

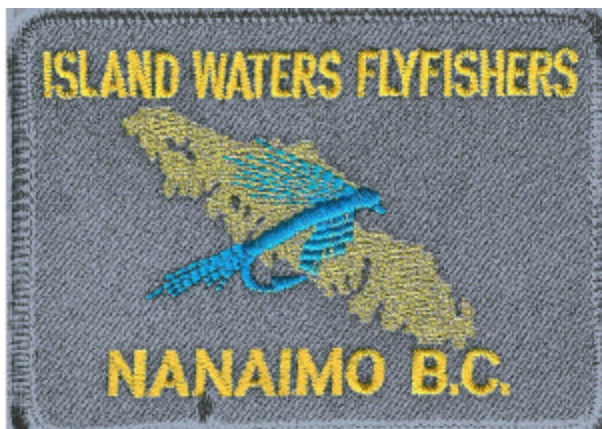


ISLAND WATERS FLY FISHERS



Harold Tinling demonstrates the fine art of tying braided flies to Paul Inscho, left, Bill McColl, Ron Busche, Jack Nelson, Gord Davis, Ed Tremblay, Frank Perilli and Doug Winters at our first mid-month gathering in the hall.

CONTACTS



The Island Waters Fly Fishers
Box 323, Lantzville, BC
V0R 2H0

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers

President:	Bernie Heinrichs	390-3266
Vice President :	Bob Leverman	756-1998
Secretary:	Doug Peterson	390-4109
Treasurer:	Harold Tinling	758-2655
Past President :	Keith MacDonald	758-2138
Newsletter:	Bernie Heinrichs	390-3266
Directors:	Jack Toomer	756-0987
	Bruce Cumming	390-2236
	Ron Busche	758-2225
	Ron Moll	754-3978
	Gord Davis	716-2787
	Paul Inscho	758-2303
	Ralph Carlson	751-7999
Webmaster:	Steve Wawrykow	754-3650
Fly Tying:	Gerry Stevens	754-4124
Videos:	Ed Tremblay	245-8552
Library:	Gerry Stevens	754-4124
Gilly :	Ray Honig	758-9930

Meetings at 7:15 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 758-2138.

Email us at iwff@shaw.ca Ph 758-2138
Visit at www.members.shaw.ca/iwff



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

President's Message

I had a great year with the Island Waters Fly Fishers! This has got to be the best club yet for involvement by so many. The directors and the activity chairmen made my job very easy. Just like Roy Sorensen said: "The IWFF has become a well-oiled machine."



Bernie Heinrichs

So, looking ahead to the near term: The Christmas Dinner has been sold out and the donations to the auction are poised to set a record. The nominations for the Executive and Directors, except for the President, have at least one confirmed candidate. So, everyone can come and not worry about being shamed into accepting an unwanted position just to keep the club going.

For next year, there is a great line up of guest speakers for the regular meetings. We are looking forward to the extra time available to us by renting the hall for the second Tuesday of each month. We will be continuing with the popular events such as the pub lunches,

fly tying for two Wednesday afternoons during the Winter, the fishouts starting in the Spring and the Spring Dinner. The casting lessons at Westwood were also popular and will probably continue next Spring.

We have recently purchased a projector and tested it out for a couple of fly tying demonstrations - with good response from the audiences. This technology should be tried out for fly casting. Each participant could critique his own casting by reviewing the video later - perhaps in the Ukrainian Hall?

It was mentioned previously that all of the positions have at least one candidate except for the President. I told the Directors at our last meeting that I want to do the best for the club. The best for the club is to change Presidents every two years to allow fresh ideas to come into the club. I have cajoled, persuaded, begged and even resorted to coercion to get a candidate - with no success. Perhaps someone will step forward at the meeting. All is not lost - there are willing candidates for the year after. At the risk of appearing to cave in, I will do it for another year rather than forcing someone to accepting it under duress. The job is not all that onerous. I attend the meetings anyway and like to stay involved with the other activities. The main reason for consenting is really due to the huge involvement of so many. It makes my job very easy. That said, I am still campaigning for Past President.

When **Ian Cooke** asked why we do not go on fishouts on Sundays, the members obliged and organized one the following Sunday to Panther Lake. Don't feel

too bad that you had to miss it Ian. We had to go home early so that our arms could rest up after the work-outs they were given landing all those fiesty trout!



