



November 4, 2008 was another awesome day on Panther Lake and it was successful too - as usual!
Thanks, Andrew Cathers, for the photos.

Island Waters Fly Fishers

Email us at iwff@shaw.ca Ph 390-3266

Visit at www.iwff.ca



Meetings at 7:00 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 390-3266.

CONTACTS

- | | | |
|-------------------------|-------------------------|-----------------|
| President: | Bernie Heinrichs | 390-3266 |
| Vice President : | Ron Moll | 754-3978 |
| Secretary: | Frank Perilli | 390-4400 |
| Treasurer: | Harold Tinling | 758-2655 |
| Past President : | Keith MacDonald | 758-2138 |
| Directors: | Bob Kissinger | 758-8995 |
| Youth: | Bruce Cumming | 390-2236 |
| Program: | Ron Busche | 758-2225 |
| Entertain: | Jack Toomer | 756-0987 |
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| Library: | Gerry Stevens | 754-4124 |
| Gilly : | Ray Honig | 758-9930 |
| Coffee and Hall: | Ray Garton | 758-9215 |
| Newsletter: | Bernie Heinrichs | 390-3266 |

The Island Waters Fly Fishers

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

President's Message

You guys (this does not exclude future female members) are very fortunate to have such energetic and enthusiastic directors guiding this club. At our last meeting, November 12, there were many follow-ups to previous proposals and many new ones. One of these was the disappointment in cancelling the Gilly for the last several meetings. They are lively, get a lot of members involved, lots of laughs and some good information is brought out. When it was pointed out that the meetings



Bernie Heinrichs

have had long agendas, the retort was "So what? We do not have to go home at 9:00 PM. This next meeting also has a full agenda:

- Business items and announcements
- Guest speaker
- Ron Heusen will be there to hear our recommendations to change the Provincial Regulations and improved access to waters
- AGM and election of officers
- Fly draw (this is not an option to cancel) and Gilly

This next meeting will truly test the stamina of the attendees!

But, on to the Directors Meeting:

-Tom Skilton brought the newly minted club decals that were voted on at the last meeting and will be at the November 27th meeting.

-Bob Kissinger brought his sample of a "Clean up Your Mess" sign and prices. This will also be voted on at the November 27th meeting.

-Leo Snye has offered to research and organize a youth program in our area. He presented his background (conducted classes in Calgary), his offer to the Boy Scouts and to the Secondary Schools. Leo also cautioned that this may take some time to implement and there may not be much until next season. The schools need to work this into their busy programs.

-The need to bring in activities for the members who are not retired. Evening fly tying? Evening rod building? Other? The guests and new members need to be heard and anybody who has been with us for awhile is encouraged to find out what their needs are and bring them forward.

-Bernie Heinrichs attended a Sport Fishing Advisory Board meeting as an observer. A summary of some of the results of this meeting is in this newsletter. After a discussion of the purpose and results of this meeting, the Directors agreed that this should be pursued further and a representative from our club should attend future meetings. One of the suggestions brought forward was to discuss changing the regulations to allow a pink fishery in the Nanaimo River. This recommendation would be a catch and release fishery at least until the run is established. Fly fishing only should also be considered. (Cont'd)

I noticed a positive shift in attitude in the membership this year - especially the last few months. We are becoming more involved in conservation projects and community-oriented programs.

-The involvement in the Millstone Bypass Project was phenomenal and was really displayed by your turnout at the Open House in Bowen Park.

-We have been talking for a long time about a youth program and it looks like Leo Snye is well on the way to achieving some results.

-It was amazing how quickly a team was assembled to take on hosting the BCFFF AGM. Thank you, Peter Huyghebaert for your initiative and leadership.

-There is also a move to promote our club some more and to attract new members.

The last few years has been mainly focused on socializing and it allowed us to build a base for a well organized club. We do not want to lose that but it gives us an opportunity to expand and become even more involved.

I am really looking forward to seeing just how much we can really achieve. Thank you all for your support for the last three years that I have had the privilege of serving as your president and thanks for reading this long-winded message.

Bernie Heinrichs

Millstone Bypass Open House



Leo Snye, Ron Moll, Andrew Cathers, Gerry Stevens and Tom Skilton man the IWFF booth

Here's proof that the channel is doing its job! Charles Thirkill and two "Friends of the Millstone" release a male Coho after it recovers from an anaesthetic given to it when it was taken from the sediment hole. This one and its mate were taken from the second set using a seine net.



Island Waters Fly Fisher members help the "Friends of the Millstone" and observers to lower a seine net into the sediment hole next to the road in Bowen Park. Mel Sheng estimated over 100 Coho have gone through as of November 17 and is hoping for another 200 if river conditions are favourable.

