



**NEVER MESS
WITH THE
EDITOR - HE
WILL ALWAYS
GET THE LAST
WORD**



See page 8

(and do not believe what the President says on page 2.)



**The Island Waters Fly Fishers
Box 323, Lantzville, BC
V0R 2H0**

- The Purpose of our club is as follows:
- To practice, further and promote the art of fly fishing
 - To practice and promote fish conservation and enhancement
 - To encourage fellowship and sportsmanship amongst anglers

CONTACTS

President:	Bernie Heinrichs	390-3266
Vice President :	Bob Leverman	756-1998
Secretary:	Doug Peterson	390-4109
Treasurer:	Harold Tining	753-8680
Past President :	Keith MacDonald	758-2138
Newsletter:	Bernie Heinrichs	390-3266
Directors:	Jack Toomer	756-0987
	Bruce Cumming	390-2236
	Ron Busche	758-2225
	Ron Moll	754-3978
	Gord Davis	716-2787
	Paul Inscho	758-2303
	Ralph Carlson	751-7999
Webmaster:	Steve Wawrykow	754-3650
Fly Tying:	Gerry Stevens	754-4124
Videos:	Ed Tremblay	245-8552
Library:	Matt Haapala	390-1917
Gilly :	Ray Honig	758-9930

Meetings at 7:15 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 758-2138.

**Email us at iwff@shaw.ca Ph 758-2138
Visit at www.members.shaw.ca/iwff**



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

President's Message

Have you ever seen such vanity! The editor actually has the balls to print his own photo on the front page - and make it into a headline story! This matter will be at the top of the agenda at the next director's meeting. This man has obviously flipped out of control and must be replaced.



Bernie Heinrichs

And now on to a cheerier note. What a great Christmas Party! Jack and Elena Toomer deserve a big round of applause for this one. Larry Miller did his usual outstanding job as the auctioneer. We netted over \$1400.00 - this is from the generosity of the club members who donated the items - then bid them. A special thank you also to the stores and businesses who contributed. Jack wrote up a nice, detailed "thank you" which is in this newsletter. The most encouraging thing is that they are looking forward to next year's event.

I am really looking forward to working with the directors and the committee members. What a great group! Most of the previous guys are still hanging in there and the new ones are enthusiastically getting involved. In addition to the executive and the directors listed on the front page, the following are the committee members:

Fly Draw – Harold Tinling
 Entertainment – Jack Toomer and Ralph Carlson
 Gilly – Ray Honig.
 Membership – Bob Leverman.
 Newsletter – Bernie Heinrichs and Ron Moll
 Welcome Table – Bill McColl
 Programs – Ron Busche
 Boys and Girl's Club – Bruce Cumming

If you want to get involved, you do not have to be a director. We still do not have anyone doing Conservation, Publicity or Fishing Events. One hint for you new fly fishers. When I joined, only three years ago, as a rank beginner, I thought that a good way to learn this stuff is by getting involved. This proved to be a very remarkable learning experience. I have moved on to the lofty position of "Junior Novice" (You need to catch a fish to qualify). But, the exposure to experiences, fishouts, techniques, social events and, especially, the people has been very rewarding. So, for the few of you who have not, **get involved** - it will pay in big dividends.

This year's program has a good mix of speakers of various topics and a lot of educational and technique development. There is still an opportunity to add or change some of the later events - so please let Ron Busche or myself know of your ideas or needs. Thanks, Ron, for a developing a great program.

You will also really enjoy the new column "Elementary Entomology..." by the Chalkboard Troutist. What an enjoyable way to learn entomology! Hopefully these will continue.

Calendar of Events

Noon Socials and Luncheons

At 11:30 am every 1st and 3rd Wednesday at the Wellington Pub (half price specials). This is getting so popular that there are some who lunch there every Wednesday.

Fly Tying

At 1:30 pm (approximately - whenever we remove ourselves from the pub) every 1st and 3rd Wednesday. They are hosted by Gerry and Lill Stevens, 620 Hawkins St.

