

# ISLAND WATERS FLY FISHERS

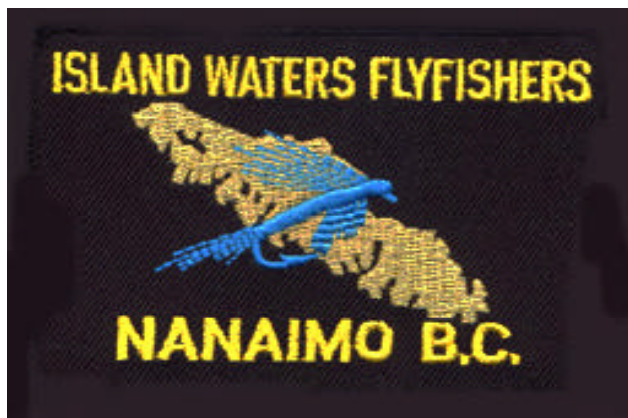


**Bill's new book "Rainbow Trout Fly Fishing" and this fly really helped him to score big at Westwood Lake and at the Tall Tales Night. See page 5 for the full story.**

## Island Waters Fly Fishers

**Email us at [iwff@shaw.ca](mailto:iwff@shaw.ca) Ph 390-3266**

**Visit at [www.iwff.ca](http://www.iwff.ca)**



Meetings at 7:00 pm. on the 4th Tuesday of the Month at the Ukrainian Hall at 4017 Victoria Ave. off Norwell Dr. Visitors and Guests welcome. Phone 390-3266.

## CONTACTS

<b>President:</b>	<b>Jack Toomer</b>	<b>756-0987</b>
<b>Vice President :</b>	<b>Ron Moll</b>	<b>754-3978</b>
<b>Secretary:</b>	<b>Frank Perilli</b>	<b>390-4400</b>
<b>Treasurer:</b>	<b>Harold Tinling</b>	<b>758-2655</b>
<b>Past President :</b>	<b>Bernie Heinrichs</b>	<b>390-3266</b>
<b>Directors:</b>		
<b>Youth:</b>	<b>Leo Snye</b>	<b>729-7242</b>
<b>Program:</b>	<b>Ron Busche</b>	<b>758-2225</b>
<b>Entertain:</b>	<b>Bob Kissinger</b>	<b>758-8995</b>
<b>Phone:</b>	<b>Mike Orr</b>	<b>754-6184</b>
<b>Fund Raising:</b>	<b>Tom Skilton</b>	<b>729-5685</b>
<b>Webmaster:</b>	<b>Mike Orr</b>	<b>754-6184</b>
<b>Fly Tying</b>	<b>Ron Busche</b>	<b>758-2225</b>
<b>Videos:</b>	<b>Ed Tremblay</b>	<b>245-8552</b>
<b>Library:</b>	<b>Larry Miller</b>	<b>390-4495</b>
<b>Gilly :</b>	<b>Ray Honig</b>	<b>758-9930</b>
<b>Coffee and Hall:</b>	<b>Ray Garton</b>	<b>758-9215</b>
<b>Newsletter:</b>	<b>Bernie Heinrichs</b>	<b>390-3266</b>

## The Island Waters Fly Fishers

The Purpose of our club is as follows:

- To practice, further and promote the art of fly fishing
- To practice and promote fish conservation and enhancement
- To encourage fellowship and sportsmanship amongst anglers



The British Columbia Federation of Fly Fishers (BCFFF) is a registered, non-profit society whose main objective is to promote the conservation of the fishing environment in British Columbia. By networking with similarly minded clubs, organizations, businesses and individuals, the BCFFF provides a voice that reflects its member's and the public's concern for the future of B.C.'s natural resources. Our organization believes that concern for the future of our province's environment is not just the exclusive domain of fly fishers or other recreation groups, but should be the concern of all citizens. Consequently, it is with this broader population in mind that we strive to protect and promote our natural resources for the benefit of present and future generations to respect and enjoy.

Visit the BCFFF on their webpage at <http://www.bcfff.bc.ca/>

### President's Message

Hello to All, A few quick reminders. Our Banquet and Auction is on Dec. 6<sup>th</sup> at Lantzville Legion so pick up your tickets from Bob Kissinger. This is our major fund-raiser of the year so come out and support your club. Secondly we need your donations for the Auction more so than ever this year with the state of the economy. So bring your donations to the next meeting or let Bob know.



**Jack Toomer**

At the next meeting, we will be holding our election of officers for the coming year, I urge everyone to think of letting their name stand for the executive, we are always in need of new blood and ideas.