BCFFF AGM April 25 to 27, 2008

Island Waters Fly Fishers has stepped up to the plate and has offered to host the B.C. Federation of Fly Fishers Annual General Meeting again. With the experience gained from hosting the 2003 AGM, we are determined to exceed the excellent results achieved then.

The plans so far include:

Friday

-1900 - 2100 Meet and Greet in the upper section of the restaurant

Saturday

-0900 - 1200 AGM in the Emerald Room (2nd floor).

-0900 - 1600 Trade show, fly tying and displays in the Crystal Room (main floor).

-1800 -Cocktails and view auction items

-1900 -Dinner served

-2000 -Close silent auction

-2030 -Live auction

Sunday

1000 -Celebrity speakers at the Nanaimo Fish and Game (F&G) club house

1200 -BBQ at F&G

1300 -Casting demonstrations (overhand and spey) at F&G

1400 Casting Game at F&G

Organization

Peter Huyghebaert and Bernie Heinrichs: Co-chairs

Peter: Hotel booking, banquet, meet and greet, trade show, publicity and press

Bernie: Speakers

Harold Tinling: Finances and the Casting Game

Keith MacDonald and Steve Wawrykow: Auction co-ordination letters and liason with other clubs, and item pickups and auctioneer

Ray Honig: Track the auction item winning bids for payments

Jack Toomer: BBQ on Sunday

Bob Leverman and Ron Busche: Organize fly tying demonstrators

Steve Wawrykow: Welcome package and maps

Mike Orr: Web site

If you have any suggestions, please call the applicable person from the above list.



Annual Banquet and Auction

Location: Lantzville Legion, Lantzville

Time: Cocktails at 6:00, Dinner at 7:00
Saturday, December 8, 2006

Cost: \$20.00 each and **an article to donate to the Auction.**

Purchase your tickets and bring your auction item to the next meeting or Pub Lunch. The deadline for tickets is December 1, 2007.

Jack wants your auction items prior to the auction so that they can be sorted and described.

Call Jack at 756- 0987 for more information.

Guest Speaker

The Island Waters Fly Fishers have been talking about putting on a youth fly fishing training



program and now we have the tools to do the job. Garry Bettridge and many of the members of the Westcoast Fly Fishers Association in Sooke conducted a youth camp for 20 students last year. They ranged in age from 10 to 16 years old. The camp was held for two full days on a weekend in the Boy Scout's "Camp Barnard on Young Lake, Sooke, B.C.

These 20 very lucky kids were supplied with the fishing equipment, fly tying tools, materials, information, and many instructors all for free. \$5000.00 was raised from donations mainly from industrial companys.

Garry's presentation covered the why, who, when, where and what of teaching young people about fly fishing. The why is mainly to provide a great experience for the kids. The who is the age and source of the students. The when occurs after a good deal of research and preparation. Garry's group had an ideal location on the lake with a large grass area and good buildings. The what is the program that is going to be presented. This is the area that requires the most preparation and Garry left us with a lot of material to help us. All we need now is motivation!



Ron Busche presents Garry with our usual token of appreciation "The Trout That Climbed a Tree" tall tales book.

Frank Dalziel gave us a summary of how the Pacific Salmon Foundation (PSF) is organized and how they will be investing the money raised from the upcoming fund raiser on November 24, 2007 at Beban



Park. This is the organization who promoted and partially funded the Millstone Bypass Channel in Bowen Park. The donations and money raised will be used to fund local projects such as the Nile Creek Enhancement Program. Tickets for the Dinner and Auction are still available at the Tackle shops or from Frank.



Guests at the October Meeting



Ray Honig, Gilly Master, welcomes Gordon Steve, Ladysmith (sorry about the blinking eyes) and Ryan Jones, Saltspring Island.

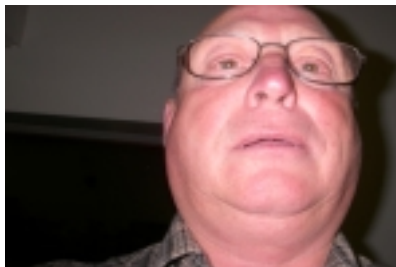


Larry Bishop, right, and his guest Peter Lechthaler from Ladysmith



John Lees, left, also from Ladysmith and Jamie Ker, Nanaimo. Bill Pollard, Nanoose got away before he could be photographed.

“No, Ray, you have got to point the camera the other way!”



Program

November 27, 2007: Dan Lougheed will be the speaker and the title will be “Island Winter Steelheading”. Ron Heusen will be receiving suggestions on how to revise the regulations. The AGM and Election of Executive and Directors follows.