Club Library

The list of books has now swelled to over 60 with Dave Connolly's donation of over 50 books. Matt will be off until April but Gerry Stevens is storing them until then. A good time to review them is during fly tying as described above or call Gerry at 754-4124 and he can bring your book of choice to the next meeting or Pub Lunch.

Club Crests

If you want a crest for your jacket, cap etc., Five Star Embroidery and Silk Screening at 1-4151 Mostar Rd. (www.fivestarembroidery.com) has our logo set up for you and will provide a quote.



2006 Program

The first two months have been confirmed but the rest are at the proposed stage and will quite likely be changed or switched to adapt to requests and availability of speakers. We are still looking for ideas and speakers. These programs follow the regular meeting with the exception of April 11.

January 24 - Rod building demonstration and explanation by Joie Coe

February 28 - Ministry of Environment's plans for stocking trout in Central Vancouver Island Lakes and promotion of Trophy Lakes by Trevor Andrews, Provincial Biologist.

March 28 - Rods, reels, lines, knots by 2 presenters to be determined

April 11 - Fly Casting Clinic, Westwood Lake - not a regular meeting. More practice sessions may be organized to follow.

April 25 - Lake fishing. Either a panel discussion (need a moderator) or a guest speaker.

May 23 - Guest Speaker?

June 27 - Salmon Fly Fishing

September - Habitat Recovery and activities of the Pacific Salmon Foundation by Mel Sheng, DFO

October 24 - Fishing the Island's Rivers

November 28 - Match the Hatch and Election of Officers

Fly Swap

Bring your dry flies to Harold, 753-8680, by the January 24, 2006 meeting.

Pacific Salmon Foundation Fund Raiser

Island Waters Fly Fishers donated \$1000.00 to the Pacific Salmon Foundation (PSF) Fund Raiser held November 12, 2005 at Beban Centre.



This \$1000.00 netted \$1125.00 after the items that were purchased were auctioned off. The soap carving above was purchased for \$500.00 and sold for \$700.00. The necklace to the left was purchased for \$425.00 and sold for \$425.00.

The PSF will be purchasing 750,000 pink fry and keeping them in a pen in Departure Bay so that they can imprint this area as the location to spawn in 2007. We will be looking forward to a pink beach fishing opportunity in Departure Bay or the immediate area. The plan to divert a portion of the Millstream River to allow Coho to get around the falls in Bowen Park is on track to proceed. This will open up a huge area for these salmon to spawn. The program of transferring spawning Coho around the falls by catching and releasing them up stream of the falls continued again this last fall.



Harold and Mary Tinling's 50th



Wayne and Judy Legge hosted a come and go tea for Harold and Mary's 50th

Wedding Anniversary on November 20, 2005. Harold did not let a mangled finger only a few hours earlier stop him from attending and providing a smile for this momentous event.



Jack, left, and Elena Toomer; Ralph Carlson and Doug Winters listen carefully to Harold's rendition of the intimate details of his nuptials 50 years ago.

October Meeting



Bill McColl, right, welcomes new member Tom Skilton to our club.

Roy Sorensen told us about the science story he uses for his grade six class. It involves a penguin, a seal and an ice cream cone. If you were not at the meeting be sure to ask him about it.



Ray Garton, left, accepts his Gilly Draw cash winnings from Doug Peterson.

Dick Bowden, told us that as a new member and as a new fly fisher he now feels qualified to at least start talking fishing.



Lloyd Erickson describes how he tried out the "Wrist Watch Fly" at a recent fishout.





The November 22, 2005 meeting took a pause from its normal bedlam.

LIBRARY BOOKS

This is a partial list of our expanded library (thanks to Dave Connolly's extensive contribution). They are being held by Gerry Stevens, 754-4124, until Matt is back in April.

