



# ISLAND WATERS FLY FISHERS



The head cement was applied and cured hard as nails in less than 20 seconds. See how on page 5.

## The Island Waters Fly Fishers

Box 323, Lantzville, BC

V0R 2H0

Email us at [iwff@shaw.ca](mailto:iwff@shaw.ca) Ph 390-3266

Visit at [www.iwff.ca](http://www.iwff.ca)



Meetings at 7:15 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 390-3266.

## CONTACTS

<b>President:</b>	<b>Bernie Heinrichs</b>	<b>390-3266</b>
<b>Vice President :</b>	<b>Ron Moll</b>	<b>754-3978</b>
<b>Secretary:</b>	<b>Frank Perilli</b>	<b>390-4400</b>
<b>Treasurer:</b>	<b>Harold Tining</b>	<b>758-2655</b>
<b>Past President :</b>	<b>Keith MacDonald</b>	<b>758-2138</b>
<b>Directors:</b>	<b>Bob Kissinger</b>	<b>758-8995</b>
<b>Youth:</b>	<b>Bruce Cumming</b>	<b>390-2236</b>
<b>Program:</b>	<b>Ron Busche</b>	<b>758-2225</b>
<b>Entertain:</b>	<b>Jack Toomer</b>	<b>756-0987</b>
<b>Phone:</b>	<b>Gord Davis</b>	<b>716-2787</b>
	<b>Paul Inscho</b>	<b>758-2303</b>
	<b>Tom Skilton</b>	<b>729-5685</b>
<b>Webmaster:</b>	<b>Steve Wawrykow</b>	<b>754-3650</b>
<b>Fly Tying</b>		
<b>Videos:</b>	<b>Ed Tremblay</b>	<b>245-8552</b>
<b>Library:</b>	<b>Gerry Stevens</b>	<b>754-4124</b>
<b>Gilly :</b>	<b>Ray Honig</b>	<b>758-9930</b>
<b>Coffee and Hall:</b>	<b>Ray Garton</b>	<b>758-9215</b>
<b>Newsletter:</b>	<b>Bernie Heinrichs</b>	<b>390-3266</b>

## The Island Waters Fly Fishers

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

### President's Message

Our late spring activities are starting to really heat up recently. There have been several really successful fishouts: Alice Lake, Panther Lake, Lois Lake, Shawnigan Lake, the Nitinat River drift etc. The Nitinat drift was a new experience for most and provided some good aerobic exercise. Who ever heard of needing to row down river to prevent the wind from blowing you back upstream? Anyway, Wayne Legge was the top fisher. He landed the biggest, the



Bernie Heinrichs

smallest, the most and outfished the rest. This looks like a fairly dubious honour. The rest of the trips were much more successful and there is time for more before we become restricted due to forest fire hazards.

The local lakes are still productive. Find out by trying a bit of fishing before the picnic which is planned for June 26th on Westwood Lake. This is the shoulder season for trout and bass on this lake. It is still cool enough for trout and is starting to warm enough for bass.

A new event, not exclusively IWFF, is being held July 4th to the 6th at Rathrevor Beach. There are two nights of camping with an opportunity on July 5 to come out on a day trip to participate in a pot luck picnic. There is a rumour that the fly casting game, Bocce and Crib will be part of the activities planned. Check out the details for all of these events under the "Program" heading in this newsletter.

Also mark August 26th on your calendar. The highly successful barbecue that was held at Jack and Elena Toomer's is being repeated again this year. The Danish Fly Casting Game for the casters went over very well and the Bocce for the rest (spouses) was also well received. Hopefully the organizers of these events can be persuaded to do it again (hint hint Harold and Jack).

Our compliments are extended to Ron Busche for organizing an excellent slate of speakers this year. These compliments are also extended to the members like Keith MacDonald, Tom Skilton and Harold Tinling for suggesting them. These speakers offered so much of their time that we have not held a full business meeting since February! The basic announcements were made and we always found time to hold the fly draw and the odd other draw. But not to fear! Your directors are so well organized that the business activities were conducted on autopilot.

Have a great summer; see you at the fishouts and the other activities.