Program

November 25, 2006: Christmas Party and Auction. See the Ad for more information. Note that it is before the AGM and tickets need to be purchased one week in advance.

November 28, 2006: Regular business meeting followed by the Annual General Meeting then the election of officers and directors.

January 23, 2007: Guest speaker will be Harlan Wright - tentatively "Fly Fishing B.C.".

February 27, 2007: Pat Micek's presentation is "Cutthroat Trout and Steelhead".

March 27, 2007: Our own Bob Leverman will be doing "Match the Hatch".

Annual Banquet and Auction

Location: Lantzville Legion, Lantzville

Time: Cocktails at 6:00, Dinner at 7:00
Saturday, November 25, 2006

Cost: \$12.50 each and **an article to donate to the Auction.**

Purchase your tickets one week before. Jack wants your auction items at least a few days prior to the auction so that they can be sorted and described.

Call Jack at 756- 0987 for more information.

This year the Auction and Christmas Party is before the AGM and regular meeting in November. We could not change the hall dates or the Legion dates. Since we need to give the caterers at the Legion committed numbers for this event, it is important to plan ahead and pay for your tickets in advance. We lost money in previous years due to members registering and then not showing and not paying. Last year the silent auction shortened the auction proceedings to a manageable time but Jack needs the items a few days before Nov. 25 so that he can determine which auction to delegate the item and write up descriptions for them.



Wayne Legge won a runner up prize at the Gilly Draw - a DVD produced by Steve Wawrykow.



Events and Services

Mid Month Gathering

The Ukainian Hall is booked for the second Tuesday of each month for fly tying (bring your own tools and materials), rod building, demonstrations, help with fly tying/fishing and mainly socializing.

Pub Lunches and Fly Tying

At 11:30 am every 1st and 3rd Wednesday at the Wellington Pub (half price specials). This is getting so popular that there are some who lunch there every Wednesday.

The afternoon fly tying is back for the winter again this year. They are held every 1st and 3rd Wednesdays (not the 3rd Wednesday in December) at Gerry Stevens, 620 Hawkins St. after the pub lunch at approximately 1:30 PM. The demonstrator and his fly pattern will be announced by email.

Club Library

The list of books has now swelled to over 63 books.

Gerry Stevens is the custodian and he will bring your requests to the next meeting if you call him at 754-4124. Check out the list of books on our website. The link is above the calendar on the newsletter page. There will be some lists available at the meetings.

Book Reviews

Are you looking for ideas for an article for the newsletter? How about a book review? It could be one from our library, your favourite fishing book, a fly tying book or whatever.

Fly Fishing Pink Salmon DVD

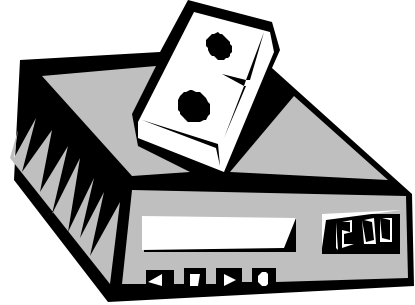
Filmed and produced by Steve Wawrykow of "on the water" action and other club activities.

The panel discussion portion reveals the secrets of success by our own expert members and is loaded with tips.

They can be obtained from Steve at 754-3650 or at the next meeting for \$20.00 (\$15.00 will be donated to fish enhancement).

List of Videos

See Ed Tremblay, 245-8552, to Check These Out



Note: Some of these videos are also now available in DVD format.

- 12 FLY FISHING MAGAZINE – OLYMPIC TROUT & STEELHEAD
- 13 THE ESSENCE OF FLY CASTING – MEL KRIEGER
- 14 FLY FISHING STILLWATERS – ALF DAVIES
- 16 SURVIVING THE HOOK – D.F.O.
- 17 RELEASE 'EM RIGHT – D.F.O.
- 21 TROUT FISHING – STEVE WAWRYKOW, IWFF
- 23 STEELHEAD FISHING – IWFF
- 27 MAGIC OF FLY FISHING – STORIES OF MANY TRIPS
- 34 DUBBING THE LOOP WITH ROOTS
- 35 TYING BASS FLIES – IWFF
- 37 BASS – THE 99% SOLUTION – FISH'N CANADA
- 40 THE RIVER OF NO RETURN – IWFF REPORT
- 42 25 FISHING LAKES – MERRITT TO KAMLOOPS
- 43 - 1 NORTHERN LAKE TROUT – FISH'N CANADA
- 43 - 2 FLOATING FOR GATORS – FISH'N CANADA
- 43 - 3 LARGEMOUTH BASS – FISH'N CANADA

Wednesday Afternoon Fly Tying



Steve Wawrykow tests out the camcorder and projector on Bob Leverman who is the first demonstrator this year. These sessions are held the first and third Wednesdays right after the Pub Lunch.



