



July 2012

Volume 12, Issue 3

The Cowichan FlyFishers Association is a non-profit society based in Duncan, B.C. The purposes of the Club are:

- To promote fly fishing and the use of artificial flies on all waters
- To support and encourage the preservation, rehabilitation and development of lakes, rivers, streams, tidal waters and wetlands as fish habitat
- To submit views and recommendations to any governmental body or private agencies as the Association deems necessary to safeguard or enhance the interests of fish, parks and/ or outdoor recreational resource values, and
- To support governmental bodies wherever possible in projects that are intended to preserve or enhance sport fishing opportunities generally

Executive for 2011

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Poppelstone

Secretary - Laura
Chilcott

Treasurer - Maggie
Davenport

Past President -
Donovan Lynch

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devina@teddystackle.com



Our Kids Learn to Fish Day was held on May 5. Thanks to our organizers, Jim Block and Maggie Davenport for all their hard work in making this event another resounding success! Thank you also to Kathy Chilcott for working with the volunteers, Peter for giving people breaks and refreshments, and all the volunteers who worked at stations. We had many club members and their friends and relatives show up as well as neighbours and other fly fishers who were happy to help out. What a great day! Thanks to our crew at the dock and especially to Kenzie's creative fly tying skills, most kids caught a fish this year.

Above Brooks McKenzie and his dad, Ross show up Brooks' fine catch. Grandpa will be teaching him to tie flies before we know it! See more photos from Learn to Fish in this issue.

Cowichan Fly Fishers 2012 Schedule of Events	
Thursday, July 5	Tying night for pink flies
August	Cluxewe - fishing for pinks
Thursday, Sept. 6	Business meeting
Thursday, Sept. 20	Andy Sneddon - Pike fishing
Friday, Sept 28-30	Salmon Point fishout
Thursday, Oct. 4	Business meeting
Thursday, Oct. 18	Tying coho flies
Thursday, Nov. 1	Business meeting
Thursday, Nov. 15	Annual Auction
Thursday, Dec. 6	Business meeting
Friday, Dec. 7	Annual Banquet and Awards night



Club members have been out and about on many Vancouver Island lakes and rivers this Spring and early Summer. Quite a few of us have been on fishing trips to the Interior of the province as well.

At left Frank Norris holds up a beautiful 24 inch rainbow trout before releasing it into a favourite local lake. According to our photographer, Norm Evans, there was an eagle after Frank's fish just moments before this picture was taken, hovering over him like a seagull.



Wyatt has a nice fish at left. Above Clayton and Ken prepare rods on the dock. Glen is sure this is Ken bait fishing!



At right is Uncle Peter's craft table!

Fly Patterns for Pink Salmon - by Clayton Smith

Hot Spot Trace

Hook : Mustad 3366 size 8-10 or comparable

Thread : 6/0 Hot Pink

Rib : 6/0 Hot Pink Thread

Body : Pearl Diamond Braid

Tail/Shellback : Pink/Purple/Grey, Krystal Flash blending



The Slug

Hook : Mustad 3366 size 8 – 10 or comparable

Thread : 6/0 Hot Pink

Rib : 6/0 Hot Pink Thread

Body : Pink Sparkle Chenille

Tail/Shellback : Cotton Candy Angel Hair

The Slug Step By Step (Tied the same for the Hot Spot Trace)

1. Tie in thread to base of the hook shank
2. Tie in a length of angel hair two and a half times the length of the hook shank
3. Tie in your chenille, and palmer forward to the eye of the hook and tie down
4. Pull the angel hair back over the chenille to the back of the hook, wrap thread creating an even rib, whip finish at the back of the hook
5. Wrap the thread back to the eye of the hook, completing the rib
6. Form an even thread head, whip finish and apply head cement if desired

What's in a name?

For those of you who don't know, Gerry Wellburn was instrumental in the development of the Forest Museum (now know as the Forest Discovery Centre) as well as logging in the Cowichan Valley early in the last century. In 1936 or 1937 Gerry and a forester got dropped off by the train in the Burnt Bridge area of Shawnigan Lake. The two hiked up over the Koksilah Ridge cruising timber. They came across Lois Lake and as both the forester and Gerry had daughters named 'Lois', they decided to name the lake after them.

Lois Phillips, nee Wellburn, celebrated her 90th birthday in May of this year. This Lois is still going strong as is her name-sake lake.