Bernie Heinrichs

## Junior Fly Fishing School

Keith MacDonald and Bernie Heinrichs helped Joie Coe with a fly fishing class at one of Aspen-grove School's Exploratory

Programs. This involved an introductory class, several casting sessions, two fly tying classes and four field trips. These photos were taken at Ellison Lake, Duncan where every kid caught at least one fish and the desire to fly fish.



Doug Peterson came along on this fishout and coached Paige and Willie on how to land a big one.



Keith MacDonald and Graham Schuley (Aspen-grove Teacher) are on hand while Willie reels in another one to Cameron's waiting net.

## Program

**June 26, 2007:** Fishout and picnic at Westwood Lake. Tube steaks, smokies, salads and dessert supplied by the club. Please bring your own refreshments. Guests and spouses welcome. Fish all day until 5:30 pm. then stop to eat.

**July 4 - 6, 2007:** Camping at Site #3, Rathtrevor Beach. Call Harold at 758-2655.

**July 5, 2007:** Pot luck picnic at Rathtrevor Beach at about 5:00 pm at Site #3

**August 26, 2007:** Summer Barbecue at Jack and Elena Toomer's. It will follow the same successful program as last year. The club supplies the meat and buns you bring a pot luck salad or dessert. The casting game for the guys and a Bocce or putting game for the ladies is also planned.

**September 25, 2007:** Our own Bob Leverman will be presenting "Match the Hatch"

**October 23, 2007:** John Beaven, another one of our own, has not yet decided on his topic - he has too many good ones to choose from.

**November 27, 2007:** AGM then Election of Executive and Directors

**December 1, 2007:** Christmas Dinner and Auction at the Legion Hall in Lantzville.

## Guest Speaker: Andy Sneddon Control Depth Fishing

The Island Waters Fly Fishers really got their money's worth from Andy Sneddon at our May meeting (we bought his dinner - thanks again Andy). He gave us more than depth control fishing, but the highlights of that topic are:  
-80-90% of a trout's menu comes from the bottom.

- You need to determine the depth of the fish then present the fly at that depth.
- You need to present the fly at that depth for as long as possible.
- Your fly is not at the depth you think it is for as long as you think it is.

Methods to weight your flies:

- Lead or equivalent wire under the fly's dressing.
- Copper or other wire over the dressing.
- Use of coneheads, bead heads etc. made of tungsten, copper, brass, lead, glass etc.
- Fly design and materials e.g. marabou holds air.
- Slim or sparse flies create less drag and sink faster.
- Use heavier hook



Andy Sneddon delivers his presentation "Control Depth Fishing" at the Island Waters Fly Fishers May Meeting.

Methods of weighting the leader:

- Use split shot on the leader.
- Use weighted putty (lead based).
- Fluorocarbon is less visible and sinks faster than monofilament.
- Use 3 ft. or less of tippet to prevent the fly from drifting up.
- Tapered leaders are great to allow the fly to roll over but are not needed for nymphing.

(cont'd on next page)



Andy Sneddon had a captive audience for nearly two hours at the May meeting.

## Andy Sneddon's Presentation continued

Andy's comments on fly lines are:

- Good full sink lines are thin and heavy for faster sink rates.
- You need to feel the fly touch bottom or come up with weeds occasionally to know that it is on bottom.
- A type 3 full sink line will probably pull the fly down to 15 ft. while slowly kicking in a float tube.
- Practice using brightly coloured flies to observe their depth and behaviour in streams.

Andy uses a very basic method to form loops on his fly lines:

- Cut the end off with a tapered finish.
- Loop it back with about a one inch loop and temporarily hold it in place with crazy glue.
- Tie the tapered end back onto the fly line with 10/0 thread and whip finish it.
- Coat the thread with Aquaseal or equivalent.

As a bonus, Andy even gave us a few tips on presenting the fly and mending the line:

- Basically, mending the line is used to maintain the fly in a natural drift and is used to prevent the line from pulling the fly too fast or dragging it too slow.
- Use a tuck cast or a curve cast to place the fly.
- In some situations cast upstream to get the fly to drift into the desired position.
- Develop a strategy at a stream prior to casting. Read the water's direction and speed, determine where the fish are or could be then figure out how and where the fly will be delivered.