December 8, 2007: Christmas Dinner and Auction at the Legion Hall in Lantzville.

January 22, 2008: Frank Dalziel’s topic is “Cutthroat Trout”.

February 26, 08: Trevor Andrews, Area Biologist with the Department of Environment, will be updating us on the trout stocking program for Vancouver Island

March 25, 08: Andy Sneddon, “Warm, Salt Water Fishing”.

April 22, 08: Ian Forbes, “The Nitinat”.

May 2-4, 08: BCFFF AGM.

May 27, 08: John Beaven, a Canadian Fly Fishing Championship Team Representative, will come up with an informative presentation.

June, 08: Larry Miller and Ron Busche, club picnic.



Bernie Heinrichs, right, accepts his prize from the fly draw from Harold Tinling. He blurted out that it was about time - after 28 years! Bernie finally got tripped up on his lies - he did not even know which end to hold a fly rod six years ago!

Fly Tying Class



Doug Petersen, second from the right, instructs Doug Winters, left, Ray Honig, Brian Lapadat, Larry Miller, Tom Skilton and Ron Busche, below, at their third lesson. This class was a bit about marabou but mostly deer hair - from how to select it to spinning it on to tying on tails. This is Doug's first full formal course in fly tying and, from the response from his students, he is certainly capable of starting a new career!



Ron Busche organized and hosted the classes in his home. Thanks Ron.



A Gomphus in progress - an all deer hair fly.

Wednesday Afternoon Fly Tying Schedule

What is coming and what you have missed.

October 3: John Snook's Basic Chironomids

October 17: Harold Tinling's Runje Turd and Halfback Nymphs

November 7: Mike Orr's Sparkle Leech

November 28: Paul Inscho's Doc Spratley (wet searching pattern)

December 5: Bernie Heinrichs' Andrew Cather's Emerger

January 2: Dave Connolly's Woolly Bugger and Leech

January 16: Jack Toomer's Cumming's Fancy

February 6: Gerry Steven's Blue Green Optic

February 20: Bob Kissinger's Pink Shrimp

March 5: Bob Levermans Dry Fly

March 19: Peter Huyghebaert's Spun Deer Hair Fly

These sessions are held every first and third Wednesday afternoons at about 1:15 PM after the Pub Lunch at the Wellington Pub. Bring your fly tying tools and tie one on or sit back and enjoy the coffee and goodies.

Evening Fly Tying and other Activities

Would you like to tie flies in an evening session? Attend casting clinics? Still working but want to have the same fun as the retired members? The Directors are concerned that some member's needs are not being met. We want to hear from you and see what can be done to make this club an even more encompassing organization. Bring your ideas to the next meeting and we will work on it.

Sport Fishing Advisory Board Report

by Bernie Heinrichs

I was invited to attend a Sport Fishing Advisory Board (SFAB) meeting at the DFO's office on Stephenson Pt. Rd on October 18, 2007. This organization was new to me and I thought it best to check it out. There were some very interesting facts and proposals presented at that meeting. First, for those of you who are as ill informed about this group as I was, a little background. The SFAB was constituted in 1964 as an advisory body to the DFO. It consists of about two dozen local sport fishing advisory committees throughout B.C. who represent the views of the recreational fishers in the province. Each committee sends a representative to the North and South Coast regional committees. Some of the advisory aspects to the DFO include:

- stock assessment and monitoring
- regulations and monitoring
- policy development
- advice on enhancing the recreational fishing experience

An example of this advisory role is the development of an 18 page "A Vision for Recreational Fisheries in B.C. 2008-2012" which is in draft form and will be finished next year. It mainly recognizes the importance and the decline in sport fishing and wants to improve it.

The minutes of the October 18, 2007 meeting is 6 pages and most of it is focused on ocean fisheries. The following summary provides information that probably interests most of you.

Net Pen Pinks

A total of 8000 pinks were counted in the Nanaimo River from a 2006 release of 650,000 which is a bit over 1% return. There were only 450,000 released this spring so then the return to the river next fall will probably be smaller. The Departure Bay return could be the same because the number of fingerlings in that pen (across from the Pacific Research Centre) held 100,000 for each year. The pen placed in the harbour (at the Newcastle Ferry Dock) also kept 100,000 both years. The ferry operators did spot some



Bernie proudly displays the results of his long, arduous efforts chasing pinks at the Departure Bay Beach.

schools of pinks but they were not jumping nor finning and this resulted in no fish being reported by anglers from this area. The group was disappointed that no one was fishing for them from the fishing pier or at the Millstone Estuary. I told them that many anglers were not aware that this was even allowed let alone encouraged. Also, this area is not fishing friendly - poor beach access. Because of this, it is planned to pen more fingerlings in Departure Bay next Spring to improve the returns to that area for 2009.