I can't believe I have held the position of President for a whole year. I would like to thank all of the directors for taking their duties so seriously and for doing such a great job. A thank you also to Harold, Frank and Ron. Without a secretary, treasurer or membership where would we be? This has been a very busy year for our club. Thanks to Leo we put on a clinic at Dover Bay School over the month of February. We taught the basics of tying, casting and ethics. We also hosted the BCFFF Annual Meeting and Auction. Peter Huyghebaert put together a great team. This was a huge undertaking and, without all of you volunteering your time, we would not have made it the success it was. A big round of thanks to Mike Orr for organizing the casting clinics at Westwood Lake, Ron Busche for the burgers and hot dogs and just an excellent picnic instead of our June Meeting, and to Bob Kissinger for organizing the summer BBQ. A special thank you to Bernie. This guy is mister everything - not only has he made our newsletter one of the best, he is the guy that gets all of our information out, organizes fish outs, sits on the committee for the Millstone Fish Channel Project, goes to the sport fish advisory meetings and has been a great help to me. To all of the members who have volunteered their time to help the club whether it was casting, fly tying, out at the Hatchery, down on the Millstream or any of the club projects or functions, you are what it is all about - JUST A GREAT CLUB.

Our Gilly Master, Ray Honig, takes his job very seriously. See page 10 for how he has been applying these skills recently.



## Events and Services

### Pub Lunches

Come out to the Wellington Pub on Victoria Ave. every Wednesday from 11:30 A.M. to late noon. After the smokers were banished, we took over one of their rooms and are enjoying the new, affordable buffet meals. Guests and new members are especially welcome to join this very informal gathering.

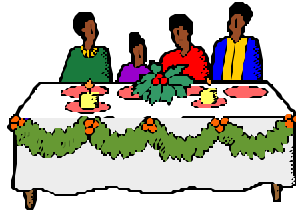
### Club Library

The list of books has now swelled to over 85 books.

Larry Miller is the custodian and he will bring your requests to the next meeting if you call him at 390-4495. Check out the list of books on our website. There will be some lists available at the meetings.

### Christmas Dinner/ Auction

Christmas is coming,  
Christmas is coming!  
Just a reminder that  
our Christmas Party is  
set for the 6th of December at the Lantzville  
Legion so start collecting your goodies or  
making your crafts for the auctions.  
Bob Kissinger will be selling the \$20.00 tickets.



## Renew Your Memberships

Renewals: \$40.00

New Members: \$50.00

Who can remember the last time the dues were increased?

Register with Ron Moll or see any director at the November 25, 2008 meeting.

## Wednesday Afternoon Fly Tying

Starting October 1, 2008 after the Pub Lunch at approximately 1:15 at the Woodgrove Save On Foods Meeting Room. These will be held on the first and third Wednesdays for five sessions into December then six more starting January 2, 2009. Most of the demonstrators are members who have not shown us any of their favourite flies. Only one Toony to cover the cost of materials.

### Wednesday Fly Tying Schedule:

- Nov. 5 - John Ellis - Dugan Lake Nymph
- Nov. 19 - Jim McCoy - Bend Back Streamer
- Dec. 3 - Ron Schiefke - Tunkwanamid
- Jan. 7 - Ted Brookman - Different Shrimp
- Jan. 21 - Wayne Legge - Carey Special
- Feb. 4 - Bill Pollard - Black Ant
- Feb. 18 - Ron Moll - Synthetic Seal Fur Leach  
and Gorilla Glue Bodies
- Mar. 4 - Doug Peterson - Deer Hair Caddis
- Mar. 18 - Leo Snye - Damsel in Distress

## Events

**November 25, 2008:** Guest Speaker, Bill Pollard, will be demonstrating some of his secrets in how to place a fly into a glass Christmas ball. AGM and Election of Officers.

**December 6, 2008:** Christmas Dinner and Auction at the Lantzville Legion.

**January 27, 2009:** Ton Plynaar has consented to show us some of the advanced techniques used to tie display salmon flies.

**February 24, 2009:** Peter Morrison - Topic to be decided.

**March 24, 2009:** Ralph Shaw - "Jack Shaw";

**April 28, 2009:** An update on the stocking program by the local Department of Environment's new Fisheries Biologist, Scott Silverstein.

## Life Saving Tips for Fly Fishers

A Presentation by Mike Bourcier to the Castaways

Mike gave an extremely useful, interesting and often humorous presentation at the Castaway's monthly meeting in Qualicum on October 21st. The following are some of the tips that he gave us.

