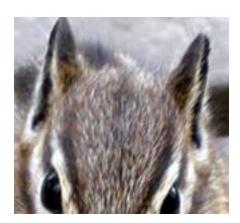




Caddis Pupa Page 5





**Grrrr...** see page 5

## The Island Waters Fly Fishers Box 323, Lantzville, BC V0R 2H0

The Purpose of our club is as follows:

- -To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers

## **CONTACTS**

<b>President:</b>	<b>Keith McDonald</b>	758-2138
Vice President :	Peter Huyghebaert	756-3241
Secretary:	Chris Depka	754-6569
Treasurer:	<b>Harold Tinling</b>	758-8685
Past President:	<b>Dave Connolly</b>	758-3192
Gilly:	Ray Honig	758-9930
<b>Newsletter:</b>	<b>Bernie Heinrichs</b>	390-3266
<b>Directors:</b>	Paul Inscho	758-2303
	Jack Toomer	756-0987
	<b>Ed Tremblay</b>	245-8552
	Wayne Legge	756-3114
	Bill McColl	722-3123
	John O'Brien	754-1432
	Hale Yardley	753-2970
Webmaster:	Steve Wawrykow	754-3650
Fly Tying:	<b>Gerry Stevens</b>	754-4124
Videos:	Jim McEwan	751-2775

Meetings on 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 758-2138.

Email us at iwff@shaw.ca Ph 758-2138 Visit at www.members.shaw.ca/iwff



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at http://www.bcfff.bc.ca/

#### Don Chater's Steelhead



Don proved that fishing does not stop in January when he landed these beauties from the Stamp. Photo by Doug Winters.

# January - 2004 - Vol 6 - #1 - page 2 Calendar of Events

## January 27, 2004

Regular meeting at 7:30 pm in the Ukrainian Hall at 4017 Victoria Ave. Guest speaker: Skip Rimmer, Fisheries Biologist, Ministry of Water, Land and Air Protection.

#### February 24, 2004

Regular Meeting at 7:30 pm in the Ukrainian Hall, 4017 Victoria Ave. Guest speaker: Ian Forbes.

## **April 17, 2004**

Spring Banquet at the ABC Restaurant (North of Woodgrove Centre).

## May 1, 2004

BCFFF Annual General Meeting, Bastion Hotel

#### **Noon Socials and Luncheons**

At 11:30 am every 1st and 3rd Tuesdays at the Muddy Waters Pub (half price specials).

## Fly Tying

1st & 3rd Tuesdays, 1:30 pm at Gerry Stevens, 620 Hawkins St. 754-4124

2nd & 4th Thursdays, 7:30 pm at Wayne Legge, 5701 Malibu Terrace 756-3114

**Demonstrators:** Please call Gerry Stevens at 754-4124 with a list of materials that will be required to tie your fly. He needs a few days notice.

## Wanted: More Tall Tales

So far we have enough material for about 40 pages of a book tentatively called "Fishing Fables and Foibles". This is an assembly of the tall tales presented at the last club contest and a few from our Web Page. If anyone can recall where there are more of these local stories or if you have even an outline of an idea for another one, please call Bernie at 390-3266.

#### January - 2004 - Vol 6 - #1 - page 3

## President's Message

Happy New Year to everyone, I am sure everyone is eagerly waiting a great year of fly fishing in 2004. I would like to start by thanking Past President



Keith McDonald

Dave Connelly for 2 great years; his contributions have helped our club grow to the level that we are now at.

We have a very enthusiastic group of directors for 2004 and I am looking forward to working with this group. Our major project for this year will be hosting the 2004 BCFFF AGM on May 1 and I anticipate that this will be a very successful event. We have a great cast of guest speakers, Brian Chan, Shawn Bennett and Dana Stern. Brian will be speaking on still water fishing (Chironomids), Shawn will be speaking on saltwater fly fishing and Dana's presentation will be on river fly fishing and will focus on spey and 2 handed fly rods. There is also a possibility that Brian Chan will be doing a seminar on Sunday May 2. John O'Brien is trying to get something organized. It is not often that we are able to attract such highly regarded speakers for one event; I hope everyone has an opportunity to take advantage of their expertise.

Support for the Trade Show has been excellent and we should have several top-notch vendors taking part in the show. The banquet and auction promise to be a great time and we look forward to seeing lots of our members attend.

Recently we lost one of the clubs charter members with the passing of Bill Brown. At the last director's meeting there was some discussion on how our club can honor the memory of Bill. If anyone has an idea please pass it on to one of our directors.

2004 looks to be a great year for fishing and it is time to start thinking about planning some club fish outs. If any of our members have a suggestion for a location for a fish out or have

somewhere that they have always wanted to fish, please talk to our committee to see what can be arranged. Our club fish outs are a great time and an opportunity to find some great fishing partners. Good fishing to all in "2004"

## **BERNIE'S COMMENTS**

(The following doesn't meet the definition of "bantering").