Bob Leverman shows some tricks and tips to tying chironomid flies to Mike Orr, Doug Peterson and Andrew Cathers. The two patterns are shown below and will be posted on the IWFF website when the link can be established.



Red Ribbed Ice Cream Cone Chironomid

Red Butt



Tuesday Evening Gathering



Harold Tinling's demonstration on tying braided flies was also video taped and projected on the screen at the Ukrainian Hall. Jack Nelson, Gord Davis and Ed Tremblay looked on with deep interest. This was the first extra evening that was booked for this year and will be held on the second Tuesday of each month. The original intention was to book the hall to allow the members and guests to bring their own fly tying stuff for a "Flies and Lies" session and/or socialize. Harold consented to being the guinea pig to test out the new camcorder, projector and screen at the hall. The next one on Tuesday, December 12, 2006 will be the informal format with no speaker or demonstrator - unless someone comes up with an idea.



Some of Harold's braided flies. They take a bit of effort to learn but are effective. See page 8 for more flies and information.

October Meeting Guests



Above: Wayne Legge, left, invited Mas Iwasawa and Dan Hooper, far right to the meeting. Brian Lapadat helped out with the welcoming.



Above right: Dave Newman, right, welcomes Mike Orr who was not too intimidated by Dave.



Right: Evan Harrison told us about his great experiences on Island Lake, Logan Lake etc.

Ron Maldon (below): "There has got to be a Loony down there somewhere for this Gilly or whatever it is called"





Bill McColl, left, does an admiral job of welcoming Ron Muldan and Bruce Richman. That is because he has been doing it for at least four years and deserves a round of applause.



Larry Miller described the antics of a pair of old guys landing a huge carp from a moat around a castle during his recent trip to England. It was so big that it even broke the handle on the net. Larry did not tell us about his involvement or of any assistance that he provided. Why spoil a good act - eh?



During the Gilly Tom Skilton told us about how he caught a fish and, when he reeled it in, the leader came off. He reached in the water, pulled out the leader and it still had the fish on!



Guest Speakers

Harlan Wright, right, and Craig Wightman were the guest speakers for the meeting. Their very informative topic was "The Georgia Basin Living Waters Program". Craig, who is with the Ministry of Environment, spoke about the organization of the program and the work that they do to improve the streams. Harlan spoke to us about his involvement in enriching the streams with carcasses, fertilizers and pollock meal. He works with various native groups and organizations to improve fish habitat, count fish etc.

Thanks again Harlan and Craig for a great presentation.

Winners



Ray Honig, left, presents the prize, a gift certificate, to the winner of the Gilly Draw, Bob Leverman. Bob expressed his usual gracious gratitude upon acceptance of the prize.



Matt Haapala won the other runner-up prize from the Gilly Draw. It was another one of Steve's DVD's.



Harold Tinling, left, presents Tom Skillet with his winnings from the fly draw. These fine flies were brought in by members then raffled off.

More Woven Flies

Woven Nymph



This is the first fly that Harold demonstrated and has worked well for him in several lakes. It was particularly effective in Pye Lake but, unfortunately, a very large trout kept it. (These fish are always "very large"). And, of course, it was the only fly of its kind in his fly box.

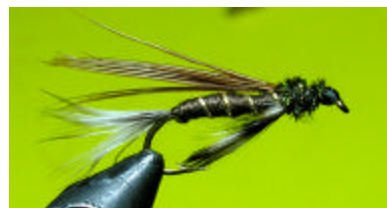
Woven Corixa Brown



For us Latin-challenged members, this is a water boatman. Since every fly fisher needs at least a few of them, it is a neat way to stock your fly box - and they will impress your fellow fishers.

If you want any of these patterns, Bernie will email them to you.

