



The Green Highlander as tied by Ton Plynaar, guest at our last meeting and Christmas Dinner and, hopefully, a new member this year.



The Sillen as tied by Ton Plynaar. See page 6.

Island Waters Fly Fishers

Email us at iwff@shaw.ca Ph 390-3266

Visit at www.iwff.ca



Meetings at 7:00 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 390-3266.

CONTACTS

President:	Jack Toomer	756-0987
Vice President :	Ron Moll	754-3978
Secretary:	Frank Perilli	390-4400
Treasurer:	Harold Tinling	758-2655
Past President :	Bernie Heinrichs	390-3266
Directors:		
Youth:	Leo Snye	729-7242
Program:	Ron Busche	758-2225
Entertain:	Bob Kissinger	758-8995
Phone:	Mike Orr	754-6184
Fund Raising:	Tom Skilton	729-5685
Webmaster:	Mike Orr	754-6184
Fly Tying	Ron Busche	758-2225
Videos:	Ed Tremblay	245-8552
Library:	Larry Miller	390-4495
Gilly :	Ray Honig	758-9930
Coffee and Hall:	Ray Garton	758-9215
Newsletter:	Bernie Heinrichs	390-3266

The Island Waters Fly Fishers

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

Your Dues are Due

At the January 22nd Meeting

See page 6 for the benefits of membership

President's Message

Hello fly flingers and welcome 2008 and hoping Santa left lots of neat fishing gear under the tree. 2008 is shaping up to be another very busy year for the club. Leo Syne has put in lots of hrs. into the youth program at Dover Bay School. Starting in late February and running for 4-5 weeks this course will include fly tying, audio visual presentation and fly casting. So don't be afraid to volunteer, as lots of help is needed, contact Leo. Also we are still heavily involved with the Pacific Salmon Foundation and the by-pass channel in Bowen Park. They want to install a camera operated fish counter as well as an interpretive site at the by-pass channel, this will also involve more volunteer work on our part. There is also fly tying every 1st and 3rd Wed. of each month at Woodgove Save-On-Foods meeting room starting around 1:30 PM. and last but not least we are hosting the BCFFF — AGM on April 25/26/27 of this year and again help will be needed. Like I said a very busy year, and we still have to find time for fishing. Our general meeting on January 22 @7:00 pm. with guest speaker Frank Dalziel speaking on Cutthroat Trout, should be very informative.



Jack Toomer



BCFFF AGM April 25 to 27, 2008

Island Waters Fly Fishers has stepped up to the plate and has offered to host the B.C. Federation of Fly Fishers Annual General Meeting again. With the experience gained from hosting the 2003 AGM, we are determined to exceed the excellent results achieved then. The Friday and Saturday events are at the Grand Hotel, Rutherford Road, Nanaimo.

The plans so far (subject to changes) include:

Friday

-1900 - 2100 Meet and Greet in the upper section of the restaurant

Saturday

-0900 - 1200 AGM in the Emerald Room (2nd floor).

-0900 - 1600 Trade show, fly tying and displays in the Crystal Room (main floor)

-1500 Brian Chan: Freshwater Fisheries Society then "Chironomids".

-1800 -Cocktails and view auction items

-1900 -Dinner served

-2000 -Close silent auction

-2030 -Live auction

Sunday

All of these events are at the Nanaimo Fish and Game club house and grounds on Nanaimo Lakes Road. The \$20.00 entry fees include the speakers (Phil normally charges \$30.00 for his seminars), lunch, fly casting demos, analyser and entry into the Casting Game.

1000 -1100 Fly Rod Selection by Peter Morrison

1100 - 1200 Fly Selection by Phil Rowley

1200 - 1300 Lunch

1300 - 1500 Casting Analysis on Sage's computerized Casting Analyser

1300 - 1330 Spey Casting Demo by Courtney Oglivie

1330 - 1400 Single Handed Fly Casting Demo by Joie Coe, FFF Certified Casting Instructor

1430 Casting Game Organized by Harold Tinling
Draws and prizes for participants.

Organization

Peter Huyghebaert and Bernie Heinrichs: Co-chairs

Peter: Hotel booking, banquet, meet and greet, trade show, publicity and press

Bernie: Speakers

Harold Tinling: Finances and the Casting Game

Dave Connolly and Steve Wawrykow: Auction co-ordination letters and liaison with other clubs, and item pick-ups and auctioneer

Ray Honig: Track the auction item winning bids for payments

Jack Toomer: BBQ on Sunday

Bob Leverman and Ron Busche: Organize fly tying demonstrators

Steve Wawrykow: Welcome package and maps

Mike Orr: Web site

If you have any suggestions, please call the applicable person from the above list.

Program

January 22, 2008: Frank Dalziel's topic is "Sea-Run Cutthroat Trout".

