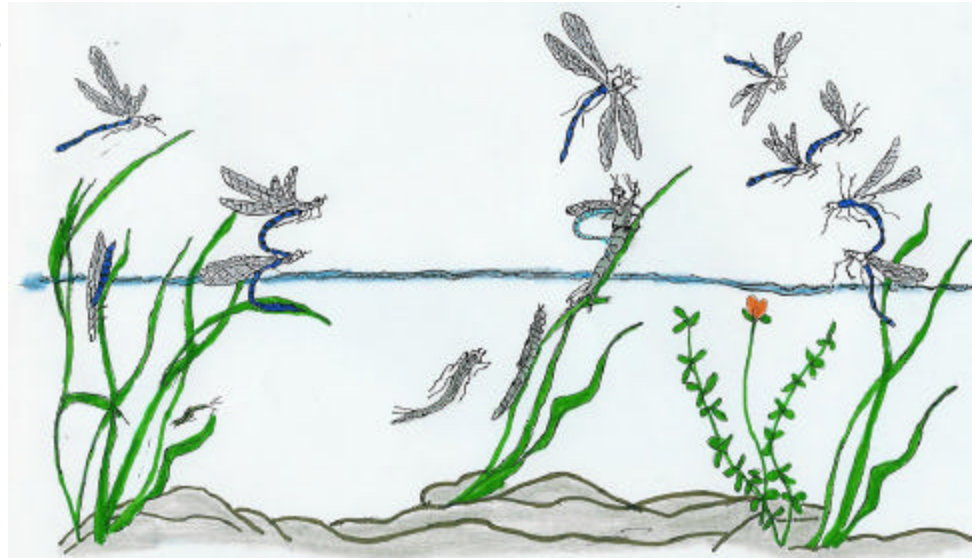


ISLAND WATERS FLY FISHERS



**DIANNE
LEVERMAN'S
"DAMSELS
NOT IN
DISTRESS"**

**ARTWORK
MAKES FRONT
PAGE NEWS
See page 5**



This great masterpiece just could not be left to languish in the inner pages.

**The Island Waters Fly Fishers
Box 323, Lantzville, BC
V0R 2H0**

Email us at iwff@shaw.ca Ph 390-3266

Visit at www.members.shaw.ca/iwff



Meetings at 7:15 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 390-3266.

CONTACTS

President:	Bernie Heinrichs	390-3266
Vice President :	Ron Moll	754-3978
Secretary:	Frank Perilli	390-4400
Treasurer:	Harold Tining	758-2655
Past President :	Keith MacDonald	758-2138
Directors:	Bob Kissinger	758-8995
Youth:	Bruce Cumming	390-2236
Program:	Ron Busche	758-2225
Entertain:	Jack Toomer	756-0987
Phone:	Gord Davis	716-2787
	Paul Inscho	758-2303
	Tom Skilton	729-5685
Webmaster:	Steve Wawrykow	754-3650
Fly Tying	Gerry Stevens	754-4124
	Doug Peterson	390-4109
Videos:	Ed Tremblay	245-8552
Library:	Gerry Stevens	754-4124
Gilly :	Ray Honig	758-9930
Coffee and Hall:	Ray Garton	758-9215
Newsletter:	Bernie Heinrichs	390-3266

The Island Waters Fly Fishers

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

President's Message

During my four years with Island Waters Fly Fishers we have not dealt directly with what I call "political issues". Recently we have been confronted with a potential problem concerning access to some of our favourite lakes by policy statements from Timberwest with their restrictions. We are not the only ones. Hunting and fishing throughout their operations on Vancouver Islands have been impacted. This first came to our attention when the Go Fish Website declared that they are no longer stocking these lakes.



Bernie Heinrichs

There is a plethora of information, comments, opinions etc. in the chat rooms and websites about this action. At our last director's meeting it was discussed at length until Ron Moll offered to research the source of Timberwest's policy and directive. From this he will be able to draft a letter to that company's person responsible for the action. This letter will be "cc'd" to all of the other clubs and societies affected by the closures.