Ron Moll has been cruising the internet and came up with: www.acc.umu.se/~widmark/fly/lwcroche.html. This site gives a good procedure on how to crochet flies and has a number of patterns. Another good site is: www.theflybench.com/howtotie/woven/woven.htm or just Google "Woven Flies".



**ELEMENTARY ENTOMOLOGY AND
O. MYKISS**

PART SIX - t he midge

BY THE CHALKBOARD TROUTIST

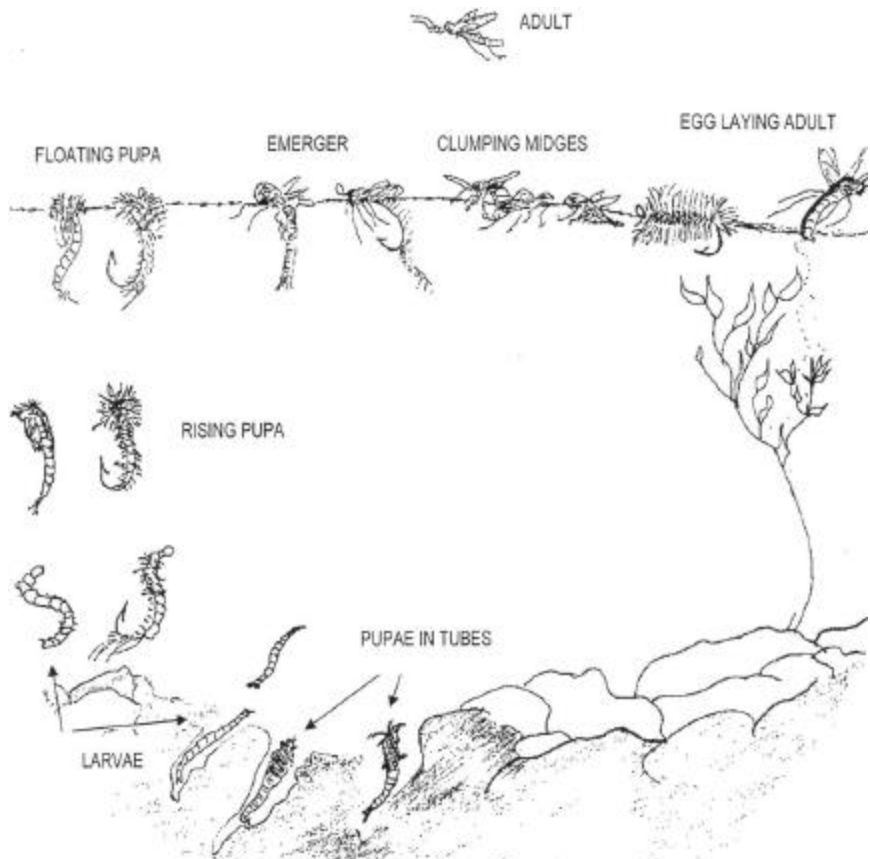
Midges are just flies – no, no, real flies, not mosquitoes. They are also not black flies or no-see-ums, nor are they crane flies or the incredibly frustrating glassworms also known as the “phantom midge”. Some midges look something like mosquitoes, but midges won’t bite and suck your blood! Just as well because on a lake with a muddy bottom, particularly one on a waterfowl flightway, midges hatch by the millions. No, for the most part the biggest threat on a lake during a big hatch, is choking to death!

Some author-experts continue to understate the importance of this insect, or at least to understate the stage of life on which most trout live and grow large. Don’t make that same mistake! Phil Rowley estimates that almost 50% of a trout’s year-round diet is comprised of midges, while others estimate that the percentage is actually closer to 25%. Whatever percentage you prefer, the next time you take a fish from still or slow-moving water, take a moment and pump its throat. Chances are that what comes out will be midge pupae, with some still wriggling. A look at the following life cycle diagram shows that midges enjoy complete metamorphosis, and fortunate is the fly fisher who appreciates this.

Three of the four stages are important: the larva, the pupa, and the adult. The larva (also known as a “bloodworm” when the larva is bright red) hatches from the egg and spends the life of this stage mucking around in the mud on the bottom of the lake. It is a thin worm, usually from ¼ inch to 1 inch long, and is usually blood red, but may be other colors like cream, brown or olive. The red color is hemoglobin, which you will recollect from high school



biology, is the substance in blood that takes up oxygen from the surrounding medium (in this case, from the water). Having hemoglobin permits these bloodworms to live in more oxygen-poor water, such as is found at deeper depths, or in polluted water, or even in hot water. These worms will usually stay buried in the mud bottom, but do come out to feed on animal or vegetable matter, living or dead, or to shed their exoskeleton so they can grow. They also tend to get washed out of the mud during turnover in the spring or after a big windstorm.