February 26, 08: Trevor Andrews, Area Biologist with the Department of Environment, will be updating us on the trout stocking program for Vancouver Island

March 25, 08: Andy Sneddon, "Warm, Salt Water Fishing".

April 22, 08: Ian Forbes, "The Nitinat".

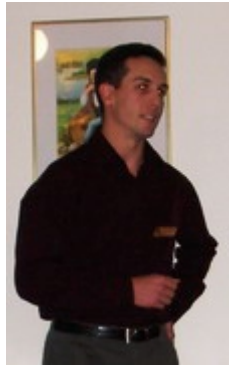
May 2-4, 08: BCFFF AGM.

May 27, 08: John Beaven, a Canadian Fly Fishing Championship Team Representative, will come up with an informative presentation.

June, 08: Larry Miller and Ron Busche, club picnic.

Guest Speaker's Presentation: Island Steelhead

Dan Lougheed, from Victoria's Haig-Brown Fly Fishers, shared his experiences chasing steelhead salmon on the Island. The fishing conditions and the steelhead's behaviour are quite different for summer runs and for winter runs.



Dan Lougheed

During the winter the rivers are much higher therefore two handed and spey rods are advantageous. They cover more water and are very suitable when there is bush behind you. Although you need to be near bottom during this time of year, you do not need to "dredge bottom". This practice dulls hooks, causes hang-ups and is just not needed.

Early summer finds the steelhead in prime condition and are at their fiercest. Single handed rods with dry lines and very often dry flies are excellent techniques. The Stamp is an ideal river during this time due to its lower water level and its clarity. The fish can be spotted then you can present it with a dry fly such as the McIntosh. Dan also stressed that you do not set the hook immediately. Allow the fish to turn away so that it can be set better in the corner of the mouth. He noticed that steelhead do not spit the hooks like trout do and he likes to use the "loop release" technique to help delay the fisherman's tendency to react immediately.

Salmon and trout are very sensitive to temperature. The following is a guide to fishing techniques (in Fahrenheit):

32-40 Sink tip for slow, sluggish fish

40-45 More active fish

45-50 Floating line

50-60 Dry flies, the prime temperature

60-65 Slower

65-70 Sink tips, sluggish fish

70+ Higher mortality rate when fish released
One study showed that 40% of released fish had died when caught at 73* F.



Ron Busche presents Dan with IWFF's Tall Tales book in appreciation of a great presentation.

IWFF Youth Program



Leo Snye updated us on the youth program that he has organized with the Dover High School. It will be a part of their outdoor extracurricular activity to be held Thursday afternoons in March for approximately 30 grade 11 students. Three stations will be established to offer fly tying, fly casting and fly fishing basics. A few more volunteers are needed to train the students along with more rods, vices etc. Leo will be at the general meeting if you can offer some time or equipment.

Winners



A familiar face in the winner's circle is Bob Kissinger, right. This time it was the Gilly Draw which was presented by Ron Moll



Tom Skilton, right, welcomes guest, Ton Plynaar who recently immigrated from the Netherlands. The Atlantic fly below and the two on the front page are his works of art. Welcome to IWFF and Nanaimo Ton



Ron Schiefke, left, started out his first day as a member of our club by winning the pheasant tail during Harold Tinling's Fly Draw. Thank you Jim MacFie for saving these feathers.



Designed by Michael Radencich, tied by Ton Plynaar.



Larry Miller couldn't contain his glee when he accepted his prize of flies from the fly draw.



John Lees, who also just joined our club, stood up at the Gilly and told us that he will be making good use of the 10% discount that the local tackle shops offer our members. He is just getting into fly fishing and will be "investing" a fair bit into equipment. Welcome to IWFF and the sport of fly fishing John.

Membership Dues are Due

Ron Moll will be accepting membership dues at the next meeting. \$40.00 for renewals and \$50.00 for new members. Nobody can recall the last time the price was increased! This year you will not only be getting your new card - you will be receiving the new club decal.

-New fly fishers can recoup this fee from the discounts that many of the tackle shops give.

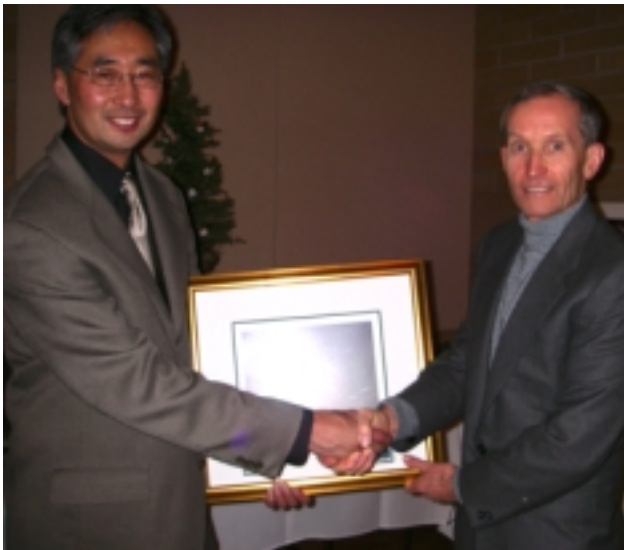
-Remain on the email list which reminds you of the fun activities, new newsletters, meetings and other information.