These closures, or even potential closures, do impact our sport directly and action needs to be taken by us. Up until now these "political" activities have been more global and were rightfully handled by the BCFFF and BCWF. This time we should be more involved.

I feel that we, especially myself, need to approach this with some caution. I am not an activist and have never had any experience with it. Carrying placards in front of cameras and politicians is not part of my psyche but I will support the right action done by the right people. If the membership needs a signature on a petition or letter, I will be there.

This caution needs to be extended to our meetings - especially the general membership meetings. It would be a shame to become bogged down in long debates over these issues. Many clubs and societies have failed due to wrangling over how to deal with these sorts of problems. I feel that if issues such as these are put on the agenda, it should be in the form of either a choice of carefully researched action or a resolution. If a brief discussion brings out other alternatives, then it should be referred back to committee for further research and revision. This may appear to be a timely process but our club has lively, jovial meetings and why disturb a good atmosphere?

Your "I'd rather be fishing" President,

Bernie Heinrichs

Program

February 27, 2007: Pat Micek's presentation is "Cutthroat Trout and Steelhead".

March 13, 2007: "Flies and Lies" fly tying and socializing at the Ukrainian Hall.

March 27, 2007: "Forage Workshop" by Bob Sheedy's. This will be a longer presentation therefore, there will only be no business meeting other than announcements and a draw at the break. Bob's website is: www.mwflyfishing.com.

April 10, 2007: Fly Casting Clinic at Long Lake followed by a review in the Ukrainian Hall.

April 24, 2007: Peter Morrison: "Fly Fishing Salmon"

May 8, 2007: Fly Casting Clinic at Long Lake followed by a review in the Ukrainian Hall.

May 22, 2007: Andy Sneddon: "Control Depth Fishing"

June 26, 2007: Fishout and picnic at Westwood Lake.

September 25, 2007: Our own Bob Leverman will be presenting "Match the Hatch"

November 27, 2007: AGM then Election of Executive and Directors

December 1, 2007: Christmas Dinner and Auction at the Legion Hall in Lantzville.



Bob Crampton's Environmental Study



Bob's first stop was at Morgan Lake. This lake is doing well with at least one rainbow over 25"



The other scientist on this expedition was Chris Shelly. This 25 in. specimen for the study was retrieved from Island Lake.

Snore Stick

Another gentleman on this study had a snoring problem. After he was told that the stick next to his bed was a snore stick, the problem was cured.



Events and Services

Mid Month Gathering

The Ukainian Hall is booked for the second Tuesday of each month for fly tying (bring your own tools and materials), rod building, demonstrations, help with fly tying/fishing and mainly socializing.

Pub Lunches and Fly Tying

At 11:30 am every 1st and 3rd Wednesday at the Wellington Pub (half price specials). This is getting so popular that there are some who lunch there every Wednesday.

The afternoon fly tying is back for the winter again this year. They are held every 1st and 3rd Wednesdays (not the 3rd Wednesday in December) at Gerry Stevens, 620 Hawkins St. after the pub lunch at approximately 1:30 PM. The demonstrator and his fly pattern will be announced by email.

Club Library

The list of books has now swelled to over 63 books.

Gerry Stevens is the custodian and he will bring your requests to the next meeting if you call him at 754-4124. Check out the list of books on our website. The link is above the calendar on the newsletter page. There will be some lists available at the meetings.

Book Reviews

Are you looking for ideas for an article for the newsletter? How about a book review? It could be one from our library, your favourite fishing book, a fly tying book or whatever.