- submitted by Kathy Chilcott

COWICHAN FLY FISHERS MEMBERSHIP - JULY 2012

Name	Phone
Allred, Barry	250-748-3929
Bell, Roy LM	250-745 6261
Block, Jim	250-743 8070
Block, Josh	250-743 8070
Bossons Art	250-246 4016
Brookman Devina	250-246 9704
Brookman Ted	250-246 9704
Chilcott David	250-746 4870
Chilcott Kathy	250-746 4870
Chilcott Laura	250- 710 4311
Claxton, Dave	250- 748-7129
Colbourne Guy	250-748-6641
Combs Kirk	250-746 7193
Combs Carol	250-746 7193
Combs Terry	250-746 7193
Cuthbert Kenzie	250- 749 4200
Davenport, Maggie	250- 743 8070
Dean Sylvia LM	250-745 6261
Dupont, Del	250-743-4457
Evans Norm	250-743 4717
Forge Brian	250- 715 0145
Forge Glenn	250-748-7530
Fuller Mike LM	
Giles Bob	250-477 4566
Hickling Ross	250-246 4552
Irving Leanne	250- 709 2340
Irving Chris	250- 709 2340
Jacques Ken	250- 748 0221

Name	Phone
Kopp Bob	250- 748 1887
Magee Paul	250-924 8892
McConnell Nikki LM	250- 246 9585
McKenzie Norm	250- 748 1797
McLeod Brian	250- 743 2739
Milne Doug	250- 246 5416
Morgan Lyn LM	250- 743 5792
Nadeau Mike	250- 416 0032
Newmeyer Glen	250- 416 0608
Newmeyer Sue	250- 416 0608
Norris Frank	250- 210 0255
Pannell Norma LM	250- 743 4484
Polson Norm	250- 743 4832
Popplestone Dennis	250- 246 9855
Ramshaw Dennis	250- 746 5490
Ramshaw Sharon	250- 746 5490
Schinbein, John	250- 749 4465
Schinbein, Linda	250- 749 4465
Schwarz Peter	250- 246 3354
Smith, Clayton	250- 710 6495
Stroulger Trudy LM	250- 746 4884
Sutton Alf LM	250- 746 8271
Thorne, Ken	250-246-9573
Van Driel, Len	250-748-4718
Vessey Bob	250- 749 3748
Villeneuve Cathy	250- 743 7853
Villeneuve Gilles	250- 743 7853

Fishy Tidbits #7 - by Kathy Chilcott

A little Fly's Observations



~ WOW! It sure has been busy since the last newsletter: derbies, campouts, bocce, Kids Learn to Fish, Mothers' Day, fishing, tying, and the other stuff that we all do in late spring/early summer (gardening, yard work, etc).



~ Kids Learn to Fish -huge success again! **'We done good'** -We had close to 200 kids, who kindly spaced themselves out throughout the day. The changes in organization and operations that were made helped the day go along without a hitch! Kudos to all that were involved with special thanks to Maggie & Jim for their year-round work behind the scenes!



~ I think we all have adapted or used things for something other than what they have been designed for, sometimes very creatively and successfully. However, one club member found out that Rub A535 **DOES NOT** work well as toothpaste!



~ This year the sun seems to be playing 'hide-and-seek' with us, so when it does come out use caution when exposing 'lily-white' limbs, especially while on the water! Remember: Cover up, put a cap on, and use sunscreen!



~ 'The Baggy Night' went well, with about a dozen tyers participating. A great variety of flies were produced within the 20 minute span. I think everyone would agree that the most unusual tying product provided was a strip of dryer lint!



~ The Bear Lake Fish Out/Camping at Cowichan Wilderness Lodge was very well attended this year! There were just over 20 campers, about 25 fishing, and about 35 for supper and Bocce! Seven Bocce teams vied for the honor of taking the 'coveted' trophy home - with Dennis Popplestone's team being the winners!



~ I have finally been out in a pontoon boat fly fishing and love it! Three times now (yes I can hear some of you chuckling!) and I have caught fish TWO of the times I was out! YAY! I think I am officially addicted! Now I need to get some flippers and for some reason, David says I have to tie some flies **for myself** ----hmmm, I think it might be easier to raid his boxes for some of the flies that I have **already** tied!



~ Have a safe summer and fun-filled summer!

Tom McConnell Derby - Fuller Lake - May 12, 2012

- by Ted Brookman

Today was a day for those of us who knew him to celebrate Tommy. As a Fly Club, we hold the Tom McConnell Trout Derby on one of Tommy's favourite lakes, Fuller Lake. For those new to the club, Tommy was our treasurer, mentor and most of all, our friend. Tom always saw the bright side, always encouraged us, even when our flies looked like sh**! So, today I fished with a rod built by Tommy (for Devina) and a fly tied by Tommy. Yes, a Muddler Minnow!

Biggest fish was caught by Brian Forge. Ken Thorne got to keep the hat as first place finisher with the most points. Dave Claxton was again runner up. Ken and Dave, by themselves probably caught more fish than the rest of us put together!