The number of pinks penned at Jack Point was reduced from 450,000 in 2006 to 250,000 in 2007 which may result in less fish in the Nanaimo River next fall unless the survival rate is better. It was also decided to place this pen in an area with less current flow. The released fingerlings were smaller than from the other two pens probably due to the fish expending more energy swimming into the current. Larger fingerlings definitely have better survival rates. This year the Nanaimo River Hatchery recovered 375,000 pink eggs from the Nanaimo River but are incubating 946,000 eggs with the balance coming from the Quinsam Hatchery. This balance of 571,000 eggs were a portion of the eggs recovered as a result of IWFF volunteers who went to the Quinsam to help with their egg take.

Continued on page 8

(SFAB Report continued from page 7)

Review of the 2007 Season

The Chinook fishery was the best in many years in the Nanaimo Area. There were big fish caught from April through to September from Thrasher to north of Neck Point. There was a large run of Jacks this year which were shy of the 62 cm. limit by 1 or 2 cm. A discussion was held at the meeting recommending that this limit be reduced to 60 cm. It was felt that conservation would not be affected because the large number of released fish probably resulted in some casualties. Bill Shaw, the DFO Rep, said that the suggestion would be reviewed but he is concerned that it may have an adverse affect on the Cowichan Chinook where the escapement of them was only 600 last year. They are hurting badly and the hatchery is only allowed to harvest 30% of the brood stock.

Another discussion was held concerning retaining wild Coho when it was revealed that very few hatchery Coho are actually clipped. None of the Nanaimo Hatchery Coho are marked by clipping the adipose fin now. One of the reasons for this is due to budgetary restrictions to community hatcheries where there has not been an increase in the last 17 years. It was suggested that perhaps volunteers could be called on to do this (hint hint IWFF volunteers?). But, if it means more opportunities for us so be it. Also, the DFO is reviewing a program of DNA sampling to determine if retaining Coho is feasible and to gather other pertinent data.

Chum Fishery

Campbell River has developed a very popular chum fishery in the ocean and a discussion was held to encourage the same for Nanaimo. Large schools of chum were observed prior to their entry into the Nanaimo River in late October. Many of these are in the RCA's but there are still ample areas to fish them. They are fished similarly to sockeye with slow trolling speeds. A few of the members at the meeting were going to try it and see if showing some big chum at the Bechin Ramp would stir some interest.

Lingcod

The members at the meeting expressed their concern of the results that were being obtained by the regulation that all lingcod below 65 cm. be released. This causes continued efforts to catch a legal one and results in catching other species such as rockfish which have a low survival rate upon being released. A motion was passed that recommended the DFO either reduces the size limit to 60 cm. or to create a slot size of 60 cm. to 77 cm. The fish greater than the upper size limit are often mature females and they should be released to promote conservation. Since the imposed cap of 7000 lingcod was not met, this restriction should not be deleterious to the conservation of this species.

Rockfish

Bill Shaw, DFO, stated that he is working on reinstating the rockfish one-fish limit year 'round. This was welcome news to the salmon fishermen in the group who encounter the occasional rockfish while trolling and would prefer to keep it rather than throw it back knowing it probably will not survive.

If you want any more information discussed in this report, please email me.

Bernie Heinrichs

Membership Dues

Ron Moll will be accepting membership dues at the next meeting. \$40.00 for renewals and \$50.00 for new members nobody can recall the last time the price was increased! You will not only be getting your new card - you will be receiving the new club decal.

- New fly fishers can recoup this fee from the discounts that many of the tackle shops give.
- Remain on the email list which reminds you of the fun activities, new newsletters, meetings and other information.
- Dinners, BBQ's, Picnics and other Events.

Events and Services

Pub Lunches

Come out for the half price specials every Wednesday from 11:30 A.M. to late noon. We need to see some new faces - the old ones are starting to recycle their lies.

Club Library

The list of books has now swelled to over 65 books.

Gerry Stevens is the custodian and he will bring your requests to the next meeting if you call him at 754-4124. Check out the list of books on our website. The link is above the calendar on the newsletter page. There will be some lists available at the meetings.

