fly tier I am,

Many of my fishing friends watch my casts and mutter to each other." He's some caster"

What I want to talk about tonight is my cousin, Stanley Harold Tinling. I was named after him much to his delight

Stan's family farmed just east of Beausejour Manitoba near the White shell provincial park When I was real small our family used to go to the farm for visits and it was said that I followed Stan ever where he went. I guess that's where the bonding started as Stan was my idol, and up to the time of his passing in 1980 we travelled many miles together

We hunted and fished all over Manitoba and into western Ontario.

My Dad and brother were good hunters and fishermen. But hobknobbing with Stan was something different. He knew everything a young fellow should know, guns, outboard motors, car engines, clutches and on and on the list was endless.

Stan was in the air force and after the war he took his DVA money and went to the west coast and bought a commercial fish boat.

Imagine to my delight when he wrote to my parents and said that if I got to the coast I could spend the summer working on the fish boat. I



guess I burst all the buttons off my hand me down shirt. Mom and Dad said I could go. Dad worked on the CPR and he got a pass for me to go to the coast.

I guess he told the train conductors about me as they looked after me well on the trip. Imagine a 13 year old kid travelling solo to the coast. A couple of bags of sandwiches and some other goodies to eat as there was no eating in the diner cars in them days. Cost too much money.

Upon arrival I was met by Stan and we went to where the boat was tied up and spent the night just being pals.

The next day he showed me around the boat, it was a great fishing boat with a little wood fired steam boiler in it.

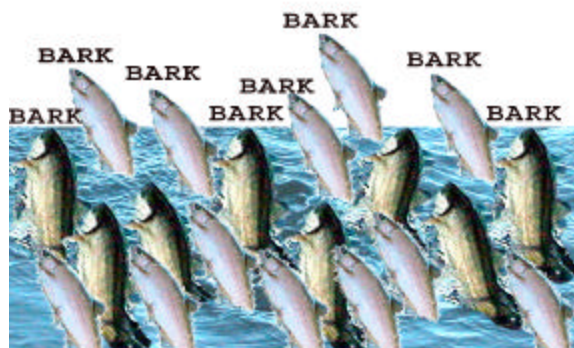
We got the boat ready and the next morning we were away salmon fishing.

Luck was not on our side however as we caught no salmon but we kept catching sharks or as we know them dogfish.

Stan in his wisdom said we should keep catching the dog fish as we could sell them and at least get some money for the trip We filled the hold.

The time came to steam home with our load of fish, Stan looked around and said to me "Satch" he said [he always called me Satch] "You didn't load enough wood this morning to get us home. I don't know what we are going to do," he lamented.

He looked the situation over and said he had a plan [which I knew he would]. "Satch" he said, "Put on the high rubber boots and get down in the hold," which I did promptly. Stan threw me a pail and took a boat hook and started jabbing the fish with it until all hell broke loose! The dogfish



Harold's Stan cont'd...

started barking like hell.

I knew my job! I started gathering the bark and put it in a pail as fast as I could and then it was another pail and another 'till Stan stopped poking.

I got out of the hold and we put some bark in the boiler, got steam up and headed for home. I still have some of the bark from that memorable trip with cousin Stan.



Harold still has some of that dog fish bark.

### March 23, 2004 Meeting



Jim McEwan, right, accepts his runner-up prize from the fly draw -- the coveted fish bonker turned and donated by Harold Tinling, left. Dave Connolly won the fly draw. This is the second time within a year! At this rate he may eventually break even with the amount of flies he has donated over the years.



Jim (the Real) McCoy, getting up for his spiel at the Gilly portion of the meeting.



Ray Petch, guest, lamented about Brannen Lake where all he caught was a cold.



Ray Bradford, another guest received a warm welcome after his Gilly.



John O'Brien complained about his lack of fishing but his son has done an admirable job of filling in. John also had his first taste of steel-head without bonking one of his own catches.