Trout will root around the bottom of soft muddy lakes, right in the ooze, and suck up the larvae, but generally, since these larva do come out of the muck, trout will just feed opportunistically on them as they feebly wiggle-swim just off the bottom.

Flies for this stage are easy to tie. Just thread, wire, larva lace, super floss or any similar material in red or shades of olive tied very thin on the shank and usually tied with some wire ribbing to give the segmented effect is all that is needed. The larva has a darker head, and a black or maroon glass bead or small lead bead can be used for this. The hooks need to be sticky sharp and chemically sharpened ones are superior in this regard.

The larva should be fished within a foot of bottom, usually suspended under a strike indicator. Retrieve incredibly slowly, if at all. Every now and then just give the line a small twitch to attract the trout's attention.

When the time comes, the larva will seal itself in a tube fashioned into the mud and "change" into a pupa. The pupa will leave the tube during the hatch and, by gathering gases under its exoskeleton rise and wriggle its way to the surface. This is a dangerous trip and the pupa is vulnerable to trout from the moment it leaves the mud bottom until the adult is hatched and flies off. Since the pupa simply wriggles and rises through the water column, it can be exposed to trout for a considerable time, and trout may feed on it anywhere from the bottom to the top.

This pupal stage, best known as the chironomid (pronounced "kerr-on-o-mid"), is the most important to the trout and therefore to the angler. Oh the chironomid! What can I say? Do you really want to just catch trout, no matter what? If so, concentrate your efforts on the chironomid in still waters.

Most of us will have heard of chironomids and many of us will have fished them. A word of warning to those who have not yet fished them – it is boring fishing until you hook up. But it works, boy does it work. And because it works so well, it's worth it. As mentioned, the largest part of the still water trout's diet is made up of midges and that just



Red Ribbed Ice Cream Cone Chironomid

makes sense as they are the most abundant food source and they are very easy prey.

Chironomids can be just about any color, with shades of olive, tan, brown, and black, with or without some red near the tail end, being the most common. The red near the tail end of some is actually hemoglobin left over from the bloodworm. These pupa normally have gills that protrude a short distance from either or both of the head and tail ends, and a pronounced darkened wingpad area at the enlarged thorax. You should consider building the pronounced thorax into your patterns as it just may be a trigger.

Chironomids are fished the same way the larva is, except that the first thing you are going to want to find is the depth at which the trout are feeding and then set your strike indicator for that depth. This may require trial and error at decreasing depths until you "get into fish." Once you do, concentrate on fishing at that depth. The next consideration is the size of the pupal imitation to use, and then what color. Size and color are definitely important so try to obtain a sample from just under the surface film to answer the last two questions. If you cannot obtain a sample, there may not be enough pupae coming up to warrant fishing one. Maybe then try the larva instead. If you want to persevere with the pupa, try a reddish brown one if the water is tea color or a black or olive one otherwise. It's not a bad guess. To guess the size, if there is the odd adult about, then use a size one hook size larger. For the larva, use a hook two sizes larger.

There are literally hundreds of chironomid patterns. Just choose some you like and tie them up and go fishing. They are particularly easy to tie; just remember to keep the abdomen thin. Don't

allow it to build up with the addition of materials being tied in. Use 8/0, or finer, thread and don't make unnecessary wraps when tying in materials. The thinness of the abdomen may be a trigger. If you are looking for a few patterns to start with, you could do much worse than Chan's Red Butt, Little Black Chironomid, or the Tunkwanamid. Ice Cream Cone chironomids use a white bead head to represent the gills and provide weight to get the fly down faster.

Speaking of weight; if you can afford them, use titanium beads. They are nontoxic, unlike lead, and they are super heavy which, in addition to sinking your fly quickly, assists in keeping all slack out of your leader between your indicator and the fly. Keeping the slack out of your leader and out of your fly line between your rod and the indicator cannot be over emphasized. The take will be very subtle and the indicator will probably just duck under the surface. You must start with your rod tip near the surface of the water and when the indicator moves, lift your rod tip immediately to set the hook, or the fish will be lost.