-Dinners, BBQ's, Picnics and other Events.

-Fishouts and learn where the fish are biting.

-And, most importantly, fellowship with kindred spirits.

Pacific Salmon Foundation Recognition



Mel Sheng, Chair of the PSF Dinner Committee, presents a painting of a Coho to Bernie Heinrichs in recognition of the donations and volunteering time put into developing a pink fishery and to build the Millstone Bypass Channel. A donation to purchase a chiller for the pink egg incubator was given last year. The members of the IWFF contributed over 400 hours of volunteer time to provide security and information to the public during the construction of the channel during the summer of 2007. This award was presented during the Pacific Salmon Foundation's Dinner and Auction in Nanaimo on November 24, 2007.

Wednesday Afternoon Fly Tying Schedule

What is coming and what you have missed.

October 3: John Snook's Basic Chironomids

October 17: Harold Tinling's Runje Turd and Halfback Nymphs

November 7: Mike Orr's Sparkle Leech

November 28: Paul Inscho's Doc Spratley (wet searching pattern)

December 5: Bernie Heinrichs' Andrew Cather's Emerger

January 2: Dave Connolly's Woolly Bugger and Leech

January 16: Jack Toomer's Cumming's Fancy

February 6: Gerry Steven's Blue Green Optic

February 20: Bob Kissinger's Pink Shrimp

March 5: Bob Levermans Dry Fly

March 19: Peter Huyghebaert's Spun Deer Hair Fly

These sessions are held every first and third Wednesday afternoons at about 1:15 PM after the Pub Lunch at the Wellington Pub. Bring your fly tying tools and tie one on or sit back and enjoy the coffee and goodies.

Evening Fly Tying and other Activities

Would you like to tie flies in an evening session? Attend casting clinics? Still working but want to have the same fun as the retired members? The Directors are concerned that some member's needs are not being met. We want to hear from you and see what can be done to make this club an even more encompassing organization. Bring your ideas to the next meeting and we will work on it.

2007 AGM



Roy Sorensen chaired the election of executive and directors. Most of the 2007 officers stayed on for another term so there were only a few changes and the process was over in about 20 minutes.



A weary Bernie hands over the gavel to our new President, and a much more alert, Jack Toomer. Congratulations Jack and we are all looking forward to a new direction under your leadership.



The Island Waters Fly Fisher's Directors are: Bernie Heinrichs (front row, left), Past President; Frank Perilli, Secretary; Jack Toomer, President; Harold Tinling, Treasurer; Ron Busche (back row, left), Director, Program; Leo Snye, Director, Youth Program; Tom Skilton, Director, Fund Raising; Ron Moll, Vice President and Promotions; Mike Orr, Director, Web Page; Bob Kissinger, Director, Entertainment. Congratulations and thanks for your offer to contribute. Our club is in good hands!

Events and Services

Pub Lunches

Come out for the half price specials every Wednesday from 11:30 A.M. to late noon. We need to see some new faces - the old ones are starting to recycle their lies.

Club Library

The list of books has now swelled to over 85 books. Larry Miller is the custodian and he will bring your requests to the next meeting if you call him at 390-4495. Check out the list of books on our website. The link is above the calendar on the newsletter page. There will be some lists available at the meetings.

Fly Fishing Web Sites

www.iwff.ca

Our club's site containing past issues of the newsletter, fly patterns by our members and library books. It also has a link to our Message Board where members post their exploits and follies.

www.bcfff.bc.ca/

This is the site of the British Columbia Federation of Fly Fishers our parent organization.

www.gofishbc.com/

The site of the Freshwater Fisheries Society of B.C. They are responsible for stocking the lakes all over B.C. Check out their stocking statistics for local lakes and many in the interior of B.C.

www.anglingbc.com

This is the most popular site in B.C. and covers fly fishing, articles, gear, fishing reports, best tackle, fishing clubs, books, forums, resorts etc. for lakes, rivers and salt water.

www.bountyfishing.com/blog/2007/08/07/27-aquatic-lifeforms-you-never-caught-while-fishing/

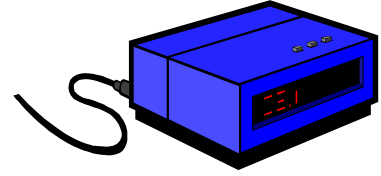
Paul Inscho found this one and it is well worth typing it into your browser

www.islandbestbuy.com is a new, local site

Please send us your favourite site.