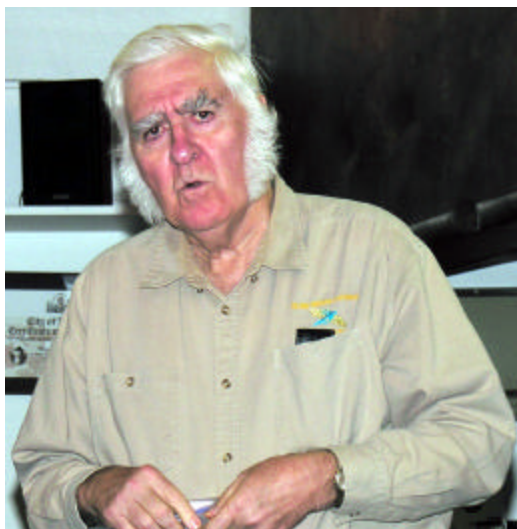
<u>TITLE</u>	<u>DESCRIPTION</u>	<u>AUTHOR</u>
1 A Cutthroat Collection	<i>guide to understanding & catching</i>	Karl Bruhn et al
2 A Stain Upon the Sea	<i>West Coast Salmon Farming</i>	Collection of Essays -
3 Advanced Flyfishing for Steelhead	<i>flies & technique</i>	Deke Meyer
4 Angling in the shadows of the Canadian Rockies -	<i>guide to BC & Alberta</i>	Jeff Mironuck
5 Best of BC Lake fishing	<i>listing of BC lakes</i>	Karl Bruhn
6 Best of BC Lake fishing		Karl Bruhn 7
7 Bright Rivers	<i>celebrations of rivers and fly-fishing</i>	Nick Lyons
8 Chalkstream Chronicle		Neil Patterson
9 Coco Loco	<i>humor, travel & angling</i>	Van Scott Fulton
10 Complete Guide to Fishing Across North America		Joe Brooks - 1970
11 Creative Fishing		John Hannah
12 Feather in the Breeze		J. Edson Leonard
13 Fisherman's guide to life	<i>9 principles on the lessons of fishing</i>	Criswell Freeman
14 Fishing Flies		Robert Atkinson
15 Fishing for Fun		Herbert Hoover
16 Fishing from the Earliest Times		William Radcliffe
17 Fishing in Oregon	<i>where, what how -</i>	Madelynne Sheehan & Dan Casali
18 Fishing Tackle Antiques & Collectables	<i>reference & evaluation</i>	Karl White
19 Fishing with my Old Guy		Paul Quarrington
20 Flies of the Northwest		Inland Empire flyfishing club

2005 AGM

Roy Sorensen, right, the nominations and elections of the 2006 Officers and Directors for our club. He did a great job of leading the process in selecting a fine slate of directors and the numerous other positions held by the members. Thanks Roy and thanks also to the nominating committee who phoned the members to determine how each one can participate for this year.



The directors for 2006 are: Keith MacDonald (standing left), Bruce Cumming, Paul Inscho, Gord Davis, Ron Busche, Jack Toomer, Doug Peterson (seated left), Bob Leverman, Bernie Heinrichs, Harold Tinling. What a fantastic crew!



Bill McColl told us that he did not have a fishing story for the Gilly but had one about a pair of female parrots who belonged to a pair of spinsters and who repeatedly would say that they were hookers. A visiting priest heard this and said that his pair of male parrots would have a great influence on these two wily birds because they spent all their time praying. When the four birds met the pair of females immediately announced that they were hookers. One of the male parrots turned to the other and announced: "Our prayers have been answered."

Christmas Banquet, Awards

Bernie, centre, presents Wayne Legge, left, and Harold Tinling the best photo of the year award to them because they both took the identical photos of Henry Lake at a fishout last summer.



Below: Peter Huyghebaert accepts his “Outstanding Contribution” award for all of his efforts in organizing the 2005 program. His leadership has shown us the way to further enhance the educational portion of our Tuesday night meetings.



Harold accepts his literary award in recognition of his very informative article in the newsletter titled “A little bit of Line Care”. Some skeptics in the crowd declared that it must have been penned by a ghost writer. Regardless, credit goes where credit belongs!



Harold presents Bernie with the club’s gift of appreciation. It is the “World Fly Finder” book. A fascinating book which, Bernie promises, will, eventually, after careful perusal, end up in the club library.



