



My wife put these signs to good use! See page 6

Island Waters Fly Fishers

Email us at iwff@shaw.ca Ph 390-3266

Visit at www.iwff.ca



Meetings at 7:00 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 390-3266.

CONTACTS

- President: Jack Toomer 756-0987
- Vice President : Ron Moll 754-3978
- Secretary: Frank Perilli 390-4400
- Treasurer: Harold Tinling 758-2655
- Past President : Bernie Heinrichs 390-3266
- Directors:

 - Youth: Leo Snye 729-7242
 - Program: Ron Busche 758-2225
 - Entertain: Bob Kissinger 758-8995
 - Phone: Mike Orr 754-6184
 - Fund Raising: Tom Skilton 729-5685

- Webmaster: Mike Orr 754-6184
- Fly Tying: Ron Busche 758-2225
- Videos: Ed Tremblay 245-8552
- Library: Larry Miller 390-4495
- Gilly : Ray Honig 758-9930
- Coffee and Hall: Ray Garton 758-9215
- Newsletter: Bernie Heinrichs 390-3266

The Island Waters Fly Fishers

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

Your Dues are Overdue

At the February 25th Meeting

See page 6 for the benefits of membership

President's Message

Jack apologises for not coming up with a message this month. He got caught up in the retiree's four letter word "work". His temporary job involved 12 hour shifts in Chemainus and lasted past the newsletter's cutoff time.



Jack Toomer



Gerry Stevens, centre, was the star of this "fly tying show" when he demonstrated his Blue/Green Epoxy Head fly. Paul Inscho, right, demonstrated the Tuffleye Epoxy system which instantly hardens epoxy coatings on flies. Now if we can just figure out exactly what Gerry is showing Ron Busche.



BCFFF AGM April 25 to 27, 2008

Island Waters Fly Fishers has stepped up to the plate and has offered to host the B.C. Federation of Fly Fishers Annual General Meeting again. With the experience gained from hosting the 2003 AGM, we are determined to exceed the excellent results achieved then. The Friday and Saturday events are at the Grand Hotel, Rutherford Road, Nanaimo. The Sunday events are at the Nanaimo Fish and Game clubhouse and grounds on Nanaimo Lakes Rd.

The plans so far (subject to changes) include:

Friday

-1900 - 2100 Meet and Greet in the upper section of the restaurant

Saturday

-0900 - 1200 AGM in the Emerald Room (2nd floor).

-0900 - 1600 Trade show, fly tying and displays in the Crystal Room (main floor)

-1500 Brian Chan: "Freshwater Fisheries Society Update" then "Chironomids".

-1800 -Cocktails and view auction items

-1900 -Dinner served

-2000 Auctions

Sunday 1000 to 1400

All of these events are at the Nanaimo Fish and Game club house and grounds on Nanaimo Lakes Road. Everything is free except lunch.

-Speakers: "Fly Selection" by Phil Rowley and "Fly Rod Selection" by Peter Morrison

-Casting Analysis on Sage's computerized Casting Analyser throughout the day

-Spey Casting Demo by Courtney Oglivie

-Single Handed Fly Casting Demo by Joie Coe, FFF Certified Casting Instructor

-Casting Game Organized by Harold Tinling
Draws and prizes for participants.