Fly Fishing Pink Salmon DVD

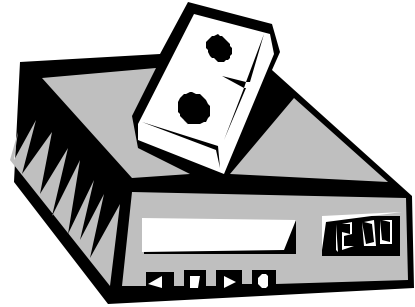
Filmed and produced by Steve Wawrykow of "on the water" action and other club activities.

The panel discussion portion reveals the secrets of success by our own expert members and is loaded with tips.

They can be obtained from Steve at 754-3650 or at the next meeting for \$20.00 (\$15.00 will be donated to fish enhancement).

List of Videos

See Ed Tremblay, 245-8552, to Check These Out



Note: Some of these videos are also now available in DVD format.

- 12 FLY FISHING MAGAZINE – OLYMPIC TROUT & STEELHEAD
- 13 THE ESSENCE OF FLY CASTING – MEL KRIEGER
- 14 FLY FISHING STILLWATERS – ALF DAVIES
- 16 SURVIVING THE HOOK – D.F.O.
- 17 RELEASE 'EM RIGHT – D.F.O.
- 21 TROUT FISHING – STEVE WAWRYKOW, IWFF
- 23 STEELHEAD FISHING – IWFF
- 27 MAGIC OF FLY FISHING – STORIES OF MANY TRIPS
- 34 DUBBING THE LOOP WITH ROOTS
- 35 TYING BASS FLIES – IWFF
- 37 BASS – THE 99% SOLUTION – FISH'N CANADA
- 40 THE RIVER OF NO RETURN – IWFF REPORT
- 42 25 FISHING LAKES – MERRITT TO KAMLOOPS
- 43 - 1 NORTHERN LAKE TROUT – FISH'N CANADA
- 43 - 2 FLOATING FOR GATORS – FISH'N CANADA
- 43 - 3 LARGEMOUTH BASS – FISH'N CANADA

ELEMENTARY ENTOMOLOGY & O. MYKISS

WRITTEN BY THE CHALKBOARD
TROUTIST

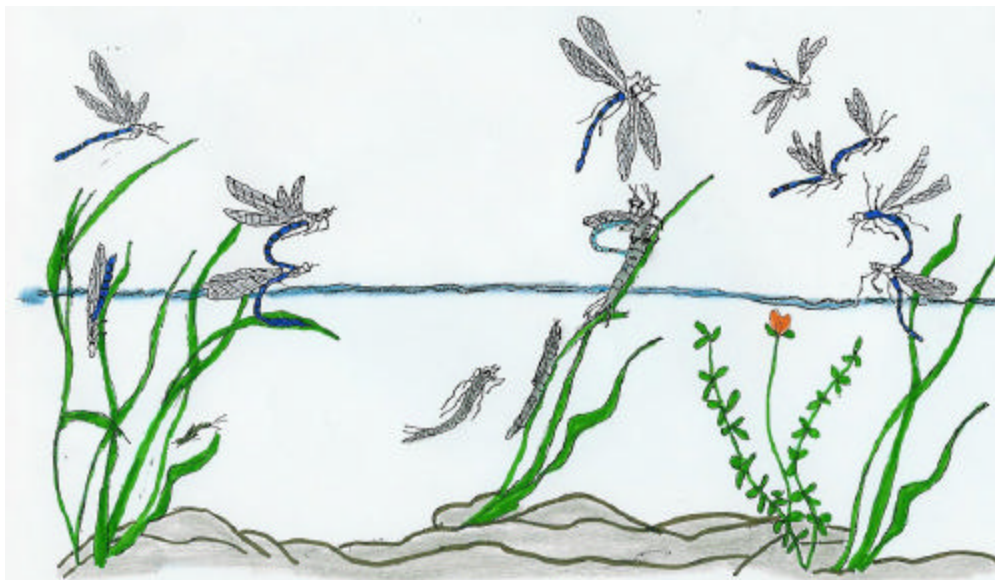
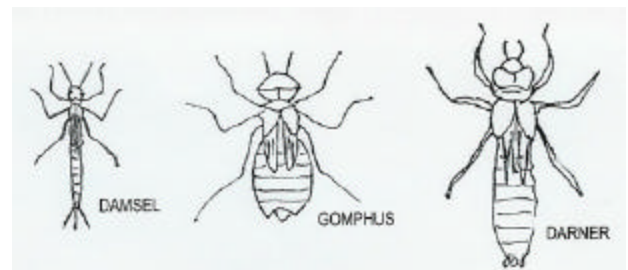
PART SEVEN - THE DAMSELS AND DRAGONS

