

ISLAND WATERS FLY FISHERS

WINNERS



The Island Waters Fly Fishers
Box 323, Lantzville, BC
V0R 2H0

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers

CONTACTS

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Treasurer:	Harold Tinling	753-8680
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Gilly :	Ray Honig	758-9930
Newsletter:	Bernie Heinrichs	390-3266
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	Wayne Legge	756-3114
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	Hale Yardley	753-2970
Webmaster:	Steve Wawrykow	754-3650
Fly Tying:	Gerry Stevens	754-4124
Videos:	Jim McEwan	751-2775

Meetings at 7:30 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 758-2138.

Email us at iwff@shaw.ca Ph 758-2138
Visit at www.members.shaw.ca/iwff

Casting into the Dawn



Photo submitted by Steve Wawrykow



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

Calendar of Events

October 26, 2004

Regular Meeting at 7:30 pm in the Ukrainian Hall, 4017 Victoria Ave. The guest speaker will be Harlan Wright, consultant to the Ministry of Water, Land and Air Protection. He will be discussing steelhead abundance and restoration of habitat.

Fly Fishing Symposium

Nov. 13, 14, 2004 presented by the Haig Brown Fly Fishing Association at the University of Victoria. Contact Pauline at 250 881-1870 or at <http://members.shaw.ca/hbffa>.

November 23, 2004

Regular Meeting at the Ukrainian Hall, 4017 Victoria Ave. Steve Wawrykow will be showing his latest version of his video of fly fishing for pink salmon. The election of directors and executive will also be conducted.

November 27, 2004 (Saturday)

Annual Christmas Party and Auction, at the Lantzville Legion Hall. Cocktails 6:00, Dinner 7:00 pm. Guest are welcome.

Fly Tying

Every first and third Wednesdays at 1:30 pm. (after the pub lunch) and every second and fourth Thursday evening at 7:00 pm. Both will be at Gerry Stevens house this year. He is looking for demonstrators, new or old patterns, ideas etc. and will be starting at the end of October. Gerry can be reached at 754-4124.

Noon Socials and Luncheons

At 11:30 am every 1st and 3rd Wednesdays at the Wellington Pub (half price specials).

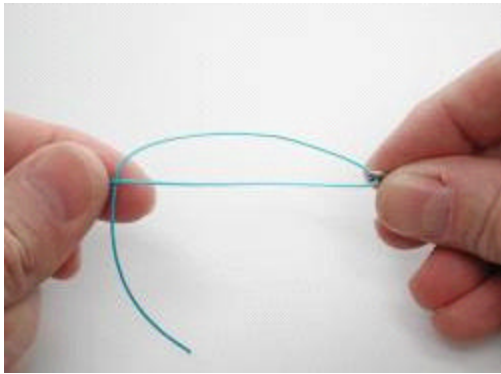


"Ed, you're the best fly tying instructor I've ever met, but maybe you shouldn't refer to upright wings as Viagra Style."

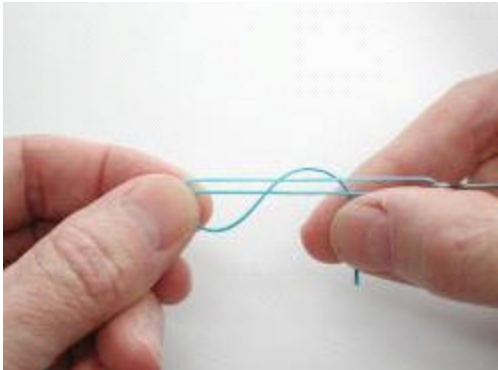
The Sixteen-Twenty Loop

Here is a knot called the Sixteen-Twenty Loop, developed by Richard Nightingale a few years ago. It's very easy to tie and has earned a very high confidence factor (.99 in the 8 and 12-pound test using various materials including Maxima - in more than ½ the tests the leader material broke before the knot.) According to the test results it is stronger than the Improved Cinch Knot or Duncan Loop.

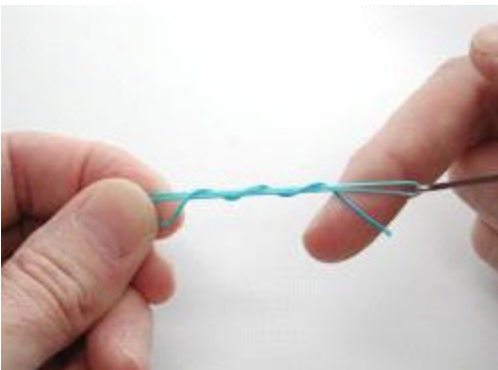
Tighten the Sixteen-Twenty Loop by first pulling on the tag end close to the knot firmly around the leader. Then pull hard on the leader to draw the knot tight against the eye of the hook. When it's seated properly you'll feel a slight click or pop. Make sure that you moisten the knot with saliva or water prior to tightening. It is also known as the Pitzen knot.