-When you call 911 you are connected to the Camosun College in Victoria. Therefore, you need to provide a very good description of what you need - ambulance, fire truck, police or all three. If someone is trapped, you need the fire truck. Your precise location is also very important because the person answering the call does not know the area. Mike highly recommends purchasing a GPS so that you could give your coordinates. These can be bought for \$89.00 now.

-If someone is bleeding profusely and it is spurting out, an artery has been cut and needs to be stopped immediately.

-If a Diabetic becomes confused and acting peculiarly, he/she probably needs a bit of sugar and usually has some with them.

-Angina vs. Heart Attack? Angina is quite common and readily treated with nitro. If 3 spaced out shots do not attest the pain, it is very likely a heart attack and needs immediate attention.

Mark Bourcier gives a demonstration on how to use a prepared round bandage.



-A good rule of thumb is to give two minutes of compressions to a heart attack victim before taking him in for treatment.

-Severe allergic reactions may be treated by the victim using his EpiPen. Mike advised that a person must administer their own injections but could be helped. The following was taken from [www.epipen.com](http://www.epipen.com) :

**“EpiPen® is an auto-injector that administers epinephrine—and epinephrine is the definitive emergency treatment for severe allergic reactions. These reactions, called anaphylaxis, can become fatal within minutes if untreated.”**

This site also has a good video on using the EpiPen and other interesting information.



These items can be rolled up into the three orange Zap Straps. These straps are the latest and best method to splint fractures. The other “must have” items for all outdoor activities are: 2 space blankets; saline water; tensor bandages; sealed sponges; heavy duty scissors; nitro and medication if needed by the person packing the kit; Transpo, breathable tape; roller bandages and triangular bandages not shown and is optional. These items are mostly readily available in pharmacies and other suppliers.

## My Big Rainbow

By Bill McColl

Since I won this book "Rainbow Trout Fly Fishing" at the Island Waters Barbecue, I have read it from cover to cover and learned a lot. Did you know that rainbows have a very acute sense of smell and hearing? They are very sensitive to music and rhythm. I should have known this. After all can't we all remember the fisherman in the movie singing "Hi ho leetle feesh don't cry don't cry". Well that was sixty years ago. If we are going after trophy fish we should be thinking of rainbows born about thirty years ago. They will have grown to thirty inches long and are about forty-five pounds. What songs did they hear when they were adolescent rainbows? I think something like "Knock Three Times on the Ceiling if You Want Me". I have heard of people talking about singing this out on a lake to find trout rising all around them. That song is on the Hit Parade for big rainbows.

Now the next thing I learned is that big rainbows have huge appetites. You might be lucky to attract one with your usual flies. Perhaps if caught a one pound trout our trophy trout would be interested in eating the little guy. The technique would be to play the little fish in the hope of catching a big one. But if you were successful, the big trout would just break your line. So a couple of weeks ago I thought I would test my theory on Westwood Lake. They have been stocking it for many years and there should be one or two trophy fish there.

I rigged up a shark hook to look like a fly and tied it to fifty pound monofilament line and here it is. Then I trolled up and down Westwood Lake. After two hours - nothing. Then at about six o'clock something took my hook. He didn't run with it but just went to the bottom and refused to let me pull him up. I hauled and hauled for maybe an hour and got nowhere. Then I remembered that I should sing to this sucker. So I tapped the rod on the gunwale three times. Then I did it again and sang "Knock



*Bill: "I rigged up a shark hook to look like a fly and tied it to fifty pound monofilament..."*

Three Times on the Ceiling if You Want Me".

Holy Cats! That fish came straight from the bottom, about two feet in the air and right in my canoe. He was enormous! And he had about three old flies stuck around his mouth. On landing in the canoe he dislodged my hook. So he was flopping around at a furious pace. My landing net was too small and I didn't have a gaff. We just stared at each other. Then finally he jumped up and flipped right out of the canoe. So I didn't have a photo and there were no witnesses. But I'm here to tell you that big trophy rainbow is still up there in Westwood Lake waiting to be caught.



"Holy Cats! That fish came straight from the bottom, about two feet in the air."

## A Full Day of Fly Tying



The first attempt by the Island Waters Fly Fishers to hold a full day of fly tying went well. It was held November 1, 2008 at the newly opened Oliver Woods Centre. The tyers along the back of the table starting at the left are: Harry McLeod, Ron Busche, Doug Peterson, Doug Winters and Larry Miller.



Harry McLeod only had two of Doug Peterson's fly tying classes and he had already started to design his own. The big red fly in the vise was tied for the next time he would be going after chum in the river.

