

# ISLAND WATERS FLY FISHERS

## The Pinks are Coming, the Pinks are Coming!



The Pink Streamer: see page 11



The Nile-ator: see page 11

### Match the Hatch Contest



See page 11

The Island Waters Fly Fishers  
Box 323, Lantzville, BC  
V0R 2H0

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers

### CONTACTS

President:	Keith MacDonald	758-2138
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Webmaster:	Steve Wawrykow	754-3650
Fly Tying:	Gerry Stevens	754-4124
Videos:	Jim McEwan	751-2775

Meetings on 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 758-2138.

Email us at [iwff@shaw.ca](mailto:iwff@shaw.ca) Ph 758-2138

Visit at [www.members.shaw.ca/iwff](http://www.members.shaw.ca/iwff)



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

### A Fishy Story

Two avid fishermen go on a fishing trip. They rent all the equipment: the reels, the rods, the wading suits, the rowboat, the car, and even a cabin in the woods. They spend a fortune.

The first day they go fishing, but they don't catch anything. The same thing happens on the second day, and on the third day. It goes on like this until finally, on the last day of their vacation, one of the men catches a fish.

As they're driving home they're really depressed. One guy turns to the other and says, "Do you realize that this one lousy fish we caught cost us fifteen hundred dollars?"

The other guy says, "Wow! It's a good thing we didn't catch any more!"



## Calendar of Events

### June 22, 2004

Regular meeting at the Ukrainian Hall, 4017 Victoria Ave. The guest speaker will be our own Bob Leverman who will extol upon fly fishing in the Prince George area. This is the last meeting until September.

### June 27, 2004



Ellison Lake Fishout for the Boys and Girls Club. Volunteers are needed to set the kids up with fly fishing equipment and show them how to fly fish. Call Bruce Cumming 390-2236.

### July 3, 2004

Fishout at Henry Lake. Meet at the Tim Hortons near Canadian Tire at 7:00 a.m. Phone Chris Depka at 754-6569

### August 8, 2004

Summer BBQ at Larry and Roberta Miller's place, 7294 Aulds Rd. at about 4:00 p.m. Chef Larry is going to demonstrate the fine art of spit roasting a pig.

### September 28, 2004

The first regular meeting after the summer will be held in the Ukaraian Hall, 4017 Victoria Ave. at 7:30 p.m.

### Noon Socials and Luncheons

At 11:30 am every 1st and 3rd Wednesdays at the Wellington Pub (half price specials).

## Bernie's Banterings

Are we going:

Flyfishing?

Fly-fishing?

Or fly fishing?

My old, Canadian-version Funk and Wagnalls Dictionary spells it fly-fish but does not spell out fly-fishing. "Island Fisherman" magazine has a section titled a "Westcoast Flyfisher" and then another one titled "How-to Information for the Fly Fisher". Paul C. Marriner has just released a made-in-Canada CD and book titled "Stillwater Fly Fishing - Tools and Tactics". My daughter just took a grammar seminar and asked the instructor about this variation. She unequivocally stated: "fly-fishing" because the dash combines a noun with a verb to form a noun. So how to solve the dilemma? Are we going to have to change the club's name? And, heaven forbid, the name of the newsletter? The web page?

A quick search of Google's Search Engine produced the following:

Flyfishing - 146,000 results & asked: fly fishing?

Fly-fishing - 747,000 results and no question.

Fly fishing - 1,330,000 results and no questions.

The evidence is clear - we get to keep our name!

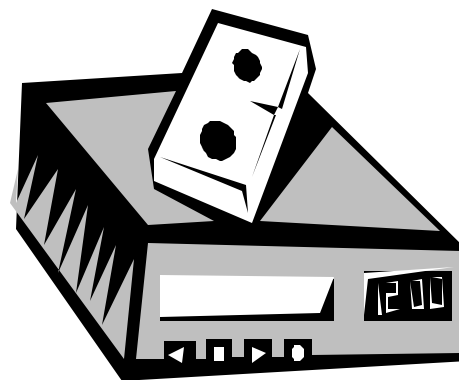


Have a great summer of fishing but remember to bring your camera and pen. Send me your photos and stories by early September for the newsletter.