Bernie celebrates the “Receiving of his Wings” which were appropriately awarded for his extraordinary feats of accomplishment at Panther Lake last summer.

Swearing in the 2006 Directors



Dave Connolly reads out the Island Waters Fly Fishers Credo to Paul Inscho, Doug Peterson, Harold Tinling, Bruce Cumming, Bernie Heinrichs, Jack Toomer, Bob Leverman and Ron Moll.



Due to Bob Leverman's compromised position of Vice President and potential career conflicts, it was deemed necessary to read out a special credo appropriate for the circumstances. His additional vows included the promise not to charge fellow members for any advice that he may offer and not to amend the constitution to include bait fishermen. Bob was also required to respond with a "I do, Sir" for each statement. He vowed to always be truthful as exemplified by the presenters at the Super Gilly last October where Bob Davies set a new standard of honesty. Humility and gratitude were also accepted - with some reluctance and pause.

The first table to be drawn shows some obvious enthusiasm for the occasion. The last table drawn was just as thrilled. They celebrated with complimentary wine while awaiting their turn.



More Christmas Party



Willi and Peter Huyghebaert, Joie and Marla Coe, Matt and Bonnie Haapala, Tom and Brenda Ramshaw.



Pat and Dave Connolly with their guests



Mary and Harold Tinling, Cecillia and Dave Degner, Doug Peterson, Tom Skilton, Maureen and Ed Tremblay.



Jim and Isabel McEwan, Sue and Gary Hintz, Rick and Jeanine Banks, Dave and Gail Newman, Zeta and John Ellis.



Bob and Linda Crampton declined to share their joke - it was just too risque for mixed company!



Carol and Gord Laird

Bob Leverman's "swearing in" was a big hit with the appreciative crowd.



Auction and Raffle



Our own Larry Miller did another super job as Auctioneer but struggled to coax out full value for Jack Toomer's fly tying station.



Larry's comment that the demise of a few elk could probably be attributed to a few members of the audience was appreciated by Wayne Legge



His elk comment was also appreciated by the members of Jack Toomer's table: Bob Leverman, Isobel Heinrichs, Doug and Jeanne Winters and Dianne Leverman.

And for a finale, the big winner of the evening was: PAT GARTMAN! It looks like her husband, Ray, is going to have some company in his inflatable boat this summer.



Banquet and Auction

On Sat. Nov. 26 we held our banquet and auction at the Lantzville legion attended by over 74 members and guests. Not only was a good time had by all with lots of laughs, spirited bidding and good comradeship, but also an excellent dinner. The winner of the raffle (St. Croix 4wt. rod, Scientific Anglers line and Teton reel) was Pat Garton. With a little luck Ray might even get to use it. The evening would not have been so successful without mentioning those who helped so much. My wife Elena for doing all my phoning and for making all of the table centre pieces, Diane Leverman for all the work she put into the candy baskets at each table, Bernie and Wayne Legge for running the raffle, Harold and Mary Tinling for tracking and collecting the auction money, and a special thank you to our auctioneer Larry Miller who did just an outstanding job and especially to everyone who showed up to make it such a success. At this time IWFF. would like to thank those businesses who donated items toward the auction: Joie at Gone Fishin, Canadian Tire, Wellington Hotel, Yellowbird Gallery, Johnson's Hardware. And to all the members who donated items: THANK YOU. Looking forward to doing it again next year - Nov. 25/06.