The day was glorious. The food was great. Thank you Sylvia for cooking and Jim for bringing the barbecue up. (The raw onions on the hamburgers were extra good.)

There seemed to be a lot of us on the lake: Bob Vessey, Dennis Popplestone, Bob Giles, Ken Thorne, Kirk Combs, Carol Combs, and Roy Bell. Frank and Peter did not fish but showed up to encourage us all.

I believe a good day was had by all!

- Ted Brookman



At left, Dave Claxton brings in another fish while Frank Norris watches from shore.

Next page, Roy Bell, Carol Combs with Sam, and Bob Giles all enjoy the day at the Tom McConnell Derby.

Thanks to Ken Thorne for these fine portraits.



Baggy Tying Competition - May 17

In this event each tier is given a brown bag with one hook and some tying materials. We are given 20 minutes to tie a fly and then flies are judged. Our winners this year were:

1st place - Dennis Popplestone

2nd place - Norm McKenzie

3rd place - Barry Alldred





This painting was originally donated by the Cowichan Fly Fishers to the BC Fly Fishing Federation fund raiser a number of years ago. The artist is Berniece Sutton, the flies by a number of club members and the the shadowbox was made by Norman McKenzie. The owner of the picture has passed away and the club has recently purchased it back. It will be given each year as a trophy to the club's Member of the Year and then returned to the club to be passed on.

Dave Chilcott spoke to the Conservation Officer, Mark Kissinger at the Learn to Fish event and asked what safety gear, i.e. a throw bag, was mandatory for pontoon boats. Here is Mark's response:

Human-Powered Pleasure Craft

Here is what I've been able to figure out. You will need to have:

- 1) Canadian-approved personal flotation device or Lifejacket
- 2) One buoyant heaving line
- 3) One bailer or pump
- 4) One sounding device

This is if you don't have a motor attached.

It might be best to go and buy one of those \$20 kits

C.O. Mark Kissinger

South Island Zone / Conservation Officer Service / Ministry of Environment

5785 Duncan Street, Duncan BC V9L3W6

Phone (250) - 746-1257 Fax: (250) - 746-1295

This is news for many of us and something to be aware of.

The bailer will do us a lot of good in our float tubes and pontoon boats!

As Luck Would Have It

The setting: Kissinger Lake around Easter-time. As luck would have it, when we arrived this year there had been a Daphnia bloom and the lake had been stocked relatively recently by the Freshwaters Fisheries Society.

The fishermen: Dennis Ramshaw, Norm & Sandi Evans, Frank Norris, Andy Motherwell, Ted Haines, and David & Kathy Chilcott.

The consistently successful flies: A Green Butt Bear Hair fly that Norm adapted from an Atlantic Salmon fly. In fact just about any fly with some fluorescent green on it would catch fish (Montana Nymph). Flies with peacock herl on them did well also (Diawl Bachs, Pheasant Tail Halfbacks).

Conclusion: The weather cooperated for the most part this year, the fishing was good, and the company was great! All-in-all a great week of spring camping.

Note: When we got home, we checked on flies to use when there is a Daphnia bloom and found that fluorescent green and orange are good attractors when the bloom is on! So no wonder the Green Butt Bear Hair worked so well!

Here is the original pattern and then the pattern as adapted by Norm Evans.

Green Butt Bear Hair

For Atlantic Salmon

Head: Black

Tag: Oval silver Tinsel

Butt: Fluorescent green wool or floss

Tail: Black hair or hackle fibres

Body: Black wool or floss

Rib: Oval silver tinsel

Throat: Black hackle fibres

Wing: Black Hair



Adapted for Trout

Hook: Mustad 9671 size 10 to 12 or equivalent

Tag: none

Butt: Florescent green wool/floss

Tail: Black hair* or hackle fibres

Body: Black wool/floss or hair wrapped forward from tail

Rib: silver or gold oval tinsel or red wire

Throat: none

Wing: Black hair*

*Black Bear or Black Iceland Sheep ~ I tie in the tail, wrap the body forward, and then fold the butt ends back for the wing (allowing for the other parts along the way). Both Black Bear and Iceland Sheep hair are crinkly, so the butt ends can be trimmed and they do not ‘appear’ blunt. The 4 trout flies pictured are tied with bear hair (you can tell as the hair butt ends/wings are brown-toned). Two are done with gold wire and two are done with red wire as the fish seem to prefer one colour over the other at times.

