

Fly Casting Clinic

Joie Coie passes on another tip to John Ellis and Ed Tremblay at the beach on Long Lake. See page 6.



CONTACTS



The Island Waters Fly Fishers Box 323, Lantzville, BC V0R 2H0

The Purpose of our club is as follows:

- -To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers

President: Vice President : Secretary:	Bernie Heinrichs Wayne Legge Doug Peterson	390-3266 756-3114 390-4109
Treasurer:	Harold Tinling	753-8680
Past President:	Keith MacDonald	758-2138
Gilly:	Ray Honig	758-9930
Newsletter:		
Directors:	Matt Haapala	390-1917
	Jack Toomer	756-0987
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	Bill McColl	722-3123
	Hale Yardley	753-2970
Webmaster:	Steve Wawrykow	754-3650
Fly Tying:	Gerry Stevens	754-4124
Videos:	Jim McEwan	751-2775
Library:	Matt Haapala	390-1917

Meetings at 7:30 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 758-2138.

Email us at iwff@shaw.ca Ph 758-2138 Visit at www.members.shaw.ca/iwff



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at http://www.bcfff.bc.ca/

President's Message

This Spring is shaping up to be a very successful time for the Island Waters Fly Fishers. There was a great turnout for the fly casting clinic at Long



Bernie Heinrichs

Lake - thanks again to Peter Huyghebaert, Joie Coe, and Roy Sorensen for the many tips you guys provided us. Now to get out and practice what we learned.

Our guest speaker, John Beavan, gave us a lot of insight into championship fishing. Hopefully this will inspire some to compete or to at least attend the Canadian Championships being held at Campbell River this September.

The weather was very cooperative for the Stella Lake Fishout and, again, a great turnout. What a nice, scenic lake!

The Boys and Girls Club was hoping for a few older or cheaper fly fishing outfits. Thanks to Joie Coe, Gone Fishin' and Fenwick they will be receiving new, good quality equipment.

Another piece of good news is the announcement by Peter Caverhill, President of BCFFF, that our insurance will be paid by the BCFFF this year and that the future fees will only be \$5.00 per member. We had budgeted \$1800.00. Thanks to Tony Brown, President of the Cowichan Club for his persistence to achieve these great rates. Have a great time on the water.

Bernie Heinrichs

2005 Program

May 24 - Guest speaker: Harlan Wright on "Englishman River Conservation"

June 14 - basic & intermediate fly tying

June 28 - regular meeting and a panel discussion on fishing for pinks led by Steve Wawrykow

Sep 13 - basic & intermediate fly-tying

Sep 27 - regular meeting and fly-tying

Oct 11 - final night for fly tying courses

Oct 25 - SUPER GILLY "TALL TALES"

Nov 8 - swap night! old gear and stuff

Nov 22 - regular meeting - Elections.

WANTED

A used float tube. Call Wayne Legge at 756-3114

Photos, stories, poems, information, "How To's" etc. for the newsletter.

Rods, reels, and flylines for the Boys and Girls Club Fishouts. Bring your surplus equipment to the next meeting or call Bruce Cummings at 390-2236.

Calendar of Events

Noon Socials and Luncheons

At 11:30 am every 1st and 3rd Wednesday at the Wellington Pub (half price specials). This is getting so popular that there are some who lunch there every Wednesday.

Club Library

Matt Haapala has offered to serve as the club's first librarian. If you have any appropriate books that you would like to recycle, please bring them to Matt or call him at 390-1917. Thank you Matt.

Fishouts

May: Tunkwa Lake

August 14 to August 21, 2005: Livingston River and Upper Oldman River in South west Alberta. Here is your opportunity to test out your collection of dry flies. Call Bob Leverman at 756-1998 for more information and to book it.

Sept.: Tofino for Coho, camping for 2 or 3 days

Late October: to Puntledge River (near Courtney). Chum fishing with wives and children. This can be a day trip from Nanaimo.

Bring more of your ideas to the next meeting.