Feed tag end through hook eye and bring back up along standing line, making sure that the tag end crosses behind standing line. Keep this crossover pinched between thumb and index finger.

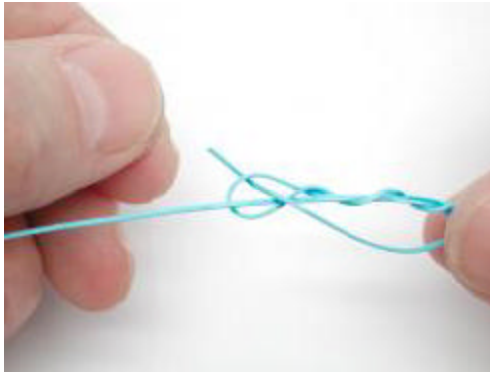


Wrap tag end around double line, moving toward hook eye.

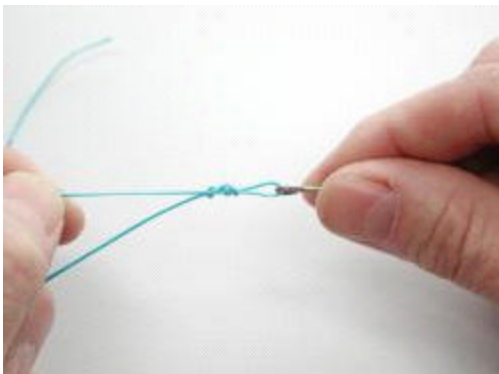


Make 2 more wraps for a total of 3. In 3X and smaller, 5 wraps may be used.

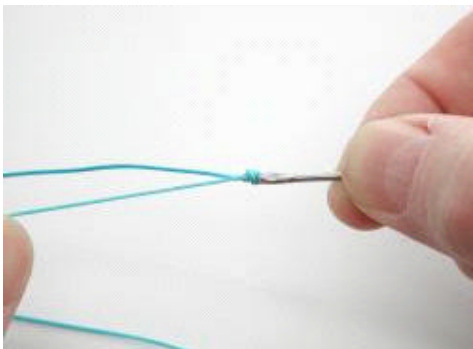
(Sixteen - Twenty Loop Continued)



Bring the tag end back up through the first loop that was formed when the first wrap was made. The tag end should go through the loop as shown, over top of the lower portion of the loop and in between the standing main line and the upper portion of the loop.

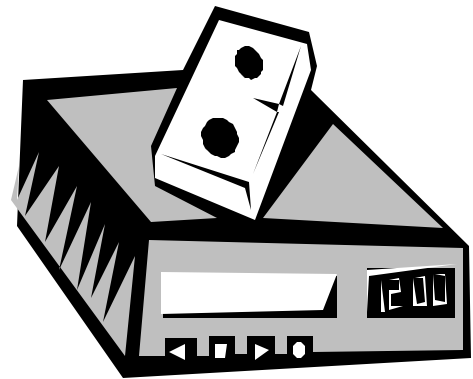


Moisten knot and snug lightly by pulling on tag end. Draw knot down to hook eye by pulling the main standing line and holding the hook. When this knot is tied and tightened correctly, a click or "pop" will be felt.



List of Videos

See Jim McEwan to check these out.



- 12 FLY FISHING MAGAZINE – OLYMPIC TROUT & STEELHEAD
- 13 THE ESSENCE OF FLY CASTING – MEL KRIEGER
- 14 FLY FISHING STILLWATERS – ALF DAVIES
- 16 SURVIVING THE HOOK – D.F.O.
- 17 RELEASE 'EM RIGHT – D.F.O.
- 21 TROUT FISHING – STEVE WAWRYKOW – IWFF
- 23 STEELHEAD FISHING – IWFF
- 27 MAGIC OF FLY FISHING – STORIES OF MANY TRIPS
- 34 DUBBING THE LOOP WITH ROOTS
- 35 TYING BASS FLIES – IWFF
- 37 BASS – THE 99% SOLUTION – FISH'N CANADA
- 40 THE RIVER OF NO RETURN – IWFF REPORT
- 42 25 FISHING LAKES – MERRITT TO KAMLOOPS
- 43 - 1 NORTHERN LAKE TROUT – FISH'N CANADA
- 43 - 2 FLOATING FOR GATORS – FISH'N CANADA
- 43 - 3 LARGEMOUTH BASS – FISH'N CANADA