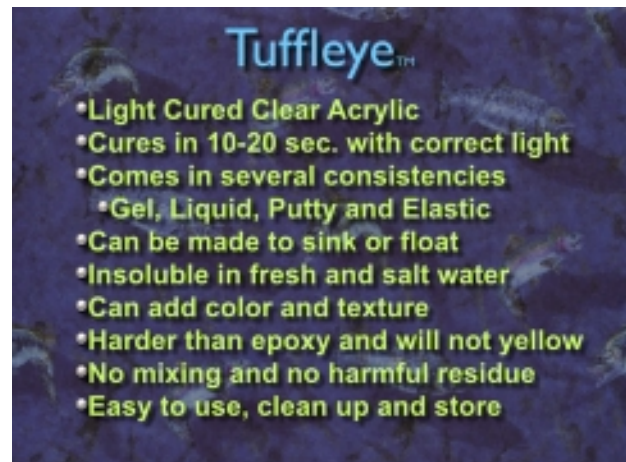


## Andy Sneddon's New Product



Tuffleye is the brand name of the products used to replace epoxies.

There are two types of acrylate resins that come with the kit. One is "Core" used for the main body of the fly and the other is "Finish" used for light coatings. Both are applied and stay liquid until they are set by the blue light from the LED light emitter (looks like a flash light). The setting time is 10 to 20 seconds and is very tough.



The above are the advantages of Tuffleye over epoxies. The basic and complete kit can be purchased on line from [www.wetahook.net/](http://www.wetahook.net/) and is listed for \$89.00 US. Andy said that he will be setting up the manufacturing plant for this product and Peter Morrison (our previous speaker) will be distributing it in Canada. A few members have purchased this kit - please tell us about it.

## Winners



Harold Tinling, left, presents Jim MacFie's last pheasant tail to Brian Lapadat. Thanks again Jim.



Dan Hooper won some dandy flies at the fly draw. Thank you tyers and contributors to this fun draw and money maker.



Bill McColl, left, won the first door prize (a rod holder) donated by Andy Sneddon.



Just to prove that these draws are all on the "up and up", Bernie was allowed to win the second prize.

## For Sale

*Free Ads: List your items on this page*

1. Scott SAS 958 9'6" 8 wt. line 4.4 oz with BFR Magnum 140D Reel with extra spool and backing. Scientific Anglers Stiliwater WF-8-S invisible sub surface fly line (used twice) Also a Royal Wuiff TT 8 F (Triangle Taper fly line), this is a superb casting line. An Ideal Pink Salmon Outfit. Total original cost of all components is over \$650. It worth your time to try this rod out. Asking \$450 OBO

2. Sage Performance Taper WF-4-F fly line. Used about 5times. \$40 OBO

3. West Can 9' 6 wt fly rod. This is was my first fly rod and has caught trout, Coho and Pink Salmon. BFR DragonFly 375 Cartridge reel with 2 extra cartridges Floating and sinking lines with backing. An ideal starter outfit or for boat use. \$200 OBO

Phone Steve at 754-3650 or email [www.steviwaw@shaw.ca](mailto:www.steviwaw@shaw.ca)

## For Sale

A Lamson reel, R20, 5/6, c/w Courtland 6w-wff line, both used once \$235.00

One Fenwick HMXF 866-2, 8' 6" graphite 6 with 3 1/8 oz-\$110.00 call Tom 729 5685

## Events and Services

### Pub Lunches

Come out for the half price specials every Wednesday from 11:30 A.M. to late noon. We need to see some new faces - the old ones are starting to recycle their lies.

### Club Library

The list of books has now swelled to over 65 books.

Gerry Stevens is the custodian and he will bring your requests to the next meeting if you call him at 754-4124. Check out the list of books on our website. The link is above the calendar on the newsletter page. There will be some lists available at the meetings.

### Book Reviews

Are you looking for ideas for an article for the newsletter? How about a book review? It could be one from our library, your favourite fishing book, a fly tying book or whatever.