Jack Toomer, Entertainment Director

ELEMENTARY ENTOMOLOGY & O. MYKISS

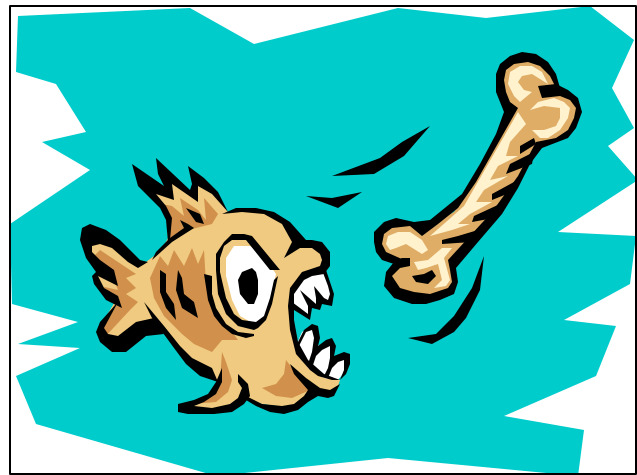
written By the
chalkboard troutist

PART ONE - INITIAL CONCEPTS

Trout will eat just about anything no matter how it is presented – sometimes. Obviously some of the things that get stuck onto hooks don't appear naturally in the water. Corn, pieces of wiener, globs of Velveeta cheese, and pieces of metal and plastic just are not naturally found in the waters we normally fish. They are certainly not to be found streaming through the water as if possessed.

We fly fish even though, on many occasions, we could do better with hardware or (horrors) with bait. We do so because we are fly fishers. It is our *sporting* way. Hopefully, we demonstrate our ethics each time we fish. However; no such ethics exist in trout. They eat to survive. They take the biggest and easiest meals they can, expending the least amount of energy possible in the bargain. That is one of many laws of nature – the energy obtained from food sources must exceed the energy required to obtain the food.

In a series of short articles, we are going to look only at food sources for trout in fresh water, and only at aquatic invertebrates (i.e.; animals that have no backbone and spend at least part of their lives in the water). Before we look at the entomology of the foods, let's just briefly look at a few concepts that, while they do not relate specifically to aquatic entomology do relate to what the trout sees and how the insect will be perceived by the trout. After we look at the entomology of the insect and how it relates to catching rainbow trout, we'll look at rise forms as they relate to the specific insect stages and then at presentation methods for each insect stage.



The first is the concept of surface tension. We all know that water has surface tension. In school you may have “floated” a needle on the surface of a beaker of water. It is that same surface tension that keeps some insects supported on the surface. Surface tension, however, does not only exist on the *top* of the water, but also on the underside of the surface. It is like a piece of cellophane wrap on the water, and many aquatic insects, during the hatch, get stuck in that surface film and cannot break through, or if through, have difficulty breaking free of it. They are stuck in the surface film. As a general rule, smaller insects have more trouble breaking through than do their larger cousins.

Yet another concept to consider is that the trout's eye is not particularly sensitive to detail. The rods and cones in the trout's eye are not as densely arranged as they are in a human eye and therefore their ability to resolve images is limited. It can detect size, shape, contrast, movement, and color; but cannot resolve detail. Trout cannot count legs, body segments, number of tails, etc. Great – because if they had better resolution we'd never fool them!



In spite of their rather poor eyesight, trout must feed, so let's focus on what they probably focus on – size, shape, contrast, color, and behavior. Make your flies impressionistic, not exact replicas but not merely suggestive. Your flies should be the same size, shape, color (from the trout's perspective) and should impart or suggest movement.



Yet another concept of trout for your consideration is their feeding behavior. Trout feed either opportunistically or selectively. That is, they will feed either on whatever they happen upon that appears to them to be a food source, or they will feed exclusively (or almost so) on a particular food source or a life stage of it. When trout become selective on size 20 trico spinners, for example, it can be very frustrating fishing indeed.

What is it that induces the trout to strike? What is the “trigger?” At each stage of each insect's life cycle, we should ask ourselves what triggers the strike. This is the big question in fishing. Trout will prey on vulnerable stages (more on this to come) as they are the easiest meal for the least expenditure of energy. They will also focus on particular stages of particular hatches as a means of conserving energy in that energy is not being wasted by moving to examine different food sources. By focusing on one stage of one insect, the trout can simply take each one in a feeding rhythm until the hatch is over, or it is gorged, or (hopefully) hooked.