Summer Barbecue

Larry Miller is planning another pig roast August 27, 2005 at his place again. This event was very popular last year and will feature an auto rally at 2:00 pm before the BBQ at 5:00 pm.

Christmas Party/Auction

Saturday, November 26, 2005 at the Lantzville Legion.



Bob Leverman's secret weapon was discovered behind his camper at the Stella Lake Fishout.



Wanted

Recycle your magazines to the waiting rooms in the hospital. Bring them to Larry Miller at the next meeting or noon lunch.

John Beavan's Presentation on Championship Fly Fishing

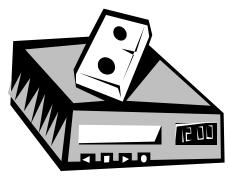


John Beavan enlightened the group of members who attended the casting clinic at Long Lake on April 26, 2005 on the facts and facets of championship fly fishing. He encouraged anyone who is interested to put in their entry to the Canadian Fly Fishing Championships to be held September 19 - 24, 2005 in Campbell River. These championships are not about big prizes and big entry fees like the bass tournaments that we see on TV. They are mostly about fun, learning, fellowship and conservation. The top five fly fishers will represent Canada at Commonwealth and World Championships. John felt that local teams would have a big advantage in this upcoming championship because of our familiarity with lake, river and beach fishing during September. Even if the Eastern teams came out this summer to practice, the conditions would not be the same as they would be in late September.

John also told us that the countries out of North America are much more competitive because we have such easy fishing and they have a culture of fly fishing championships where the top competitors are even idolized by fans.

List of Videos

See Jim McEwan to Check These Out



- 12 FLY FISHING MAGAZINE OLYMPIC TROUT & STEELHEAD
- 13 THE ESSENCE OF FLY CASTING MEL KRIEGER
- 14 FLY FISHING STILLWATERS ALF DAVIES
- 16 SURVIVING THE HOOK D.F.O.
- 17 RELEASE 'EM RIGHT D.F.O.
- 21 TROUT FISHING STEVE WAWRYKOW, IWFF
- 23 STEELHEAD FISHING IWFF
- 27 MAGIC OF FLY FISHING STORIES OF MANY TRIPS
- 34 DUBBING THE LOOP WITH ROOTS
- 35 TYING BASS FLIES IWFF
- 37 BASS THE 99% SOLUTION FISH'N CANADA
- 40 THE RIVER OF NO RETURN IWFF REPORT
- 42 25 FISHING LAKES MERRITT TO KAMLOOPS
- 43 1 NORTHERN LAKE TROUT FISH'N CANADA
- 43 2 FLOATING FOR GATORS FISH'N CANADA
- 43 3 LARGEMOUTH BASS FISH'N CANADA

Casting Clinic



Bruce Cumming demonstrates while John Bucchier picks up another tip from Peter Huyghebaert.



Joie Coe shows another finesse cast

Over 30 IWFF members took advantage of the great weather and the opportunity to learn, or fine tune, their fly casting skills. Peter Huyghebaert provided basic fly casting lessons, Joie Coie lead the intermediate class and Roy Sorensen helped the more advanced casters to increase their casting distance. Thank you Peter, Joie, and Roy for your superb instruction and tips. Hopefully this will become an annual event as there was a lot of interest from those with all levels of skill.



From the left: Al Bieberstein, Don Clarke, Ray Honig, John Beavan, Ron Moll, Bill McColl, Jim MacFie, Ray Garton, Ron Busche and Terence Swean enjoying the antics of their President flailing away with his fly rod.

The Klinkhåmer

This pattern was recommended by John Beavan at his presentation "Fly Fishing Championships" on April 26, 2005. He said that the Klinkhamer is very popular in Europe but has not caught on yet in North America.



Hook: Partridge GRS15ST, size 14-8

Thread: Uni-thread, 8/0, grey or tan for body.