Damsels and dragons – sounds like the name of a teenager’s fantasy board game. But tie one of these nymphs on the end of your line and you’ll be anything but bored! Trout will, opportunistically and occasionally, take one of the adults too, but it’s the nymphs that get the action, and it’s almost year round.

These aquatic insects have incomplete metamorphosis; that is, they go from egg to nymph to adult. The “emergence” from nymph to adult occurs in the air, after the nymph crawls out of the water. These hatches are summer ones, with the damsels often coming off in early summer and the dragons, overlapping, but generally after that by about mid-summer. Following is a diagram of the life cycle of the damselfly. The dragonfly cycle is not shown as it is similar.



Damselflies and Dragonflies are closely related, and sometimes confused with each other. The dragon adult is larger, flies higher, and when it lands it continues to hold its wings straight out to the side. There are other differences as adults but these should do for the fly fisher. The diagrams that follow show these differences:



The nymphs should not be confused with each other. The damsel nymph is a delicate, slender nymph that swims with a slow wiggling motion – just like a salamander. It is shades of olive or dirty yellow, but during the “hatch” the damsels are often a very pale olive – almost a washed-out color, and they concentrate in the top 3" to 6" of the water column and “migrate” towards anything that they can climb out of the water on. To get an idea of their focus, try to get away from one when it decides that your float tube would make a good platform! Kick at your usual pace and watch it swim after you. Notice how far it swims before it pauses. Remember this for your retrieve, and compare it to the angling author-experts who advise painfully slow retrieves with pauses. Notice that the nymph swims to that top few inches of water and then head generally towards shore: this should tell you where to position your boat or tube during the hatch. That’s right – right up against the weed-bed, cast out and retrieve in towards it. Try a few casts along the edge of the weeds as well. The painfully slow and pausing retrieve is for use at all times other than during the migration; at which time the nymph should be fished deep and anywhere from the open water to right in the weeds; but focus on the area just outside the reeds and weeds.

Many patterns call for 3x for longer hooks; but a word of caution – watch out that you don’t eliminate all the motion your fly should impart. Your patterns should be tied sparsely and should impart motion. Since they are taken by the trout while they are swimming, the motion is thought to be an important trigger. What may also be a trigger on both dragons and damsels are the eyes, so take the time to tie them in. Make them prominent.

Trout will take the nymph and, yes, they will also take the adult damsel if it gets too close to the water. During a hatch when the damsels are emerging by climbing up the reeds, trout can be seen “bumping” into the reeds to knock the emerging damsels into the water! Remember that emerging or recently emerged adults are paler in color than they are within a short time of becoming an adult. Carry a few bright-coloured adults with you anyway if you expect a damsel hatch will be in progress.

Dragon nymphs don’t look at all like damsels and are primarily of two types: the slender Darner and the much more robust Gomphus. Actually, we refer to all of the families of more robust dragons as “Gomphus” but they aren’t really. In fact, not even most of them are! However, since the behaviour is the same and we have trouble differentiating without a magnifying glass, what difference will it make to the trout what we call it?

The important thing to remember is that the two types, being the swimmers (Darners) and the sprawlers (Gomphus), look and behave differently, although both “swim” by jet propulsion. They take water in through their mouth and expel it through their anus – just like Uncle Dan!