## Pontoon Boats for Sale



2007 Creek Company, ODC XL9, 9 ft, pontoon boat with outboard motor bracket, swivel seat, and pump. Used 4 times. Original cost about \$1,000.00. Asking \$650.00. Contact Ray at 758-9930.

*If this one was not sold last month, then you now have a choice:*

**Buck's Bag pontoon boat complete plus rod holders and double action pump. \$400.00. Contact Ron Moll at 250 754-3978**

## October Meeting



We really got our money's worth during Bill McColl's Tall Tales presentation. He gave us his rendition of "Knock Three Times on the Ceiling When You Want Me" and it was done without the accompaniment of music!

This was good enough to earn him the coveted Tall Tales Trophy.



Ron Moll got his reward for chairing a great meeting - by winning the fly draw. No, it was actually won fair and square.



Bruce Cummings, left, accepts his prize after the Gilly Draw from Ray Honig. We know that it, too, was won fair and square because one of our guests, Aaron Greenaway, drew his name.

## Nanaimo River Chumming



Bob Kissinger was anxious to get his picture taken with a big fish. So Bernie graciously gave up his rod with the buck chum still fighting.

Bill McColl had to play this one for a while on his #6 outfit.



He did catch this one with some help from Bob Leverman. This is what you get when two Bobs are bobbing in the same run.



This year the high tide came in mid afternoon so the fishout concluded in the Wheatsheaf Inn, Cedar. Gerry Stevens, left, Rich Whanhill, Bill McColl, Bob Leverman, Doug Peterson, Jamie Ker, Harry McLeod and Bob Kissinger (who had already had too much press exposure for one day). Leo Snye and Dennis Mullins just could not drag themselves out of the water - too many fish and not enough time.



## Dugan Lake Nymph

By John Ellis



- Hook:** #8 - 12 Nymph
- Thread:** #06 Black
- Tail:** 5 - 7 Barbules from a Black Hackle
- Body:** Black Chenile or Medium Black Wool
- Hackle:** Black
- Wing Case:** Black Bear or Black Pheasant Tail
- Thorax:** Peacock Herl
- Legs:** Black Hackle

Tie in the same order as above.

The hackle is tied in by the tip and palmered up the chenile.

The wing case is tied before the herl but is pulled over the herl and tied off next to the eye.

## Bend Back Streamer

by Jim McCoy



- Hook:** #4 - 6 2XL Streamer
- Thread:** #06 Black
- Body:** Medium Tinsel and White Fur
- Upper Wing:** Peacock Green Deer Hair
- Over Wing:** Black Deer Hair with 6 Strands of Micro Flash
- Head:** Thread
- Eyes:** 2.0 mm Yellow Eyes covered with Nail Polish

Tie in the order given above. Deer hair can be substituted by any suitable fur or hair.

## Salmon in the City



*Damon Johnston, City of Nanaimo Recreation Co-ordinator, outlines the Salmon in the City program to the grade three students and their teachers.*

Nine members of the Island Waters Fly Fishers were responsible for the third station of the program offered to three grade three classes from local schools. The responsibility of this station was to help every student tie an egg pattern fly. After a brief introduction to salmon eggs, fish feeding and a display of materials available, each student was guided by a fly tyer to tie a fly of their choice and to keep it. Some of the members also brought display items related to fly fishing. Every child went home with a fly, a prize from a "fish pond" and a greatly increased understanding of a salmon's life cycle and awareness of fly fishing. The IWFF members were very pleased with the response of the kids, and the great feed back from the teachers.

Wayne Pealo, an IWFF member, teaches an Adventure Tourism class at the Vancouver Island University. This class organized the event which is part of their curriculum at VIU. They directed the students through the other two stations. One was a guided tour of the side channel (IWFF was involved in its construction in 2007) and the other involved planting shrubs in areas beside the channel.

After the huge success of this event, we can count on getting more calls from Damon Johnston to help out with similar projects.

**More Salmon in the City**



Jim McCoy, above, and Bob Kissinger, right, help the students with tying egg patterns. The plastic around the picnic shelter and the energy generated by the young people were enough to keep the demonstrators warm enough to carry on.



Dennis Mullins, he's the young one on the right, was also demonstrating.



Rick Wanhill gives this future fly fisher a few pointers in the operation of a pontoon boat.

From page 2.  
Ray Honig, back row third from the right, ensures that this operation is conducted according to the complex rules and regulations as stipulated by the organizers. Anyway, that was his explanation!