## Fly Fishing Web Sites

### [www.iwff.ca](http://www.iwff.ca)

Our club's site containing past issues of the newsletter, fly patterns by our members and library books. It also has a link to our Message Board where members post their exploits and follies.

### [www.bcfff.bc.ca/](http://www.bcfff.bc.ca/)

This is the site of the British Columbia Federation of Fly Fishers our parent organization.

### [www.gofishbc.com/](http://www.gofishbc.com/)

The site of the Freshwater Fisheries Society of B.C. They are responsible for stocking the lakes all over B.C. Check out their stocking statistics for local lakes and many in the interior of B.C.

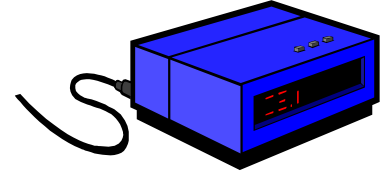
### [www.anglingbc.com](http://www.anglingbc.com)

This is the most popular site in B.C. and covers fly fishing, articles, gear, fishing reports, best tackle, fishing clubs, books, forums, resorts etc. for lakes, rivers and salt water.

Please send us your favourite site.

## List of DVD's

See Ed Tremblay (245-8552) at the meetings to check these out



### Casting DVD's

Introduction of Spey Casting  
Spey Fishing Steelhead  
The Art of Spey Casting  
Joan Wolf: Dynamics of Fly Casting

### Fly Tying DVD's

Brent's Top 10 Lake Flies  
Streamer Flies for Trophy Trout  
Fishing Still Waters Shrimp and Leeches  
Tying the Classic Salmon Fly  
Expert Techniques Tying Fly Patterns  
Fly Tying: The Anglers Art #1 and #2

### Fly Fishing

The Trout Bum Diaries  
Top 85 Tips on Fly Fishing for Trout  
Expert Techniques for Stillwater Fly Fishing  
Fly Fishing 2 and Matching the Hatch  
Fly Fishing Large Western Rivers - Winter  
Fly Fishing Large Western Rivers - Summer  
Fresh Water Fishing Society & Trout Fishing  
Successful Fly Fishing - Casting Techniques  
Successful Fly Fishing - Salmon, Brook Trout  
New Fly Fisher #1  
Fly Fishing Salmon  
Matching the Hatch  
Casting Shadows #1 and #2  
Magic of Fly Fishing - Cowichan River

*There are also numerous DVD's produced by IWFF on Fly Tying, Fishing Techniques, Casting, etc*

**We still have the video tapes as listed in previous newsletters.**

## Alice Lake Fishout by Harold Tinling

Well the long awaited fish out to Alice Lake has come and gone. Doug and Jean Winters got this thing going in the winter time and a lot of us looked forward to it.



On May 9<sup>th</sup> we left Nanaimo and travelled to Alice Lake to the Link River Campsite at the mouth of the river. It is a good spot if you are looking to do some camping on the north island. I travelled with Ron Busche and the trip was pleasant with very little traffic. Nearing our destination there were road signs directing the IWFF members to the right roads.

We arrived at the camp and were greeted by the Winters and the Millers who were already set up. We got a little fire wood and soon had a T bone on the grill over hot coals.

After dinner it was the dessert party as usual. Although the Toomers were not with us they were there in spirit as Elena felt bad for us and she sent along three delicious desserts for the gang. Thanks Elena.

Thursday found us all out fishing and a few nice bows were caught and released. Matt Haapala showed up and after he got settled he fished the river and got a nice fish there.

Friday was a good day, Ron and Larry fished together and Larry got himself a 20" Cutthroat trout. Then it was to the Winters camp as Doug and Jean hosted a great breakfast for the group. Hot cakes and sausages, tea ,coffee, it was all there.

Next was the wood cutting trip, Doug, Matt and I went up the trails and found some standing dead fir which we felled and bucked up, We took a side trip and walked into Victoria Lake where the Link River starts. The scenery was terrific as we were right above a nice waterfall and rapids. Matt tried some casting but all he got was a birdies perch.

Wayne and Judy Legge showed up in the afternoon and a little later Ray and Joan Honig arrived. It was a great fire night with dessert.