Bernie Heinrichs

## List of Videos

See Jim McEwan to check these out



- 12 FLY FISHING MAGAZINE – OLYMPIC TROUT & STEELHEAD
- 13 THE ESSENCE OF FLY CASTING – MEL KRIEGER
- 14 FLY FISHING STILLWATERS – ALF DAVIES
- 16 SURVIVING THE HOOK – D.F.O.
- 17 RELEASE 'EM RIGHT – D.F.O.
- 21 TROUT FISHING – STEVE WAWRYKOW – IWFF
- 23 STEELHEAD FISHING – IWFF
- 27 MAGIC OF FLY FISHING – STORIES OF MANY TRIPS
- 34 DUBBING THE LOOP WITH ROOTS
- 35 TYING BASS FLIES – IWFF
- 37 BASS – THE 99% SOLUTION – FISH'N CANADA
- 40 THE RIVER OF NO RETURN – IWFF REPORT
- 42 25 FISHING LAKES – MERRITT TO KAMLOOPS
- 43 - 1 NORTHERN LAKE TROUT – FISH'N CANADA
- 43 - 2 FLOATING FOR GATORS – FISH'N CANADA
- 43 - 3 LARGEMOUTH BASS – FISH'N CANADA

## My First Salmon

**Bob Davies** – as told at the annual tall tales evening.

This spring I had my first flycasting lesson from John O'Brien. Despite my background in teaching, I was not a very good student. However, after several hours of practice and endless patience from John, I was finally able to cast out 30 to 35 feet on a regular basis.

One of John's assistants was Ray Evans. Taking pity on a prairie boy who obviously had no natural aptitude for the sport, Ray invited me to join him on an excursion to Nile Creek to try some shore fishing for pink salmon.

On the appointed day, we left before daybreak and were on the beach by sunrise. Ray pointed out a dark mass just offshore and explained that it was a large school of salmon who had come in to sniff the fresh water of the creek. Occasionally, fish would leap from the seething mass. There must have been thousands of pinks in the school.

We joined the other people who were wading out off the beach and casting toward the fish. Ray had immediate success and began playing a large male to shore. I was continually frustrated as the fish hovered about 40 feet away, beyond the reach of my casts. I was already up to my armpits in the ocean, as far out as I could get. My only bite was a small redrock crab that took offence to my invasion of its territory and began attacking my boots.



When Ray caught his third fish, I stopped to watch him work it skillfully to shore. Turning back to the school of fish, I realized that they were moving directly toward me and the distance between us was shrinking each second.

Controlling my excitement, I recalled all of the points that John had made about correct casting technique and took a deep breath. After two false casts, I released the line and everything fell into place just as it should, with the fly heading directly at the school.

Unfortunately, on the backcast my fly had hooked Ray's hat as he waded back out to join me, and it was Ray's hat that landed in the water above the fish. I knew that I had made a major fishing breach of etiquette.

Now besides being a great caster, Ray is also renowned for tying flies. In particular, he is admired for creating a fly that he calls a "Double Handle with a Trailer". Because of the incredible effectiveness of this fly, Ray always kept a spare attached to his fishing hat.

So when Ray's hat landed in the midst of those pink salmon, the water began to churn around the hat as the fish battled to reach the "Double Handle" first. To the astonishment of the other fishers around us, the hat began leaping across the waves, held firmly in the mouth of a large pink.

And that's how I caught my first salmon. Ray didn't talk much on the way home and I'm sorry that he isn't here tonight to attest to the truthfulness of this story. Ray has gone moose hunting and for some reason he didn't invite me along.



## An Endangered Species Vancouver Island Parachute Fish Chris Depka



Chris believes that educating your children about endangered wildlife should begin at an early age.

In the early 1950's. you could sit on the beach in Departure Bay, in the early evening of a humid mid-summer night and watch the magnificent Parachute fish shoot out of the water. It often was a family event during the hot days of August. Nanaimo elders often describe the event, telling how the elegant creatures could launch themselves to a height of thirty feet then suddenly puff their gills and membranes out into the shape of a parachute and glide gracefully back down to the water's surface.

But in the 1990's. this phenomenon has become a rare sight. The increase in poaching of this fish has reduced its numbers and it is now on the endangered species list of the World Wildlife Fund. Originally the Vancouver Island Parachute Fish had no known enemy. This incredible ritual it performed was an inherent feeding event, as the fish could trap flies and mosquitoes in its chute on the way down and consume them as a food source. In fact, the Parachute fish was the greatest consumer of insects during the summer season, eliminating much of the nuisance to humans.

The tide turned on this spectacular specimen when people discovered that its flesh was in demand for Japanese Sushi and its brilliantly coloured parachute could be sun dried and made into an ornate lampshade. Originally numbering in the millions during the early half of the century the parachute fish was an easy catch. Local first nation bands used it as a food source but never over fished it. It wasn't until the mid 1940,s, just after the Second World War, that its delicacy as sushi became known as well as its beautiful ornamental colours when put under a light.

Now, with less than one thousand recorded and known to exist in the Departure Bay area the local government has created an "Endangered Species Protection Committee" to investigate the breeding habits and come up with a plan to try and return this rare creature back to its original numbers.

With over seventy years of abuse and the high price of its flesh as sushi on the black market it seems that any attempt at rejuvenating the stocks will be a great challenge to mankind. There is much to learn about its breeding and feeding habits, the time may be too short to save the Vancouver Island Parachute Fish.