Perhaps the most important trigger that needs to be considered is that of representing the shiny translucence that the pupa gives off from each body segment. This very special look, created by the gases that the pupa takes in under its exoskeleton to buoy it to the surface, is the subject of considerable experimentation by tiers. Everything from flat tinsel to thin strips of the mylar bags that computer parts come in have been used. Use a little antron, Z-lon, or ostrich for gills at each end. They probably don't help catch trout, but they look good! Most tiers tie in a thorax of that miracle material – peacock herl, and then finish off with a coat or two of epoxy or nail polish.

The midge may stay in the pupal stage from a few hours to a day or more and, after reaching the surface film, the exoskeleton will split open, either immediately or after some time just hanging there. The back of the thorax just splits open and the adult squeezes out and steps out onto the water. Most fly off immediately and in some, like the big "bombers" of the interior, the emergence is so swift that they make an audible "pop" when they emerge.



The Red Butt Chironomid

With the millions of midges hatching, odds are that many will be stillborn, crippled, stuck in their shuck, or just plain stuck in the surface film. These become easy prey for cruising trout. Adult midges will often "clump" together on the surface and trout will just inhale them all in one gulp. Clumping midges are adequately represented by the Griffiths Gnat or even by the venerable Tom Thumb. Yes, the Tom Thumb: many trout have fallen to the Tom Thumb when they are taking clumping midges.

The emerging adult can be imitated by another fly from the desk of Brian Chan: the Lady McConnell. The hackle tip at the tail makes a very credible trailing shuck. You may have to twitch it a little to attract attention.

Trophy trout are taken regularly on midges, mostly on the pupal stage. If you want to catch these beauties and are prepared to stare at your strike indicator waiting for it to dip under the surface, then this style of fishing is for you. It is a rebirth of the old bobber and worm and has become so popular today that a new word had to be created to describe it: "Chironomidding".



IWFFS GENERAL MEETING

October 24, 2006

27 members
6 guests
2 speakers

Time and Location: 7:15 P.M. October 24,
2006 at the Ukrainian Church Hall

September minutes accepted as distributed.
Moved by Steve W. and seconded by Paul I.

Treasurer's Report: Harold reports we have \$5003.17 in the bank and more money is rolling in as 2007 dues are being received. The bank graciously paid us \$0.24 this month for the use of our money.

Committee Reports

Entertainment: Jack sold 51 tickets so far, we were encouraged to buy them as soon as possible. He has also collected a few items for the auction and needs the rest at least 6 days prior to the event.

Fishing Events: Last Sat. several members went to Panther and caught many fish. Trip planned for next Sunday to Panther and the following Thursday to Shawnigan Lake

Health of the club We regret to inform the members that Dick Bowden passed on October 6. He was a relatively new member and an avid fly tier. He will be missed.

Jack T. thanked the club members for the gift and card while he was in hospital. He is healthy and continues to organize the auction.

Library: Gerry still has the books. A few are outstanding from spring but the bulk is in his home and available for lending.

Program: Ron has this year booked and is looking for suggestions for 2007. Ron also agreed to continue as program director for another year. (Thanks Ron)

Fly Tying: The formal program in Gerry's home following lunch, first and third Wed., will start on Nov. 1. We have willing tiers for the whole season. THANKS to all of you who agreed to demonstrate and attend.

There was a proposal from the floor that we consider an evening event a couple of times a month as several members still have paid employment. This would involve renting the hall a couple of times a month.

OLD BUSINESS: A reminder that the Pink Salmon DVD is still for sale @ \$20.00. Most of this amount is a donation to the PSF.

MOVED: by Dave Connolly and seconded by Ian Cook that the IWFFS pay for a Trout Fishing DVD for every member. Cost is approximately \$2.00 each so the total cost to the treasury will be about \$120.00
Carried

Introduction of Guests

Mike Orr, Dan Hooper, Bruce Richman, Ron Maldon, Evan Harrison

NEW BUSINESS Buy your PSF tickets from Joie at Gone Fishin' for only \$25.00 and our Society will pay the other \$25.00

Membership: Time to pay up for 2007. New members are \$50.00, the rest pay \$40.00.

Next meeting November 28

Tom Skilton won a handful of flies.

Program. Craig Wightman and Harlan Wright presented the *Georgia Basin Living River Program..* Excellent!