Organization

Peter Huyghebaert and Bernie Heinrichs: Co-chairs

Peter: Hotel booking, banquet, meet and greet, trade show, publicity and press

Bernie: Speakers

Harold Tinling: Finances, Raffle Tickets and the Casting Game

Ron Schiefke: Auction items

Ray Honig: Contact Donors and Track the auction item winning bids for payments

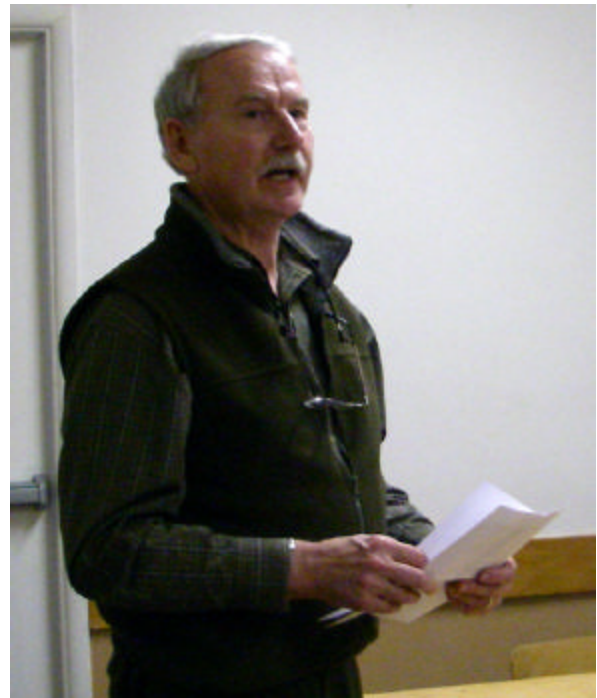
Jack Toomer: Sunday events

Bob Leverman and Ron Busche: Organize fly tying demonstrators, Trade Show Displays

Steve Wawrykow: Maps

Mike Orr: Web site and dinner tickets

If you have any suggestions, please call the applicable person from the above list.



Peter Huyghebaert updates the members on the status of the BCFFF AGM

Newsletter Award



Jack Toomer, right, presents the Newsletter Award to Jim McCoy for his article, The Alder Pool, in the April, 2007 edition of the Newsletter. Jim thanked the “Academy” for the honour.

Bruce Richman told us about his exploits chasing steelhead on the Stamp River during our “Gilly”. Only two others talked about fishing this time but that will change when we get to the Spring meetings. Thanks again for the work you did, Bruce, in ordering the fine caps with the club logo on them.

IWFF Youth Program

Leo Snye updated us on the youth program that he has organized with the Dover High School. It will be a part of their outdoor extracurricular activity to be held Thursday afternoons for approximately 27 grade 11 students (Feb. 19, Feb. 28, March 6, and March 13, 2008).



Three stations will be established to offer fly tying, fly casting and fly fishing basics. About 14 IWFF members have offered to help in training and demonstrating. If you have an older fly casting outfit, vices, bobbins, time, ideas etc., please call Leo at 729-7242.



Most of the members were very pleased when Harold told us that the club earned \$1.33 in interest since our last meeting in November.

Winners



Harold looked around for an honest face to pull a ticket for the fly draw. Why did he bypass Jack?



The runner-up prize, wet suit gloves, went to Bob Leverman. He proudly wore them the following day to the weekly Pub Lunch at the Wellington Pub.



There was no surprise at the fly draw - just amazement as Bob Kissinger claimed his fourth win of the flies in the last year. That does not include his other winnings. Mike Orr even tried to thwart him off by jumping que when the two lined up to buy the tickets. What's next Mike?



Ron Busche, left, collects his winnings of cash from Ray Honig who conducted the Gilly. Ron is now satisfied that these draws are truly not fixed - but are the rest of us as reassured?

Guests



Roy Sorensen welcomes guest, Mo Allen.



Jim McCoy introduces his guest, Ken Stoddard.

Membership Dues are Overdue

Ron Moll will be accepting membership dues at the next meeting. \$40.00 for renewals and \$50.00 for new members. Nobody can recall the last time the price was increased! This year you will not only be getting your new card - you will be receiving the new club decal.

-New fly fishers can recoup this fee from the discounts that many of the tackle shops give.

-Remain on the email list which reminds you of the fun activities, new newsletters, meetings and other information.

-Dinners, BBQ's, Picnics and other Events.

-Fishouts and learn where the fish are biting.

-And, most importantly, fellowship with kindred spirits.

Program

February 26, 08: A representative from the Department of Environment, will be updating us on the trout stocking and fish enhancement program for Vancouver Island.

March 25, 08: Andy Sneddon, "Warm, Salt Water Fishing".

April 22, 08: Ian Forbes, "The Nitinat".

April 25 - 27, 08: BCFFF AGM.

May 27, 08: John Beaven, a Canadian Fly Fishing Championship Team Representative, will come up with an informative presentation.

June, 08: Larry Miller and Ron Busche, club picnic.



Bob Kissinger has 50 of these printed up and will be bringing them to the next meeting for distribution to your favourite lakes and streams. The directors also suggested that everyone records the amount of garbage that they clean up and report that amount to Bob. Let's see how much we get at the end of the year!

Wednesday Afternoon Fly Tying Schedule

February 20: Bob Kissinger's Pink Shrimp

March 5: Bob Leverman's Dry Fly

March 19: Peter Huyghebaert's Spun Deer Hair Fly

These sessions are held every first and third Wednesday afternoons at about 1:15 PM after the Pub Lunch at the Wellington Pub. Bring your fly tying tools and tie one on or sit back and enjoy the coffee and goodies.