This concept of the trigger probably generates more controversy amongst match-the-hatch fly fishers than any other. Some angling author-experts believe that the triggers are always only size, shape, color, or behavior. Others argue that it is something more than that – perhaps the gills on a chironomid or the trailing shuck on an emerging mayfly. Still others insist that there is a primary trigger that is one of size, shape, color, or behavior that causes the trout to

move in for a closer look and if it sees a secondary trigger; for example, the trailing shuck, then it strikes. If it does not see the secondary trigger on closer examination, then you get the classic refusal. Certainly the trout's ability to see greater detail is improved by being closer to the food source, that is to say, the trout's eye can resolve better at closer range.

The opinions in this series are those of The Chalkboard Troutist and while many “facts” may be stated as such, there are always exceptions and some of these “facts” may really be nothing more than opinions disguised as facts. It is not the objective of this series to spoon feed a bunch of facts for the reader to try to memorize and then “take” to the trout. We will (hopefully) discuss concepts and encourage you to think about the relationship between the insect (in all of its life stages) and *Oncorhynchus mykiss* (the rainbow trout – and the last of the needless Latin).

NEXT MONTH – MATCH THE HATCH?

WANTED

Photos, stories, poems, information, “How To's” etc. for the newsletter.

Recycle your magazines to the waiting rooms in the hospital. Bring them to Larry Miller at the next meeting or noon lunch.

Island Waters Fly Fishers Society

Minutes of General Meeting

Held on Tuesday November 22, 2005 at 7:15
in the Ukrainian Church Hall,
4017 Victoria Ave., Nanaimo, B.C.

Meeting Called to order at 7:15 p.m.

Minutes of previous meeting read: moved as
read by Peter Huyghebaert (MSC)

Treasurer's Report: Harold T. reports the club
account stands at \$4720.43

Committee Reports:

Health: Steve Wawrykow knee surgery
very successful

Entertainment: Christmas Party and auction
to take place next Sat.

Reminder to take auction items.

Fly Tying: First and third Wed of each
month following The Well. Next session to be
Dec 7 at Gerry's home. The next one following
Dec 7 is Jan 4 2006.

Conservation Our donation of \$1000 netted
\$1125 at their auction last week. They have plans
to add 750,000 pink salmon to Nanaimo's
waters.

Library: Matt Haapala has about 8 books,
several more promised.

Old Business: The next fly swap is dry flies. 13
tiers have signed up so far and the flies are to be
given to Harold at the Jan. 2006 meeting.

Rod building. 7 members said they were
interested in building rods in a class setting.

Suggest rod builders check

www.rodbuilders.com

Guests: Tom Skilton, Dick Bowden, Lloyd
Erickson

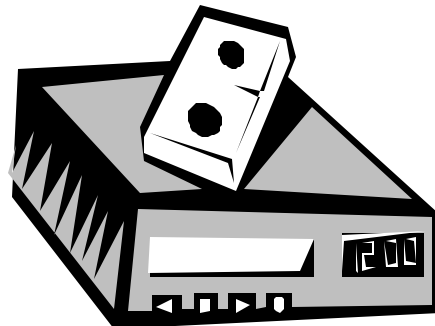
Membership Renewals: Please pay Harold
\$40.00 for 2006. They will be overdue by next
meeting.

Next Meeting Jan 24, 2006 at 7:15

(Note, meeting ended and the AGM conducted)

List of Videos

See Ed
Tremblay,
or call
245-
8552, to
check
these out.



- 12 FLY FISHING MAGAZINE – OLYMPIC
TROUT & STEELHEAD
- 13 THE ESSENCE OF FLY CASTING –
MEL KRIEGER
- 14 FLY FISHING STILLWATERS – ALF
DAVIES
- 16 SURVIVING THE HOOK – D.F.O.
- 17 RELEASE 'EM RIGHT – D.F.O.
- 21 TROUT FISHING – STEVE
WAWRYKOW, IWFF
- 23 STEELHEAD FISHING – IWFF
- 27 MAGIC OF FLY FISHING – STORIES
OF MANY TRIPS
- 34 DUBBING THE LOOP WITH ROOTS
- 35 TYING BASS FLIES – IWFF
- 37 BASS – THE 99% SOLUTION – FISH'N
CANADA