Fly Fishing Web Sites

www.iwff.ca

Our club's site containing past issues of the newsletter, fly patterns by our members and library books. It also has a link to our Message Board where members post their exploits and follies.

www.bcfff.bc.ca/

This is the site of the British Columbia Federation of Fly Fishers our parent organization.

www.gofishbc.com/

The site of the Freshwater Fisheries Society of B.C. They are responsible for stocking the lakes all over B.C. Check out their stocking statistics for local lakes and many in the interior of B.C.

www.anglingbc.com

This is the most popular site in B.C. and covers fly fishing, articles, gear, fishing reports, best tackle, fishing clubs, books, forums, resorts etc. for lakes, rivers and salt water.

www.bountyfishing.com/blog/2007/08/07/27-aquatic-lifeforms-you-never-caught-while-fishing/

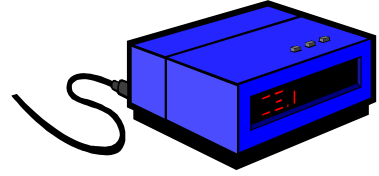
Paul Inscho found this one and it is well worth typing it into your browser

www.islandbestbuy.com is a new, local site

Please send us your favourite site.

List of DVD's

See Ed Tremblay (245-8552) at the meetings to check these out



Casting DVD's

Introduction of Spey Casting
Spey Fishing Steelhead
The Art of Spey Casting
Joan Wolf: Dynamics of Fly Casting

Fly Tying DVD's

Brent's Top 10 Lake Flies
Streamer Flies for Trophy Trout
Fishing Still Waters Shrimp and Leeches
Tying the Classic Salmon Fly
Expert Techniques Tying Fly Patterns
Fly Tying: The Anglers Art #1 and #2

Fly Fishing

The Trout Bum Diaries
Top 85 Tips on Fly Fishing for Trout
Expert Techniques for Stillwater Fly Fishing
Fly Fishing 2 and Matching the Hatch
Fly Fishing Large Western Rivers - Winter
Fly Fishing Large Western Rivers - Summer
Fresh Water Fishing Society & Trout Fishing
Successful Fly Fishing - Casting Techniques
Successful Fly Fishing - Salmon, Brook Trout
New Fly Fisher #1
Fly Fishing Salmon
Matching the Hatch
Casting Shadows #1 and #2
Magic of Fly Fishing - Cowichan River

There are also numerous DVD's produced by IWFF on Fly Tying, Fishing Techniques, Casting, etc

We still have the video tapes as listed in previous newsletters.

Island Waters Fly Fishers Society

Minutes of General Meeting

Held on Tuesday: Oct. 23/07 in the Ukrainian Church Hall, 4017 Victoria Ave., Nanaimo, B.C.

Meeting Called to order at 7 pm

Motion to approve the agenda and the minutes of the last meeting, Jack T. second Paul I. Carried.

Business meeting was adjourned to make way for the guest speakers to present their programs so they could get an early start back home. Guest Garry Bettridge spoke on the Youth Programs he was involved with in Sooke and the programs they set up to get the youths involved in fly fishing.

Frank Dalziel from the Pacific Salmon Foundation spoke on the work they were doing and how the money they raise will stay in this area.

Following these speakers a break was taken at 8.15 pm to allow for a coffee break and to sell some tickets for the fly draw.

Treasurer's Report: Harold reported a bank balance of \$3377.94 with the last fly draw bringing in \$95.00

Committee Reports:

Entertainment: Jack T. needs items for the auction and that tickets are now available

At a cost of \$20/ each.

Conservation: Millstone River by-pass is now up and running and is reported to be a

very nice stroll through the park. Keep your eye open and report any Fish in the channel.

Fishing Events: There are some Chum in the Nanaimo River and this opens Oct.

26/07.

Fly Tying: Every 1st. and 3rd. Wednesday at the Save on Foods Woodgrove Community meeting room.

Programs: The 2008 schedule is pretty well set.

Old Business: Motion By Ron M. second by Jack T. to donate \$1000.00 to the Pacific Salmon Foundation. Carried.
Short discussion on moving the 2008 AGM to April. More to follow.

Introduce Guests: Bill Pollard, Gordon Steve, Jamie Ker, John Lees, Peter Lechthaler, Ryan Jones.

New Business: Guest speaker Ron Heusen was unavailable to speak to-night, hopefully he will make it to one of the future meetings.

Keith Mc. Presented some different types of hats for club members to purchase from 5 Star. Bruce R will take orders

Motion from Tom S. second by Lloyd E. to purchase 200 decals for \$200.00 to distribute to members .

Membership: 2008 membership dues are now being accepted.

Fly Draw: Won by Bernie H. Sorry Bob.

Gilly cancelled again:

Next general meeting and AGM will take place on Nov. 27/07.

Meeting Adjourned at 9.25 pm.