The slender Darner jets around throughout the water column looking for food. It is a predator of other nymphs, larva of other insects, even small fish, and realizing this helps determine how to tie and fish your pattern. Where will the most food sources be? That is where you will find this ferocious hunter. Keep it slender and retrieve it in long, relatively quick, pulls with pauses in between. Tie it in shades of dirty olive through brown, with the underside a lighter colour. Remember that, unlike damsels, these swimmers don’t wiggle, so there is no need for long marabou plumes for tails. You might want to consider tying some out of floating materials and then fish them on a full sink line. The result is that the fly stays off, but near, the bottom.

The wider, flatter, shorter Gomphus tends to hide in the muck and feed by ambushing its prey by using short quick bursts of jet propulsion. It is well camouflaged so tie your patterns in colors to match the muck – usually shades of dirty dark brown or olive-brown, and fish them by allowing your fly to sit right on the bottom, hopefully on a patch of marl or other almost weedless area so you don't hang up too often, and give your fly a short quick tug on the line, pause, short tug, pause, short tug, pause, and so on.

Fly pattern books are full of good patterns: just remember to make your damselfly sparse, exaggerate the eyes, and make it out of moving materials. With the dragons, make the Darner slender and the Gomphus robust and flattened. Again, exaggerate the eyes. Never go to any new lake anytime from the first of June to the end of July without at least a few of each in your box.

Fly Rod For Sale



LOCHMOR-X (made in Scotland) 9ft #6 fly rod, with case, like new condition. \$99.00. (Not exactly as illustrated). Call Doug Winters at 758-7303.

Weekly Pub Lunch

Ray Garton, left, Doug Winters, Jim McEwen, Steve Wawrykow and Ray Honig discovered that the weekly pub lunch was so popular that day that they could not find room at the main table and had to start one of their own.



Spring Dinner

The spring dinner for the IWFF is April 21 at the Nanaimo Golf Club. This room seats approx. 35 so the first 35 who book and pay for dinner get in. We have to know what dinners the members want and they need to be paid in advance. There are 3 choices for dinner ROSEMARY STRIPLOIN STEAK with RED WINE SAUTEED WHOLE MUSHROOMS, or HONEY CORIANDER ROASTED CHICKEN SUPREME with ASIAN SLAW, or PRAWN & SCALLOP LINGUINE with FRESH BASIL PESTO SAUCE, these are our only choices. The Appetiser is ORGANIC GREENS with RASPBERRY VINAIGRETTE, and the Desert is NEW YORK CHEESECAKE with WARM CHERRY SAUCE. Jack needs to know who is going and what they want for dinner. The cost (which was voted on) is \$23 per person. To simplify the process, please pay Jack or Elena Toomer by cheque payable to the "Island Waters Fly Fishers". The golf club needs the menu selections and how many two weeks before the dinner date.

Guest Speaker

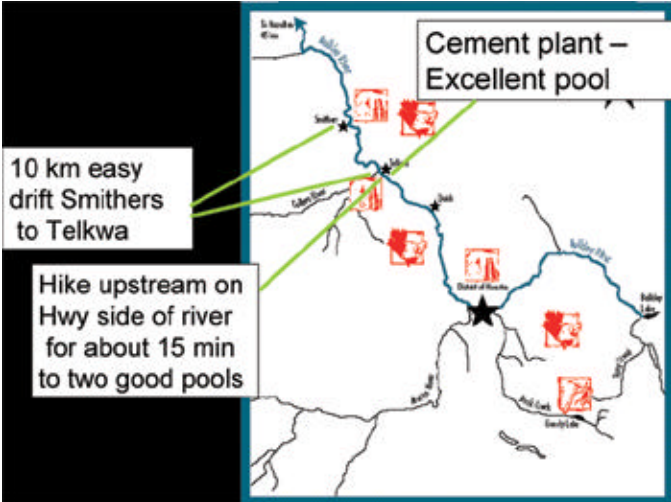
Harlan Wright setting up for his informative presentation at the January 23, 2007 meeting.