The "Celebration of Sir William Brown's Life" held on December 13, 2003 at the Bowen Chapel was indeed a celebration of Bill's life. Yes, there were tears - lots of tears because he will be missed. But the outstanding feature of the service and reception was the upbeat comments by the many speakers who told about how their lives were touched - indeed changed by Bill. Although he had served overseas during World War 2 and worked for over 30 years for the city of Vancouver, these achievements were only briefly mentioned. It was his sense of humour, his fly fishing exploits, friendships and his family relationships that were extolled by family, fly fishing friends, neighbours and coffee buddies. As Pastor Fred Massey, who conducted the service, stated "Fly fishing, friends and family when all is done these are the things that are really important".



The Late Bill Brown

## January - 2004 - Vol 6 - #1 - page 4

## **More Tall Tales**

# **The Mills Fur-Bearing Trout** by Bill McColl

Many years ago I went from Winnipeg to Churchill, Manitoba and then flew north to a lake - the name of which I have sworn not to disclose. It is a very deep lake with extremely



cold water. There is open water in the middle of the lake for only two weeks of the year. The rest of the time it is frozen over - ten feet thick! You have heard of super heated water - similar to the water in an expresso machine. Well, this lake has super cooled water. One of the problems with super cooled water is that when you throw in standard Mustad steel hooks they shatter upon hitting the water. The steel actually becomes so brittle it just breaks off. The solution is to take along a little Primus stove, heat the hooks red hot and then plunge them into the water to temper the steel some more. The same thing happens to your usual leaders and tippits - they snap in the extremely cold water. You have to use braided silk line to withstand the cold.

The other key point is that out in the middle of the lake with ice all around there are no bugs. the fish have never seen a fly. They feed on ice worms. So you have to find an ice worm nest to provide the proper bait.

Now if you have not guessed already, the fish I was after was the legendary Mills Fur-bearing Trout. The only authenticated catch was made from the thirties by Edwin Mills. The water is so cold that the trout have adapted by growing fur instead of scales This enables them to hit

almost super sonic speeds in the water. Then when they ruffle their fur (just like a cat does when it is frightened), the trout comes to a screeching halt. It is all you can do to keep from falling into that super cooled water. Now here is the incredible bit. If you are able to land these trout there is a problem. Upon coming out of the water into the atmosphere they explode! This accounts for the fact that you have never seen one of these incredible fur bearing trout.



Bill McColl displays his replica of the Mills Fur-Bearing Trout. Originals can not be removed from their habitat of super cooled water because they will explode. The challenge then is to photograph them underwater. When the funds are raised to obtain a camera capable of withstanding these conditions, this reporter will attempt to do just that - photograph it live.

#### For Sale

12 ft. Seanymph Sport Flat Bottom Aluminum Boat. Fore and aft anchor systems. Factory wheels. No dents just paint scratches from regular use. \$850. Bob Crampton 753-7879.

## January - 2004 - Vol 6 - #1 - page 5

## **Noon Socials**

At 11:30 am every 1st and 3rd Tuesdays at the Muddy Waters Pub.



Caddis Pupa

Best fished in the early summer period when caddis emergences are most intense. Caddis pupa swim quickly up through the water column to emerge into adults. Watch for cast casings or shucks of newly emerged adults.

## Material

Hook — 2X long shank (Mustad R74) sizes #12-#8

Thread — 8/0 or 6/0 green waxed

Rib — Lime green Super Stretch Flex or Super floss

Body — medium olive synthetic seals fur dubbing

Thorax — same as body material

Shellback — Ringneck pheasant tail fibres

Throat — Peacock Angel Hair fibres

Legs — Ringneck pheasant rump fibres

Head — peacock herl

## Caddis Pupa Techniques and Equipment

Fly Line — WF6I - Clear intermediate/slow sink

Retrieve —6 to 8 inch medium fast strip retrieve

Leader — 12 ft with 5 pound tippet

Note — clear intermediate line sinks at 2.5 inches/second



Attending the Nov. 18, 2003 lunch/social at the Muddy Waters Pub were Doug Peterson, left, Gerry Stevens, John O'Brian, Doug Winters, Gerry Hutchinson, Bill McColl, Steve Wawryko, Hale Yardley, Ray Garton and Larry Miller. Bernie Heinrichs and Ray Brunt are not shown. Good food (at half price) and good visiting.

## The Rest of Grrrr



Harold's Horse Shoe Lake friend. (Photo submitted by Harold Tinling)

## November, 2003 Meeting and AGM



The newly elected directors for 2004, seated left to right are: Bernie Heinrichs, Newsletter Editor; Peter Huyghebaert, Vice President; Chris Depka, Secretary; Keith McDonald, President; Harold Tinling, Treasurer; Ray Honig, Gilly; Standing left to right: Bill McColl, Welcome Table; John O'Brien, Fishouts and Fish Enhancement; Jack Toomer, Director; Paul Inscho, Director; Hale Yardley, Guest Speakers; Dave Connolly, Past President; Wayne Legge, Entertainment; Ed Tremblay, Director. Another great bunch to guide us through 2004. Thank you for offering to serve.