## Bernie's Banterings

Doug Janz; Head Fish and Wildlife Section; Ministry of Water, Land and Air Protection was booked as a guest speaker sometime before the controversial editorial titled "Makes no Sense" appeared in the Tuesday, March 23, 2004 issue of the Nanaimo Daily News. This editorial was a comment on a news story published the previous Friday concerning the



Doug Janz, guest speaker, presented an update on the plight of the marmot at the general meeting March 23, 2004

discovery of six dead eagles in a freezer in the local office of the M.W.L.A.P. According to the report, the eagles were destroyed, in a cloud of secrecy, to preserve a colony of Marmots on Green Mountain. The bias of the editorial and previous story was revealed by referring to the "beautiful golden eagles" and to the marmots as "wild rodents". It also questioned the science of the killings and pondered on what this will all lead to – killing all alpha predators? Even before Doug's presentation, I questioned the following quote in the editorial:

"There seems to be no science involved in this murderous and macabre attempt to manipulate the natural balance. Eagles, big cats, and wolves didn't bring marmots to the brink – logging did, in the form of habitat destruction."

Doug's presentation provided very clear evidence to show the fallacies of that statement. His charts showed that higher-elevation clear cutting actually provided suitable habitat for the marmot and they flourished in the mid '80's because of it. But these young clear cuts also

provide attractive spring and summer range for deer and elk and the associated predators. Open habitats are also favorite hunting grounds for golden eagles. The charts showed an inverse relationship between predator population and marmots. Increased numbers of wolves, cougars and eagles decreased the marmots. The use of implanted transmitters in marmots provided indisputable evidence that the majority of their deaths were caused by predators. So the habitat is still there, but it is changing due to logging and it appears that these changes favour the predator.

When Doug was asked about trapping eagles, his response was that it was tried by a very dedicated person for two years and he ended up with only two successful trappings of these wily birds. The destruction of the six eagles was in a desperate attempt to save the last of the wild marmot population.

Although the purpose of Doug's presentation was to inform us of the plight of the marmot, he did enlighten me to the facts behind that misinformed editorial.



The Vancouver Island Marmot



## Peter Huyghebaert's Fly Box



*Editor's Note: These fly patterns and write-up were submitted to Art Lingren for his soon-to-be-published book "Contemporary Fly Patterns of British Columbia". Art has given permission to publish these in the IWWF Newsletter.*

### Green & Black Meany

Originated and contributed by Peter Huyghebaert



Hook: Size 4 or 2 Mustad S74S SS or 34011  
Thread: Black 6/0  
Throat: Strands of chartreuse Krystal Flash  
Wing: White polar bear, under chartreuse polar bear, under green Krystal-flash  
Cheeks/Eyes: These are prepared from ring neck Pheasant "clutch" feather, wetted with head cement, stroked into shape, applied with a small prismatic eye to suit and then coated with 5-Minute clear epoxy. They are tied in after they have hardened and a coat of epoxy is applied over the head and eye area.

Intended Use: Saltwater salmon, offshore Coho

Comments: This fly has evolved over a number of years from more heavily dressed polar bear bucktails to a sparsely tied, much slimmer, easy-to-cast, durable Coho fly which has proven itself in Barkley Sound. The primary baitfish colours in the area are green/white, black/white and blue/white so one of these two flies will always fit the bill if you can get the size right. It fishes best on a floating ghost-tip line with a nine-weight rod being just about right for the job. For the black version just replace the chartreuse polar bear with grey and the green Krystal Flash with black.

### OverKrill

Originated and contributed by Peter Huyghebaert



Hook: Size 8 to 4 Mustad C47S D  
Thread: Fire-orange 8/0 or 6/0  
Tail: Hot pink Polar Bear  
Body: Small, medium or large Pearl Chenille, hot pink  
Rib: Small or medium silver tinsel (varnished type)  
Shellback: Fluorescent Pink Lazer wrap tied in facing forward then folded back over the body and tied down with the tinsel and trimmed  
Intended Use: Saltwater salmon beach wet fly for pinks and Coho

Comments: This fly is a further evolution of the ubiquitous pink beach fly. It is simple to tie, uses primarily artificial material which stands up well in salt water, looks better to the angler as well as the fish and has proven deadly on pinks and Coho. This is the first fly I tie on for beach fishing, switching only if fish are showing and are not in a "pink" mood.