List of DVD's

See Ed Tremblay (245-8552) at the meetings to check these out



Casting DVD's

Introduction of Spey Casting
Spey Fishing Steelhead
The Art of Spey Casting
Joan Wolf: Dynamics of Fly Casting

Fly Tying DVD's

Brent's Top 10 Lake Flies
Streamer Flies for Trophy Trout
Fishing Still Waters Shrimp and Leeches
Tying the Classic Salmon Fly
Expert Techniques Tying Fly Patterns
Fly Tying: The Anglers Art #1 and #2

Fly Fishing

The Trout Bum Diaries
Top 85 Tips on Fly Fishing for Trout
Expert Techniques for Stillwater Fly Fishing
Fly Fishing 2 and Matching the Hatch
Fly Fishing Large Western Rivers - Winter
Fly Fishing Large Western Rivers - Summer
Fresh Water Fishing Society & Trout Fishing
Successful Fly Fishing - Casting Techniques
Successful Fly Fishing - Salmon, Brook Trout
New Fly Fisher #1
Fly Fishing Salmon
Matching the Hatch
Casting Shadows #1 and #2
Magic of Fly Fishing - Cowichan River

There are also numerous DVD's produced by IWFF on Fly Tying, Fishing Techniques, Casting, etc

We still have the video tapes as listed in previous newsletters.

Christmas Dinner and Auction Awards



Jim McEwen had to hurry home from the Legion before the event got underway but paused long enough to accept his award for Photo of the Year from Bernie.



Bernie presents Harold Tinling with the Member of the Year Award. Harold has been the IWFF Treasurer for over 5 years and was the BCFFF Treasurer last year and for the upcoming year as well.



Bernie Heinrichs accepts his gift from Jack Toomer on behalf of the IWFF for his work during the past year as President.



John Ellis won the Hamper Draw.



Jack Toomer presents Roy Sorensen the Fly Rod Draw prize. Roy declared that his wife, Kathy, will be very happy to accept her prize - yeah, right!

Christmas Dinner and Auction



Dave Connolly, left, receives applause after he swears in the 2008 Directors who are from left to right: Ron Moll, Bob Kissinger, Bernie Heinrichs, Jack Toomer, Harold Tinling, Frank Perilli, Tom Skilton and Ron Moll.



Jerry Stevens, left, spotted bids for Roy Sorensen, Auctioneer while Jack Toomer held the items and spotted. The whole evening netted our club over \$2600.00. Many thanks to Tom Skilton for rounding up so many prizes, Jack for organizing them and the dinner. Thanks also for the generosity of the bidders who may have been able to purchase the items elsewhere but chose to support us. We also appreciate the many donations from members, retailers and suppliers.



**Island Waters Fly Fishers Society
Minutes of General Meeting**

Held on Tuesday: **Nov. 27/07** in the Ukrainian Church Hall, 4017 Victoria Ave., Nanaimo, B.C.

Meeting Called to order at 7 **pm**

Approval of Agenda and Minutes of last Meeting: **Moved, Gerry, Second Leo. Carried**

Business meeting was adjourned to make way for the guest speakers to present their programs so they could get an early start back home

Dan Lougheed. Island Steelhead Fishing.

Ron Heusen, Conservation Officer

Leo Snye. Youth group at Dover High re fly fishing.

Following these speakers a break was taken to allow for a coffee break and to sell some tickets for the fly draw.

Treasurer's Report: **Harold reported a bank balance of \$2055.90 with all bills paid.**

Committee Reports:

Entertainment: **Jack T. needs items for the auction .60 tickets sold so far.**

Conservation: **Millstone River by-pass is now up and running. A good turnout for the open house although the weather was not the best.**

Fly Tying: **Every 1st. and 3rd. Wednesday at the Save on Foods Woodgrove Community meeting room.**

Old Business: **BCFFF AGM plans coming together, Brian Chan and Phil Rowley lined Up as speakers.**

Pacific Salmon Foundation donation taken care of.

Introduce Guests: **Ron Schiefke, Ron Heusen, John Lees.**

New Business: **Bruce Richman taking orders for new hats, \$25.00/ea.**

Our donation to the BCFFF AGM will be another fly box as this is a good money maker for them.

Membership: **2008 membership dues are now being accepted. 34 paid up members to date.**

Fly Draw: **Won by Larry Miller.**

Gilly: **Finally got the Gilly in this meeting. Lots of stories, some true, Gilly fund was won by Bob Kissinger.**

Meeting adjourned at 9 pm.