Submitted by Kathy Chilcott

Charlie Stroulger Memorial Bass Derby - 2012

Our Bass Derby at Shawnigan Lake was well attended this year and we all enjoyed our day. The Derby Champion with the most points and most fish was Dave Claxton. Doug Milne brought in the biggest fish. Peter Schwarz won the hidden weight prize. Many thanks to Maggie and Kathy for serving us another fine lunch with dessert provided by Shirley.



Above Jim Block heads out on Shawnigan Lake to look for bass.

At left Dave Claxton accepts his award from event organizer, Barry Alldred.

Below Brian McLeod lands a beauty!



Practice Safe Fly Fishing! - by Devina Brookman

It all started with this email from Carol Combs:

"Hey we are back for a few days from Strathcona Park. I met an older English gentleman there who was slaying trout with a fly called the Vladi Worm. It's a Polish design that won the Poles the world fly fishing championship. This gentleman was telling me the fly is tied with pink non lubricated condoms!!!! I thought he was giving me the gears until I got home and googled it

There is a funny story to go with this that I will have to tell you. Anyways for the first time Kirk does not want to go and pick up my fly tying materials for me. Go figure!

Could you save me a trip to the romance store? Do you sell pink latex strips? Walmart and Shoppers don't sell pink non lube condoms. Hudson and I went shopping today. The looks I got were screamingly funny ... a lady of fifty with a baby looking at each box of condoms!!!! I made sure to say, "Gramma will be just a few minutes here, " every time someone walked by. At Shoppers I even asked for help and when the lady couldn't help she sent one of the male employees over to help me. What a hoot...poor guy!

Anyhow this gentleman was nice enough to give me a fly to copy. I watched him catch 47 trout in just over 2 hours. He says he cleans up on salmon with this fly as well.

I have tried tying the fly using latex strips for tying scuds, not quite the same.....not quite the same texture!!!! ha ha!

Somehow I can hear Kathy laughing in my ear....

Thanks, Carol"

Carol and Kirk came by the store on Wednesday night and everyone enjoyed the story. We didn't have any good scudback in the right colour, so settled for clear plastic strip over a pink body while we looked around for a better product.

On Friday, Ted had some free time so decided to head in to the Romance Store in Duncan. When he told the lady why he wanted a large number of pink condoms she was skeptical at first but he asked her to look up [Vladi Worm](#) online she believed him. She didn't have the product but gave him advice on where to find it (actually more advice than he wanted!) So off went Ted. Five minutes later Frank walked into the store and asked for pink condoms. "There was another guy in here just a few minutes ago looking for the same thing!"

Meanwhile Brian was looking for these items in the drugstore. Laura was sending her male friends into pub washrooms to check on the supplies. Guy's daughter was able to find him some red ones at the clinic! Isn't fly tying interesting!

Ted checked out patterns online and was able to buy the pink condoms from a supply house in Florida. They were shipped discretely labeled "health and beauty items." So if you want to try tying the fly we have a good stock of "you know what."

Carol contacted us again to say she had chatted with her English friend again and his fishing method was Czech Nymphing. Maybe something for us to look in to in the future: [website](#)



Shawnigan Creek Project

Dennis, Ken and Norm Evans have completed most of the repairs at the fish trap already - the stairs, boxing in the pipe, anchoring the screen and now the cages are up getting repaired. Dennis and Norm will let us know when the next work party is needed. We have lots of people eager to help.



Here is a photo from former club member, Roy Saunders who has moved to Alberta. This is Roy and his daughter Brielle fishing in Medicine Hat.

When we first met Roy he was fishing Pete's Pond with his toddler son in his pontoon boat with him. It's nice to see he is still enjoying fishing with his kids!

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2012 Spring Trout Trip - by Norm McKenzie

The weather was even wetter than most Chilcotin springs with only the odd warm day. Fishing was good to spotty. Some lakes in the area had bad winter kills. Others were just slow because of late spring and cold water temperatures. But we fished chironomids more. All of us managed to catch some big rainbows and even some fat brookies up to 5 lb.s.

The hooch fared well in the high winds but because of poor trenching some wet spots were evident inside. We were all glad to have a dry warm place to retreat to during downpours! Dennis invented a live man trap. While sitting down in a camp chair the seat ripped in half causing the chair to fold up grasping said user by the buttocks. No harm to prey reported but dented pride. Dennis later reset man trap by duct taping seat together.

Another invention was dreamed up by Pete to stabilize his pontoon boat while anchored in the wind. Take one large "Tupaware Wid." he said. Shove it down between pontoon and frame, like a daggerboard. He said this will definitely help him catch more "Twout."

Good stories, good friends, good fishin' and warm campfires!

Photos by Dennis Poppystone



The Cowichan FlyFishers would like to thank our sponsors for their welcome support:

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Chris's homemade bass popper. Cool!