Harlan Wright presented his steelhead experiences in the Bulkley/Kispiox and the Dean River systems of NE B.C. If you are after steelhead salmon these are the areas to fish.



Harlan’s favourite flies for steelhead and trout.



Map of the Bulkley and Kispiox hot spots.



"I don't know about you, but I hate constantly repacking the chute for my parachute patterns."

Your Dues are Due

at our February Meeting

**Some pay their dues before they are due
Some pay their dues when they are due
Some pay their dues after they are due
How do you do?**

January Meeting



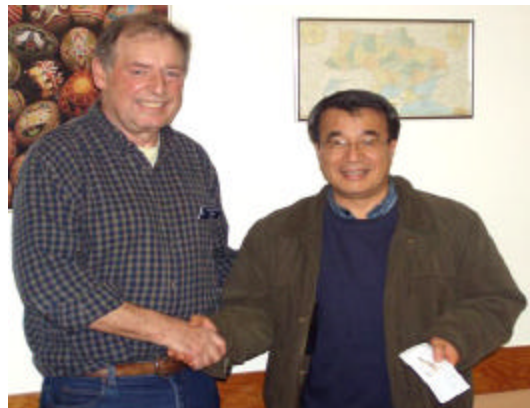
Your hard-working executive: Frank Perilli, left, Ron Moll and Harold Tining

Jack Toomer, Entertainment Committee Director, announced that they are looking into the Nanaimo Golf Club for our Spring Dinner. You would never know by looking at him that he has just recovered from surgery and treatments. Atta boy Jack!



The crowd pleasers during the Gilly were Ron Busche and Larry Miller. Why do the retired teachers always dominate the floor?

Welcome



Ron Moll introduced guest Bruce Murdock and new member Mas Iwasawa. Welcome aboard guys. Ron did a great job chairing the meeting - thank you.

Winners



Jack presents Mike Orr with his winnings of the Fly Draw.



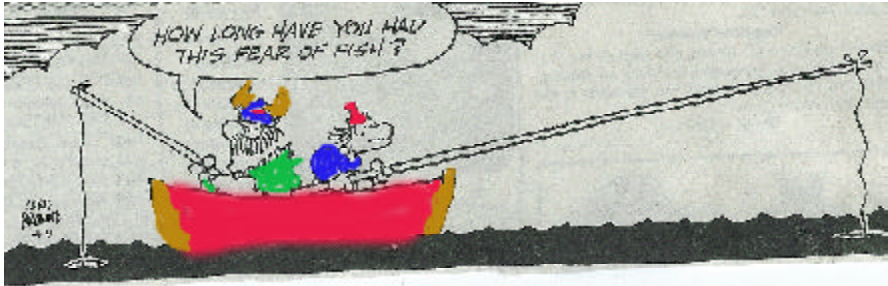
Ray Honig, Gilly, presents Mas Iwasawa with his winnings from the Gilly Draw. Nice way to start a, hopefully, long membership with us.



Earl Stevens was tickled with his runner-up prize from the fly draw. The Editorial staff of the Newsletter made an executive decision to remove a sexually referenced pun from the reporter's description of the item in this photo. Earl momentarily gave up his camera for this shot - thank you for the great photos.



We do not recall ever seeing Doug Winters collecting a prize. Welcome to the winner's page anyway, Doug.



Biography for Pat Micek, Guest Speaker for February

Pat came to love British Columbia while traveling to and from his wife's hometown of Calgary. When an interesting position surfaced in Victoria for his wife, his family decided to move to BC. During the first two years in Victoria Pat was able to fish over 100 days a year on the island while his wife acted as the soul breadwinner; a tough job for Pat, but someone had to do it.