## Taylor Arm

This year's fishout to Taylor Arm was not as productive as previous years. Paul Inscho and Doug Peterson were the only ones, that I am aware of, who successfully landed a trout. The photos below (taken from previous trips) are evidence that there are nice trout. They have just become much warier this year.



Paul Inscho's Trout

## Millstone River Recovering

Gerry Hutchinson reported that this year's salmon count in the Millstone was over 7000 Coho smolts. This is a record in recent years and does encourage us to develop more fish habitat and to encourage the development of an improved bypass stream around the falls in Bowen Park. It is in the feasibility and planning stages now.

## May Meeting

### The Gilly



Gerry Stevens personally checked out Lois Lake to determine if it was worthy of a fishout by the club. It is. There were good sized trout who took various flies. John O'Brien confirmed the statement and added that he landed a 3 to 4 pound brown and lost an 18 inch rainbow. Most were rainbows 15 to 16 in.



Hale Yardley gave us the good news about a new road into Marshall Lake and that the fishing is good.



Matt Haapala passes the Gilly Cup to Bruce Cumming. Roy Sorensen, in the foreground, had fun watching the trout in Long Lake go after the bread crumbs after the ducks had finished feeding.

## Gilly Winners



Chris Depka presents the \$25.00, Gone Fishin', gift certificate to Matt Haapala.



Gordon Davies, guest, was the winner of the second \$25.00 gift certificate.

## Why Fishing Is Better Than Sex

Fish don't compare you to other fishermen and don't want to know how many other fish you caught.

In fishing you lie about the one that got away. In loving you lie about the one you caught.

You can catch and release a fish, you don't have to lie and promise to still be friends after you let it go..

## Tunkwa Lake Fishout



Recalling the day are (left to right): Larry and Roberta Miller, Wayne and Judy Legge, Pat and Dave Connolly, Peter and Willi Huyghebaert, Harold and Mary Tinling. Thank you Harold for the great photos and stories.

## More Tunkwa Lake



Ralph Carlson demonstrates his new inflatable kayak.



Ralph Carlson demonstrates his now-famous dismount from a kayak.



Wayne Legge: "Follow me and I'll show you where I lost the big one!"

## Tunkwa Lake Adventure

By Peter Huyghebaert

Off to the Mainland, mid May, cold, blustery, miserable, but great fishing???? Nope, not this year. The advance party (Peter and Willi) arrived the afternoon of the 17<sup>th</sup> at the Tunkwa Lake Provincial Park in bright, hot weather, definitely not Chironomid weather - too hot to fish.

Early Tuesday evening the main crew of the IWFF arrived, the Legges, the Millers and the Carlsons. Sometime later the Tinlings arrived with Dave Connolly as escort - Harold's truck had a bad case of the hiccoughs and Dave stayed back to help. That morning Peter had one reasonable fish after sweating it out in the hot sun for many hours. The evening fishing wasn't much better. The water was green with algae, the Chironomids were nowhere in sight and the shrimp were out in force. One more fish was landed on a small green shrimp and that was the first day.

Tunkwa didn't improve as the week progressed. The weather changed from hot and sunny to cold and rainy but the fishing didn't get any easier. The best fish landed was a bit better than 21 inches. The biggest fish hooked and played went much larger than that - Wayne Legge had a monster on for a few minutes on day four that was well over the five pound mark. But, as he said, "What the heck, I was going to let him go anyway". The highlight for the week proved to be the BBQ and pot luck - great munchies - great steaks and great stories. Highlight number two had to be Ralph and his little yellow kayak (see picture).

Day trips to Tupper Lake and Billy Lake provided better fishing than at Tunkwa. At about 1000 feet higher than Tunkwa, both lakes are much colder, deeper and the fish were reasonably friendly. At least you were not



bothered by the constant splashing and thrashing of fish trying to jump out of the dreaded green algae so they could see where they were going. Tupper had lots of small fish and everyone brought home a feed of pan fries for breakfast the next morning. Billy had larger fish. Dave, Larry and Harold motored up to the far end and found a honey hole - with pictures as well. Peter and Wayne, in belly boats, didn't fare as well, although both brought home another breakfast.

One more day trip to Bose Lake by Harold, Dave and Larry proved to be a bust. Peter and Wayne stayed behind to try and solve the Tunkwa riddle with little success. The highlight of the day being a loon attack - scooping a fish off Peter's fly right under his pontoon boat. It almost made us homesick for Nanaimo and the seals.

So once again we all learned why they call it "fishing" and not "catching". All in all, though, we had a great time fishing, sitting around the campfire, toasting Mary's marshmallows, telling tall tales and having a great time. As Harold said - we will have to make this an annual outing for the club - so we all look forward to next year, colder weather, and lots of good Chironomid fishing.