September Meeting

Derede Dalziel, Nanaimo River Stewardship Society, asked us to help them with their elementary school education program. This program requires four demonstrator/ guides to show school children the operation of the hatchery, how to recover eggs, the parts of a salmon and a tour of the stream. This program is underway as this newsletter goes to print. Derede said that someone from her society would come as a guest speaker and provide us with more information about themselves. Please call Derede or Patti at 245-7780.



Gilly



Dave Connolly, right, was very impressed with the 10,000 pinks that he and Steve Wawrykow, centre encountered last August up at Port McNeil. They limited out in half an hour. Steve also made three trips to the Eve where he ran some more footage for his upcoming video of fishing for pinks. He has been working on it for over 5 years and needs someone to demonstrate their favourite pink fly. This will finish it and then it will be ready to be presented at one of our meetings. Lots of local talent will be featured.



Larry Stefanyk, Publisher of "Islander Fisherman", showed us his 2005 Fly Fishing Calendar and offered to appear again as a guest speaker after he returns from his New Zealand fly fishing trip this November. During the Gilly he told us about his 110 pound Halibut, 37 pound Chinook and the thousands of Coho finning at the surface 25 miles offshore while fishing for Halibut.



George Wood decided to test out the highly touted use of chironomid fishing at Bella Coola. After reading a book while waiting for the fly to hit bottom, he reverted to his tried and tested dry flies. George did not elaborate on the success of either method.

More Gilly..



After avoiding the forest fires this past summer, Ron Moll ended up in Fox Lake (in the Whitehorse Area) where he landed a few trout with an ultra light rod. (So, Ron, were you able to block that stray hand from picking your pocket?)



Gerry Stevens was very impressed with the Eve River where he camped for several days on two occasions. The Nile was not nearly as productive (by snagging?) and he was still catching bass from Westwood a few days before the meeting.



Jed Dagenais had a five lb. (a modest guess) chinook for about 2 minutes on his "Tom Thumb" while pursuing trout in the Big Qualicum last weekend.



Ralph Carlson reported good fishing from Fry Creek in the Kootenays.

Ron Creber, guest, discovered that the Oyster River was just too warm for his neoprene waders. After investing in a pair of "breathables" and after catching a four pound pink, his wife reminded him that his fish worked out to \$70.00 per pound!



Even More Gilly..



Bob Hovey, guest, will have to repeat his humorous story at the next meeting - we were so enthralled with it that we forgot to write it down!

Bob Crampton found a massive school of fish on Lake Cowichan on his new fish finder. He quickly extracted three of them with his three inch "chironomid".



George Reed was so impressed with this that he mentioned it at least four times when he gave his presentation later.

Ray Evans was also impressed with the Nile but was even more impressed with Panther Lake - where he caught 40 trout on dry flies during the recent reopening of the area.



Wayne Legg wants to have a fishout at Harper Lake at the 25 foot level where, by coincidence, he lost his prizewinning, home-made, four-piece rod, reel and line.

Peter Huyghebaert caught his biggest ever chinook - 38 lb. from the "Canal". He also recommended the Stamp now for Coho if you want to catch fish until your arm drops off.

And the Winners Are...



Hale Yardley, left, accepts a copy of "The Trout That Climbed a Tree" tall tales book from our Gilly, Ray Honig.



Bill McColl won the gift certificate at the Gilly draw.

More Winners...

New member, Al Bieberstein, also won a tall tales book from Harold Tinling at the fly draw.



Ray Garton happily accepts his winnings of the flies at the fly draw.



And the big winner of the evening was Harold Tinling of the raffle for the rod and case donated by Sealand Tackle. Over \$160.00 was raised at this "one evening event" and will be donated to an environmental project of our choice.



Bruce Cummings came to the meeting late because he was at the Annual General Meeting of the Boys and Girls Club where he received the painting on behalf of the IWFF for our work with their club. For the last couple of years Bruce and others showed their kids how to tie flies then took them out for a fishout at Ellison Lake. We will be proud to display this very appropriate and descriptive painting.



"Let's jump a few times just to drive the fly fishers crazy!"