Evening Fly Tying and other Activities

Would you like to tie flies in an evening session? Attend casting clinics? Still working but want to have the same fun as the retired members? The Directors are concerned that some member's needs are not being met. We want to hear from you and see what can be done to make this club an even more encompassing organization. Bring your ideas to the next meeting and we will work on it.

WANTED

12 FT. Sportspal Canoe. Call Ron at 758-2225

Guest Speaker, Frank Dalziel: Coastal Cutthroat Trout



Since 2005, Frank Dalziel has been coordinating the Malaspina Coastal Cutthroat Trout Pilot Project on the East Coast of Vancouver Island. This project, with contributions by the IWFF, involves hiring students from the University's Fisheries and Aquaculture Department to assess the state of the coastal cutthroat. This is done mainly by catching them, taking length and weight measurements, recording whether they are of wild or hatchery origin, taking scale samples, checking the state of their health and then releasing them. Creel surveys, which focus on cutthroat trout and pink salmon, are also carried out.

Frank's involvement with this program consists of training the students on how to catch trout, safely measuring the fish, and recording and analysing data which will be used later by fisheries managers to manage the tidal water cutthroat trout fishery on this part of Vancouver Island. He does a lot of fishing in this process, logging all catches, tide and weather data which are later recorded on spread sheets. A tough job but someone needs to do it! Actually fishing as a job is quite different than fishing for pleasure. When being paid, like a guide, there is always pressure to produce results and to do a good job. No sleeping at the beach for this crew since there is always something that needs to be done!

Obtaining meaningful data is hard work. To date, results have shown that an experienced fisher can catch 3 to 4 times as many fish as a novice, and the rate of catching fish can be as low as one fish every 2 to 3 hours fished for the experienced fisher; and many more hours are spent to catch a cutthroat trout by novice fishers!

This is all very timely work because populations of sea-run coastal cutthroats have declined. Healthy populations of wild fish is what the participants in this program hoped to find. However we live in a growing urban area and the very small streams that wild cutthroat trout need to survive the first two or three years of their life can be seriously impacted and sometimes destroyed by growth. Very small streams are vital to sea-run cutthroat trout for the first part of their life and these are the streams that are being lost to housing, agricultural or industrial development.

To conclude, protection of existing habitat is a critical first-step to the survival of sea-run cutthroat trout. The study also indicates that careful stocking of large sea-run cutthroat trout smolts (catchables) is needed near urban areas to maintain fisheries. Hopefully this work will help to promote the re-establishment of healthy runs of sea-run cutthroat trout along beaches so anglers can, again, have a reasonable expectation of catching a tide-water trout.

Frank apologized for running the presentation into over time but, as he stated, "It is difficult to contain oneself when you are so passionate about a subject." Thanks again Frank



Spring Banquet

Main Banquet Room, Nanaimo Golf Club

Saturday, April 5, 2008: Cocktails 6:30, Dinner 7:00 PM

\$30.00 per person, including gratuity, payable in advance to Bob Kissinger: 758-8995

Please select one of the following before payment:

1. Honey Coriander Chicken Supreme
2. Rosemary New York Strip Steak with Red Wine and Mushroom Demi
3. Prawn and Scallop Pesto Linguini

All of the above includes salad, cheese cake and coffee/tea.

Sparse Stickle

As tied by Frank Dalziel



- Hook: Tiemco 9394, no. 4 – 10
 - Thread: Black
 - Rib: Silver wire
 - Body: Silver mylar, or other body material of choice.
 - Tail/Back: 2-pairs of grizzly saddles, back to back, tied down at head and tail.
 - Lateral line: 1 strand of Krystal flash on each side.
 - Use silver wire to lash down grizzly along back of fly “Matuka” style.
 - Throat: Red Fluorofibre
- Note: This fly should be very sparse when finished. I use it instead of a Murray’s Rolled Muddler (which is an excellent fly as well). Murray’s Rolled Muddler may be a bit more durable.
- I have caught cutthroat, Coho, pinks, etc. while using this fly. It is simple to tie, no epoxy, but takes a bit of practise to get used to tying Matuka-style flies.

More Fly Fishing/Tying Sites

These websites were provided by Norm Neiderer, Comox Valley Fly Fishers. Thanks Norm.

<http://globalflyfisher.com/sitemap/> This site has more info than probably all the other sites put together.

<http://www.flyangleronline.com/> Another great site.