*Thank you Peter, Dave and Harold for the great photos and stories.*



Judy Legge with a sizzling frying pan and still waiting for the promised big one



Larry Miller, left, Mary and Harold Tinling and Roberta Miller at Horse Shoe Lake



It looks like Larry Miller, left, wins the "Big One" contest with Dave Connolly a close runner-up.

## Guest Speaker: Bill Luscombe

### Fishing South Island Lakes

*Bill Luscombe is an Appraisal Officer with the B.C. Forest Service and a free-lance writer/photographer for various B.C. magazines. Visit his website at [www.members.shaw.ca/flyflinger](http://www.members.shaw.ca/flyflinger)*



Bill gave us an interesting slide presentation of the lakes he has become familiar with between Nanaimo and Victoria. The following are some of those lakes and a few of his comments:

#### **Crystal Lake**

A good midge lake. This one and Fuller are the first lakes to fish during early spring. Fish will rise when the sun is off the water.

#### **Chemainus Lake**

The rainbows and cutties can be taken on chironomids here.

#### **Quamichan Lake**

This is an under fished lake with 22 to 24 in. cutthroats at the drop off at the end of the point. Use muddler minnow patterns. To date, Bill has not produced a strike from under the lilly pads. No bass?

#### **Dougan Lake**

Next to the freeway but has only a few smaller fish.

#### **Keating Lake**

Only a few cutties and no room to park.

#### **Wild Deer Lake**

Clear water, good boat launch but popular for campers, bikers (i.e. parties) -- enough said.

#### **Lois Lake**

A "must do" lake. 16 inch rainbows can be found lurking in the shallow water looking for nymphs to knock off the reeds. It also has a good damsel hatch. Good boat launch.

#### **Long Lake (Shawnigan Lake Area)**

Lots of 8 inch (average) to 14 inch rainbows.

#### **Pete's Pond**

Found off S1700 (see Weyerhauser's map). Catch and release only. Rainbows are genetically different -- good fighters.

#### **Shawnigan Lake**

Great bass lake from mid May through June. Use #6 to #8 orange bass flies. Has a good boat launch.

#### **Spectacle Lake**

Tough fishing -- about one per 3 hours but the brooks are a good size.

#### **Oliphant Lake (Top of the Malahat)**

A dammed reservoir with lots of 8 inch bass.

#### **Langford Lake**

Good fishing for bass, rainbows, and cutthroats. The bass are up to 5.5 pounds.

#### **Beaver Lake in Elk Lake Area**

Lots of Bass on the north side and off the island.

#### **Recommended Flies**

-Black Wooly Buggers on #12 hooks for trolling.

-The "DDD" (Dave's Delectable Dragonfly) when they are hatching.

Thanks Bill for your very informative "Angler's Journey from Nanaimo to Victoria." We sincerely hope that you will be able to replace your lost equipment and will be there to say hello to us on one of these lakes.

## **Pink Streamer**

As tied by Joie Coe



Hook - mustad 34007 #6-8  
Thread - pink  
Body - small silver tinsel  
Rib - small silver wire  
Wing - pink polar bear over pink  
flashabou, can also substitute pearl  
saltwater flashabou  
Eyes - 1.5 silver or gold pearlescent eyes  
Head - 2 ton devcon epoxy

## **Nile-ator**

As tied by Joie Coe



Hook: Mustad 34007 #6-10 or a circle  
hook: Mustad C71S SS  
Thread: White or pink #6/0  
Tail: Peacock Krystal Flash  
Underbody: White floss  
Shell Back: Peacock Krystal Flash  
Body: Pink Lazer Wrap cut thin and  
wrapped  
Eyes: Optional

Coat hook with thread and white floss. Tie in tail and leave enough Krystal Flash for the shell back. Wrap on Lazer Wrap, fold over the shell back and tie off. Glue on eyes (if desired). Coat with epoxy and rotate until set.

## **Match the Hatch Contest**



## **Tent Caterpillar**

Your editor was doing his due diligence with the tent caterpillars in his back yard and was looking for a place to dispose of the cluster removed from an alder. The lake looked like a good disposal site. A few of the creepy crawlers who floated away from the cluster disappeared into a small swirl. The trout went for them! But, did not seem to go back for second helpings. When Doug Peterson heard about this he accepted the challenge and was able to entice nine feedings and was not sure if second helpings were involved.

So the next challenge is: How to “Match the Hatch?” This calls for a contest. Tie your version of the “Tent Caterpillar” and bring it to the September meeting where the panel of expert, caterpillar-pattern judges will determine the winner. The prize will be determined by executive decision.

## **More Why Fishing Is Better Than Sex**

You don't have to necessarily change your line to keep catching fish.

You can catch a fish on a 20-cent nightcrawler. If you want to catch a woman you're talking dinner and a movie minimum.