Saturday found us out on the water early and Harold was rewarded with a 18" cutty on a muddler minnow.

Wayne Legge was out in his new inflatable and he christened it that

morning. Also ran out of gas, for the motor that is. Ray Honig was also out in a new outfit but the fish were a little more wary.

Larry and I took his boat on the trailer and headed for the Rupert inlet where we proceeded to catch some very nice crabs.

I have to say three of those crabs were the largest we had ever seen. They made nice starters for the pot luck.

Saturday's dinner was a good old fashioned Pot Luck for Mother's Day and we did it up fine.

Meat balls, shrimp bouillabaisse, chili, fried rice, Greek salads and cake and ice cream by Judy.

Sunday we all did a little fishing but nothing was caught. It was time to pack up as we left

Monday morning early with a lot of good memories. On Monday morning Doug Winters put on his waders and fished off the bar at the river mouth, He was rewarded with a 18" Rainbow

So fishers, remember if a trip comes organized by the Winters, get on it, they are gracious hosts.



Jeanne and Doug Winters, great organizers and gracious hosts - thank you very much.



## More Alice Lake

Thank you, Harold, for the great photos and the story.

Ron Busche, left, admires Larry Miller's 20 inch cut-throat.



There was more than trout at this campsite. Harold and Larry brought these and more in for the pot luck that night.



Matt Haapala and Doug bucked up some firewood.

## BCFFF AGM Winner



Paul Inscho, left, accepts the rod and reel certificate from Harold Tinling. He can choose his model of Islander Reel and Sage Rod. Harold was our representative to the B.C. Federation of Fly Fishers in Couquitlam this year. Congratulations Paul and thank you Harold for the time spent there and the fine report you wrote up.



Wayne Legge christened his new inflatable on Alice Lake.

## BCFFF AGM Report 2007 by Harold Tinling

I attended the BCFFF AGM on May 25 to the 27 in Coquitlam BC as the representative for Island Waters Fly Fishers.

Friday there was not much doing, just a few delegates around the hotel but no meet and greet.

Saturday the morning meeting started at 9:00 am and was sparsely attended. The usual business was attended to and dispensed with promptly. There were no pressing environmental issues to contend with at this time but there are issues looming such as small hydro electric permits being applied for which will be installed in small streams and rivers without much regard for the fish habitat.

The usual reports were given and the federation appears to be in good hands. The committee reports show the area and special project representatives had a busy and fruitful year. The election of officers for the upcoming year was held and I will continue in my role as treasurer.

The president of the BCFFF, Gill Sage could not finish his term and the first VP. Pat Micek was elected to the president's position. This is a good move as the fly fishing community as a whole will benefit from his leadership.

The main topic of the meeting after the election was "succession planning". Where is the BCFFF and Member clubs going? How do we get new young members? Are we as a group getting to the young people and filling their expectations. What are their expectations?

A program has been started to get opinions and thoughts from young fishers in hopes to answer some of these questions. This is in the works on the lower mainland and it will come to the island in the near future.

The meeting was adjourned and was followed by an excellent presentation put on by the Skagit Environmental Endowment Commission regarding the protection of the lands in the upper



This year the fly box donated by the Island Waters Fly Fishers brought in a record \$350.00. Thanks to all of the tyers who contributed, Bob Leverman for collecting and arranging them and to Harold Tinling's workmanship on the box. You guys are establishing a great tradition.

Skagit Valley. I'm sure we will hear more from them.

The afternoon sessions were well attended with demonstrations by some great fly tiers on the intruder style of flies along with shows on the fishing opportunities on the lower mainland. The dinner and the auction were a success. A good number of quality items were auctioned off at good prices. The Island Waters fly box sold for \$350.00. A nice fly box and fly assortment donated by Keith MacDonald brought in \$55.00 and two wood fly boxes donated by myself brought in \$ 45.00 each

Sunday it was off to the Fraser Valley Trout Hatchery for a tour of the facilities and a little fishing for the kids and some old folks. The day finished with a nice barbecue and get together. All in all the AGM was a success.

Regards,  
Harold