<http://www.fishbc.com/> Fish BC

Fishing Forums:

<http://forum.fishbc.com/index.php>

<http://www.flybc.ca/forum/index.php>

<http://www.hitsunlimited.com/fish/100topflyfish/frames0.html> 100 best sites

<http://sfof.com/main/Home.10.0.html> They have a tv program Saturday morning

<http://www.anglingbc.com/bcpage.html> links around BC

Fly Patterns:

<http://www.virtualflybox.com/index.php>

<http://flytyingworld.com/flyindex.shtml>

<http://www.ultimateflytying.com/>

<http://www.westfly.com/patterns/patterns.shtml>

<http://www.akflyfishers.com/index.html>

<http://www.guidebc.com/flypatterns.asp> (B.C.)
<http://www.mustad.no/action/flyofthemoth/archive.php>

<http://www.danica.com/flytier/>

<http://www.danica.com/flytier/patternindex.htm>

<http://www.flyfishnw.com>

Aquatic Insects

<http://www.troutnut.com/>

Events and Services

Pub Lunches

Come out to the Wellington Pub on Victoria Ave. every Wednesday from 11:30 A.M. to late noon. Guests and new members are especially welcomed to join this very informal gathering.

Club Library

The list of books has now swelled to over 85 books.

Larry Miller is the custodian and he will bring your requests to the next meeting if you call him at 390-4495. Check out the list of books on our website. There will be some lists available at the meetings.

Fly Fishing Web Sites

www.iwff.ca

Our club's site containing past issues of the newsletter, fly patterns by our members and library books. It also has a link to our Message Board where members post their exploits and follies.

www.bcfff.bc.ca/

This is the site of the British Columbia Federation of Fly Fishers our parent organization.

www.gofishbc.com/

The site of the Freshwater Fisheries Society of B.C. They are responsible for stocking the lakes all over B.C. Check out their stocking statistics for local lakes and many in the interior of B.C.

www.anglingbc.com

This is the most popular site in B.C. and covers fly fishing, articles, gear, fishing reports, best tackle, fishing clubs, books, forums, resorts etc. for lakes, rivers and salt water.

www.bountyfishing.com/blog/2007/08/07/27-aquatic-lifeforms-you-never-caught-while-fishing/

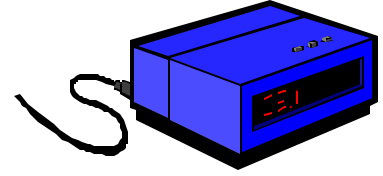
Paul Inscho found this one and it is well worth typing it into your browser

www.islandbestbuy.com is a new, local site

Please send us your favourite site.

List of DVD's

See Ed Tremblay (245-8552) at the meetings to check these out



Casting DVD's

Introduction of Spey Casting
Spey Fishing Steelhead
The Art of Spey Casting
Joan Wolf: Dynamics of Fly Casting

Fly Tying DVD's

Brent's Top 10 Lake Flies
Streamer Flies for Trophy Trout
Fishing Still Waters Shrimp and Leeches
Tying the Classic Salmon Fly
Expert Techniques Tying Fly Patterns
Fly Tying: The Anglers Art #1 and #2

Fly Fishing

The Trout Bum Diaries
Top 85 Tips on Fly Fishing for Trout
Expert Techniques for Stillwater Fly Fishing
Fly Fishing 2 and Matching the Hatch
Fly Fishing Large Western Rivers - Winter
Fly Fishing Large Western Rivers - Summer
Fresh Water Fishing Society & Trout Fishing
Successful Fly Fishing - Casting Techniques
Successful Fly Fishing - Salmon, Brook Trout
New Fly Fisher #1
Fly Fishing Salmon
Matching the Hatch
Casting Shadows #1 and #2
Magic of Fly Fishing - Cowichan River

There are also numerous DVD's produced by IWFF on Fly Tying, Fishing Techniques, Casting, etc

We still have the video tapes as listed in previous newsletters.

Comox Fly Fishers



The Royston Hall is the scene where the Comox Fly Fishers meet to tie flies for two Fridays each month. From 12 to 20 tyers spend most of the day and a few of them (us visitors included) spend two hours of that in the local pub at noon.



Norm Neiderer takes time from his organizing duties and draws to sit down and actually tie a fly!



Jack Toomer and Harold Tinling, visitors from Island Waters Fly Fishers, take in a few hints on tying Tom Thumbs.