Guest Speaker: George Reed

Bernie's Banterings



George Reed retired this year after 35 years with the Ministry of Water, Land, and Air Protection. His presentation covered the statistics and behaviours of the four types of cutthroat trout:

- Anadromous cutthroat: sea run
- Adfluvial cutthroat: lake cutthroat
- Fluvial cutthroat: river resident cutthroat
- Headwater Cutthroat: resident headwaters

The combined types form the most important freshwater sport fish on Vancouver Island.

The largest cutthroat are found in the large lakes namely Cowichan, Sproat, Great Central and Comox.

The sea run cutthroats are currently blue listed on Vancouver Island.

Coho stocking has a negative impact on cutthroat populations.



The preponderance of happy faces in the photos taken at the last meeting was the inspiration for the front page collage of heads. But, why so many? and why the headline "Winners"? For those of you who missed it, the meeting became very upbeat as the "Gilly" unfolded. There were a lot of really funny remarks. Even George Reed's dour predictions of problems with the blue - listed, sea run cutthroat could not dampen our enthusiasm. The highlight of the evening came during the five draws for prizes. The final one was Harold Tinling's enthusiastic response when his name was called as the winner of the rod and case donated by Sealand Tackle. That is still only five happy faces out of the dozen shown on the front page. Conclusion: **We were all winners!**

Bill Brown Memorial Platform



The Bill Brown Memorial Platform on the Catstream has been constructed. The materials were funded by our club, the BCFFF and the Totem Fly Fishers in Vancouver. The labour and construction was done by the City of Nanaimo. This is part of the ongoing "Recovery of the Catstream Project" by the Fairview School and recently by our club and the BCFFF. A special thank you to Dave Connolly and Steve Wawrykow for the fund raising, meetings and work (tree planting etc.) they have done over the last few years. All that is left to do is to mount a plaque and, hopefully a dedication ceremony. Photo by Charles Thirkill.

John O'Brien's Fly Patterns

Editor's Note: These fly patterns and write-ups were submitted to Art Lingren for his forthcoming book "Fly Patterns of British Columbia". This is the fourth in a series of articles featuring our club members. They are presented here with permission from Art.

John O'Brien's dad started him fishing before potty training and at age 12, John would bike 100 miles to Banff to fish in the park. He lived in Prince Rupert from 1969-1974 and fished the usual Skeena system rivers. On returning to Calgary he started flyfishing in earnest. During the late 1970s, besides the Bow River, his love of the sport took him to the waters in the Rockies and B.C. Interior, including Tunkwa with its great chironomid hatches. Because of the wide range of fishing opportunities such as salmon, steelhead and smallmouth bass as well as the natural beauty of Vancouver Island, he moved to Nanaimo in 1980. He has owned and worked in fly and tackle shops since moving to the Island and has guided on fresh and salt water and tied flies commercially. He has been teaching fly fishing, casting, tying and rod building for over 20 years. With the help of the worlds Greatest Fly Fisherman (the late Sir Bill Brown) and Roy Sorensen he was instrumental in the 1985 formation of the Island Waters Fly Fishers and served as president the first two years. Currently he operates Canada's only full-time, year-round fly fishing school at Sealand Tackle. His favorite fisheries these days are the pink and coho salmon off the Island's beaches.



Black Carpenter Ant

Originated and contributed by John O'Brien



Hook: Size 10 Mustad 94840 or Tiemco 103BL

Thread: Black 7/0

Body: Foam ant body or foam strip

Hackle: Metz, brown, micro saddle hackle

Wing: Brown, cock, hackle tips

Intended Use: Dry fly for trout

Comments: Over the years I have tied many ant patterns and all worked to some degree but most either did not last long or float well or for very long. I found through working in fly shops and tackle shops and being able to order and try products like float foams or foam ant bodies that they do all of the above with the added advantage of being easy to tie. This is important because when fish are actively feeding on these large ants they lose all fear and you will go through a dozen flies in a big hurry. The ants on Vancouver Island are usually available to the fish on the hottest days in May and June, but only for few days. Consequently, the large numbers of these insects that fall in the water make the fish go crazy and a good ant pattern will catch many and large fish. I have caught three pound rainbows with at least 200 ants in their belly. I fish these dry and cast to the rises trying to guess which way the fish is moving. Because I have seen good hatches in July and August I carry these flies with me at all times during the summer. Fishing the black ant hatches on the Island is, for me, always one of the highlights of the year. I have my fly box filled with dozens of ant patterns and am ready to go at the first sign of a hatch. Don't miss this one.