Dave Connolly, left, handing over the gavel to incoming President Keith McDonald. Thank you Dave for a great two year term and we are looking forward to working with Keith.



Bill McColl, left, (winner of the Gilly Draw) receives his prize from Gilly Master Ray Honig.

## **More November Meeting**



Doug Peterson, standing, presents his fishing experience (caught his first salmon) during the "Gilly". He just joined that night - welcome to the club Doug. There was a good turnout for the AGM and election of directors to witness democracy in action.



Winners of the Fly Draw were Harold Tinling, left, admiring his "Fly in a Glass Ball" Christmas tree ornament and Dave Connolly emptying the container of flies that he had won. Congratulations - both of you are big contributors to this draw.

## Fly Tying at the Boys and Girl's Club



Dave Connolly demonstrates the basics of tying flies to an attentive audience at the Boys and Girls Club. Volunteer tyers are needed as it is preferable to have one on one instruction.

# **Christmas Party and Auction**



Harold Tinling receives "Member of the Year" award from Dave Connolly.



Ray Honig, left, presents Peter Huyghebaert, with the trophy for the best tall tale at the contest held last October.





Outgoing President Dave Connolly receives an appreciation gift from the 2004 President Keith.



Keith McDonald, left. presents Jack Toomer the fly rod and reel won as a raffle prize. Thank you

Keith for the great job in building the beautiful rod.

Ian Forbes, left, and Wayne Legge conducted the very successful auction. Thank you Ian for carrying on as Auctioneer and Wayne for organizing the banquet and auction. And a big "Thank You" to Judy Legge.

# **More Christmas Party**



2003 directors John O'Brien, left, Harold Tinling, Wayne Legge, Ray Honig, Hale Yardley, Bill McColl, Bruce Cumming, and Frank Perilli had received their gifts of appreciation from Dave Connolly and watched Keith McDonald present Dave with a gift. Missing: Steve Wawrykow, Chris Depka and Bernie Heinrichs. A great year was enjoyed by all - thanks to you guys.



Wayne presents the Poinsettias won by Isobel Heinrichs and Pat Connolly



Left: Ray and Pat Garton.

Right: Hale Yard-ley



### Scenes from the Christmas Party and Auction



Bob and Linda Crampton, left, Arleen and Dave Keeling, Cecilia and Dave Degner



Marg Snook, left, Dorothy and Don Clarke, Paul and Linda Inscho and Kathy Sorenson. John Snook and Roy Sorenson must have been hiding from the cameraman.



Sylvia and Frank Perilli, left, Peter and Willi Huyghebaert, Roberta and Larry Miller, Don Mounce and Ian Forbes waiting for their table number to be drawn for the great roast beef dinner done up by the Lantzville Legion Ladies Auxiliary.



Ray Brunt taking orders for his coveted Christmas Broaches from Mary Tinling, Pat Connolly and Judy Legge. Isobel has already received hers and Ed Tremblay said that he is waiting until he has his Christmas clothes so that he can choose appropriate colors for his broach. If Ray charged for these works of art he would have to come out of retirement to keep up with the orders. Thank you Ray it is a pleasure to see the adoration on the ladies' faces when they pin on one of your treasures.



Isabel and Jim McEwan showing their newly won Poinsettia to Fran and Bill McColl, foreground, and to Gerry and Lillian Stevens.

My apologies for the misspelled (or probably even wrong) names and for the guests who were missed during the photo shoot.

## **More Christmas Banquet and Auction**



Keith and Sharon McDonald visiting with Tom and Brenda Ramshaw.



From left to right: John Macellan, Con Humpke, Doug Winters, Gerry Hutchinson, Jeanne Winters, Evellyn Macellan and Joan Winters.

## **Meanderings**

On those quiet nights before the drift to dreams. When the mind is free to roam at will Mine dwells on banks of sparkling streams With a perfect fish I play But do not want to kill.

In these nocturnal wanderings
When mind and fly float free.
The light is clear and lasting
There is no bungled casting,
No snags, no snarls, no backcast catching tree.

The sudden splash of a feeding trout Too fast for hand, too quick for eye to see. I feel his weight but strike too late. The sudden slack - the fish swims free.

I've had my three score years and ten No longer wish to bring home meat Now, eighty will not come again. No record stands I want to beat

I'd be content with vagrant dreams
But conscience comes with consciousness
It nags and says "Preserve our streams.
Go - give much more and take much less.

The survival of your timeless sport Is threatened as you see So if you wish to eat a fish Go buy it, let the wild one free."

George Wood, Gabriola Island, 2003

## Wanted

Boler travel trailer, 13 - 14 ft. in reasonable shape. Age is no problem. Willing to travel anywhere in B.C. to pick it up. Terry Robinson, Osprey Fly Fishers of B.C. email: terryrobinson@telus.net

Photos, fishing experiences (even one paragraph), articles, neat web sites, for the IWFF Newsletter. Bernie at 390-3266 or email to: bheinrichs@shaw.ca

## **Ice Fishing - West Coast Style**

Our lakes freeze over about once every 10 years or so but this only creates a bit of a challenge for some of the die hard fly fishers.