## More of Peter's Fly Box



## Squidly

Adapted and contributed by Peter Huyghebaert



Hook: Size 8 to 4 Mustad S71S SS or 34007  
Thread: Fire-orange 8/0  
Tail: 4-5 strands of pink Krystal-flash  
Under Body: Build up slightly with small unwaxed dental-floss (on larger versions).  
Body: Pearl Mylar trimmed to leave 4-5 strands extending to the tail.  
Eyes: Red prismatic stick-on, then epoxy coat from the tail tie in to the hook eye.  
Intended Use: Saltwater salmon beach wet fly for pinks and Coho

Comments: This fly was adapted from one used by an unknown fellow fly fisherman from the Courtney area in 1998. His version consisted of a Mylar tube on a hook with a few strands protruding. The fly worked quite well but only for one fish or two before the body was torn off. I added the pink Krystal Flash, built up the bend area somewhat with floss, added eyes and also the epoxy finish. It is now a very rugged Coho and pink beach fly that imitates a small squid, gammarid or immature baitfish which is superb for cruising Coho along the beaches of East Vancouver Island.

## Calendar of Events

### April 17, 2004

Spring Banquet at the ABC Restaurant ( North of Woodgrove Centre). Cocktails at 6:00 and dinner at 6:30 p.m. After the dinner everyone is invited to Larry and Roberta Miller's for a pot luck desert. Each couple brings their favourite desert and try to car pool -- parking is limited.

### April 27, 2004

There will not be a regular meeting but the Ukrainian Hall is still booked. We will have an informal gathering: Show us how to tie your favourite fly, tell a joke, show us your new gadget and fishing equipment etc. Peter Huyghebaert will be showing us knots and some of his tricks of the trade.

### May 1, 2004

BCFFF Annual General Meeting, Bastion Hotel. The trade show and speakers are free. Get your banquet tickets from Steve at 754-3650.

### May 18 to 24 at Tunkwa Lake

A camping fishout organized by Peter Huyghebaert 756-3241.

### May 25, 2004

Regular meeting at the Ukrainian Hall, 4017 Victoria Ave. The guest speaker will be Bill Luscombe whose topic will be "Island Lakes."

### May 29 or 30 at Lois Lake

More details to follow. Call Chris Depka 754-6569.

### Noon Socials and Luncheons

At 11:30 am every 1st and 3rd Wednesdays at the Wellington Pub (half price specials). We are trying out a different pub and will advise by email of any changes.

# A.G.M. Banquet

Tickets are available at a price of \$40.00 per person. Tickets can be mailed to you or held for pick-up at the door. The following information is required:

Name .....  
Club .....  
Number of tickets .....

Mail order along with cheque to:  
Island Waters Fly Fishers  
c/o 1754 Extension Rd.  
Nanaimo, BC V9X 1C7.

[Email Steve](#) or phone Steve at 1-250-754-3650. Please leave a message with the required information if your call is not answered. Please provide your Email address or phone number for confirmation. Thanks.

## Needed

Flies for the fly box (built by Harold Tinling) to be auctioned off at the BCFFF AGM on May 1, 2004. If everyone donates 20 (10 each of their favourite 2 patterns) we would have a significant contribution from our club. Please hand them in to Peter Huyghebaert before the AGM.



## Harold's Box and First Fly

Let's Fill 'Er Up

## Tall Tales Book on Sale Now



“The Trout that Climbed a Tree and Other Fishing Fables and Foibles” book will be on sale at the BCFFF AGM May 1, 2004. There are discussions about printing it as a limited edition and sell them as collector’s items. They will be listed at \$15.00 but approximately \$12.00 will be donated to a fish enhancement fund such as a newly created “Bill Brown Memorial Fund.” Reserve your copies now with Bernie at 390-3266.



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# BCFFF FLY-FISHING TRADE SHOW

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WITH BRIAN CHAN - BC FRESHWATER FISHING

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May 1, 2004

9 am to 4 pm

Admission: Free

Coast Bastion Inn  
Nanaimo

Rods, Reels, Lines, Antiques & Collectibles, Flies,  
Handmade Nets & Boxes,

**Continuous Fly-Tying Demos**