Danville's Spiderweb for parachute

Abdomen: Fly-Rite poly 2 dubbing **Wing post:** One strand of white poly-yarn **Thorax:** Three strands of Peacock herl **Hackle:** One large hackle, tied parachute

- 1. Cut off a strand of poly-yarn and taper the tip with your scissors before tying in; this is to be sure the underbody will be tapered and as slim as possible.
- 2. Wrap your thread down to the bend and backwards.
- 3. Try to make a nice tapered under body.
- 4. Tie in the hackle so it lies in the same orientation as the yarn. Form an upright wing by tying up the yarn.
- 5. Apply a small amount of dubbing to the thread. Tie the body very slim and well tapered. Start as close to the barb as possible.
- 6. Tie in three peacock herl fibres. Tie off and varnish.
- 7. Now turn the hook in the vice, so that the wing is horizontal, with the bend uppermost. Grasping the tuft of poly-yarn, put on the spiderweb, wind several turns around the base of the poly-yarn and create a rigid wing base on which to wind the hackle.







8. Wind the hackle around the base. Start at the top of your wing base, taking each successive turn closer to the hook shank. Take as many turns as the type of hook requires. Small flies about 5 windings and bigger flies at least 7 or 8 windings.

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9. Remember that the fly has to float mainly on the parachute. A lot of people wind their hackle in the opposite way, working up the wing, the hackle is less durable and may still come off. When you work from top downwards it ensures a compact well-compressed hackle and a most durable construction. Pull the hackle tip to the opposite direction of the wing and secure with a few turns of spiderweb. Secure well around the base of the wing between the wound hackle and body. Use your whip finisher. Trim away the waste hackle tip and hackle fibres that are pointed down. Take your varnish applicator and apply some lacquer on the windings just under the parachute.



The completed fly

This pattern was obtained from http://www.danica.com/flytier/hklinken/klinkhamer_special.htm
The link is very detailed with 17 photos, history of the fly and a lot of tips on how to tie parachute flies. It has a total of 16 pages!

Stella Lake Fishout Photos by Harold Tinling



Stella Lake from the Campsite

More Stella Lake Fishout



The Stella Lake Operations HQ



Paul Inscho the morning after or was it the morning before?

Right: Wayne "Bunyon" Legg getting ready for a long campout.

Below: Some have fish and some have to settle for steak.







On the Water at Stella Lake



Doug Winters



Gerry Stevens



Doug Peterson

The Oldest Description of Fly Fishing

The earliest reference to fly fishing was probably written by Aelian, a Roman who wrote it about 200 A.D. In one of his 17 books "Nature of Animals" he wrote: "I have heard of a Macedonian way of catching fish, and it is this: between Boroea and Thessalonica runs a river called the Astraeus, and in it there are fish with speckled skins; what the natives of the country call them you had better ask the Macedonians. These fish feed upon a fly peculiar to the country, which hovers on the river. It is not like the flies found elsewhere, nor does it resemble a wasp in appearance, nor in shape would one justly describe it as a midge or a bee, yet it has something of each of these. In boldness it is like a fly, in size you might call it a midge, it imitates the colour of a wasp, and it hums like a bee. The natives generally call it the hippouros. These flies seek their food over the river, but do not escape the observations of the fish swimming below. When the fish observes a fly on the surface, it swims quietly up, afraid to stir the water above, lest it should scare away its prey; then coming up by its shadow, it opens its mouth gently and gulps down the fly, like a wolf carrying off a sheep from the fold or an eagle a goose from the farmyard; having done this it goes below the rippling water.

Now though the fishermen know this, they do not use these flies at all for bait; for if a man's hand touch them, they lose their natural colour, their wings wither, and they become unfit food for the fish. For this reason they have nothing to do with them, hating them for their bad character; but they have planned a snare for the fish, and get the better of them by their fisherman's craft. They fasten red (crimson red) wool around a hook, and fix onto the wool two feathers which grow under a cock's wattles, and which in colour are like wax. Their rod is six feet long and their line is the same length. They throw their snare, and the fish attracted and maddened by the colour, comes straight at it, thinking from the pretty sight to gain a dainty mouthful; it is caught by the hook and enjoys a bitter repast, a captive."