For the past 34 years Pat has averaged 75 days a year fly fishing and many days working to teach the art of fly fishing to others, and to protect and enhance fisheries. This passion for fly fishing began to grow in Pat at age 23 when his younger brother introduced him to the sport as an accompaniment to his backpacking and rock climbing in the Sierra Nevada Mountains of California. Little did his brother know that he would dramatically change Pat's life.

There are few rivers on the Vancouver Island that he hasn't climbed in and out of during the last 12 years, so he has a wealth of experience packed into a relatively short period of time on a substantial number of rivers. There remains a half dozen or so rivers he still has on his list to visit.

Pat has fished many prime waters of western North America. Pat cut his teeth on rivers in California like the Kings, Merced, Sacramento, Fall, American, Trinity and Mcleod. He has over 25 years of fishing experience in Montana where he has fished the, Madison, Missouri, Yellowstone, Big Hole and Beaverhead Rivers just to name a few. He also has many years of fishing Idaho streams like the Henry's Fork River, Silver Creek and the Big Wood River. His trips to the Umpqua, Deschutes, Williamson, and Klamath Rivers of Oregon pulled him toward new opportunities. He has extensive experience on the Bow River.

Much of Pat's love for the sport of fly fishing is found in the time he spends off the river. He has been the past President of the Fly Fishers for Conservation, Conservation Chair for the Southwest Council of the Federation of Fly Fishers, Co-Chair of the Committee to Save the Kings, Founder and Chair of the Lower Kings River Committee and Wildlife Council member. Over the past 25 years he has been a fly fishing and tying instructor. He is currently the Vice President and Fisheries Chair for the BC Federation of Fly Fishers.

Pat spends non work time with his wife and daughter, fishing the rivers of Vancouver Island and helping the British Columbia Federation of Fly Fishers. Pat's work life is tied up lecturing at the University of Victoria and managing his consulting business in the areas of interpersonal business communication and organizational behaviour.

We Need Your Flies.....

For this Spring's B.C. Federation of Fly Fishers A.G.M. Our club's contribution to our parent organization has been a box of flies tied by you and other members of our society. This donation has established a great reputation and has brought in substantial bids at the auction. Please bring them to Bob Leverman at the next general meeting or at a pub lunch.



Island Waters Fly Fishers Society

Minutes of General Meeting

Held on Tuesday, January 23, 2007, at 7:15 in the Ukrainian Church Hall, 4017 Victoria Ave., Nanaimo, B.C.

Meeting Called to order at 7:15 p.m.

President Introduced new guests: Vice President Ron Moll chaired this meeting and introduced guest Bruce Murdock.

Minutes of previous meeting read: moved as read by Paul I,

by Jack T. Carried. Seconded

Treasurer's Report: Harold T. reports the club account stands at \$6659.21 with 40 paid up members We had a very successful year.

Correspondence: None

Committee reports;

Membership:

Ron M. has gone through all the Name tags and sorted out the active members from the inactive ones. He would like each member to take their tags home with them. He has also cleaned up the membership cards from way back along with making up a kit for new members. Hopefully it will be easier to keep track of them in the future.

Entertainment:

Jack T. has set up tentative dates of March 31 or April 21 for our Spring

Dinner at the Nanaimo Golf Club. The price would be around \$23.00 per person and would include an appetizer, main course and dessert He would

like the members input and will have a full menu at a later date.

Coming Events:

The swap meet proposed by Ron M. will not take place as there was not enough interest by the members to hold one.

Progame:

Ron B. has some well known people set up for the coming year. Should be very interesting.

Fly Tying:

First and third Wednesday after noon at Gerry's place, 620 Hawkins St. and every second Tuesday evening for "Flies & Lies" at the hall.

New Business:

Bob I. needs flies. for the BCFFF fly box . He would like to get an early Start on this.

New Member:

Mas Iwasawa.

Next Meeting; February 27, 2007.

Fly Draw:

Won by Mike Orr.

Meeting adjourned at 8.10 pm.